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The Diaspora Times



Feb 18, 2024 Issue 223

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RAILA'S DECISION TO ABANDON ACTIVE POLITICS FOR AU CHAIRMAN HAVE DISAPPOINTED MANY.

Raila's Move to AU will Leave Us Fatherless- Kibra Residents says.



Opposition leader Raila Odinga's decision to declare interest for the African Union Commission (AU) chairmanship has dissapointed many of his fans especially Kibera.

"Those who spoke to Ghetto Radio on Friday allege that the move by Odinga to vie for the position will divert his attention away from addressing local issues leaving them politically orphaned"



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Two juveniles have been detained in connection with Wednesday's shooting following the Kansas City Chiefs' Super Bowl celebration rally,

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OPINION

Charles Kabiriri

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HEE! HA! HA! HO! HA! HA! HEE! HA! HA!

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At Moi's behest, Matiba was held without trial at the Kamiti Maximum Security Prison in 1990 with Charles Rubia, a member of the Kenyan Cabinet

"If liberty means anything at all, it means the right to tell people what they do not want to hear." — George Orwell

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**“Three things cannot be long hidden: the sun, the moon, and the truth.”
– Buddha–**

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“We are absolutely devastated at the loss of such an amazing person who gave so much to KKFI and the KC community,” station spokesperson Kelly Dougherty said in an email to CNN.

Kansas City shooting may have stemmed from personal dispute, police say; 2 juveniles detained

Two juveniles have been detained in connection with Wednesday’s shooting following the Kansas City Chiefs’ Super Bowl celebration rally, which left one dead and more than 20 wounded, police said.

At least 23 victims have been identified, including a 43-year-old woman who died, police chief Stacey Graves said at a news conference Thursday. The other 22 victims range in age from 8 to 47, Graves said, adding that half are younger than 16.

The shooting appears to have been a “dispute between several people that ended in gunfire,” Graves said, noting there

One of those officials said the people in custody are believed to have been involved in the dispute and that, initially, 10 people were questioned. The status of the other seven who were questioned is unclear.

Police have yet to file any charges, Graves said at Thursday’s news conference, telling reporters the investigation was ongoing and her department was working closely with the office of Jackson County Prosecutor Jean Peters Baker.

is no indication of a “nexus to terrorism or homegrown violent extremism.”

On Wednesday, Graves said three people had been detained and an unspecified number of guns recovered by police. On Thursday, a Kansas City police spokesperson told CNN one person who was in custody was “determined to not be involved.” Two juvenile teens remained in custody for further investigation, police said.

Several law enforcement officials similarly told CNN the shooting was believed to have been the result of a personal dispute in the area, and not an attack on the celebration itself.

One of those officials said the people in custody are believed to have been involved in the

dispute and that, initially, 10 people were questioned. The status of the other seven who were questioned is unclear.

Police have yet to file any charges, Graves said at Thursday’s news conference, telling reporters the investigation was ongoing and her department was working closely with the office of Jackson County Prosecutor Jean Peters Baker.

Baker vowed to “get answers” in a post on X Thursday morning, writing in part, “I will use every tool at my disposal under Missouri law that allows me to address this tragedy.”

This story appeared at CNN

Trump permits Jan. 6-related lawsuits against him to advance.

The lawsuits — brought by members of Congress and police officers scarred by the attack — have been pending since 2021 but delayed amid Trump’s bid for the courts to declare him immune from lawsuits related to his actions as president.

Tump elected not to ask the justices to reverse a federal appeals court ruling issued in December rejecting his claim that presidents have absolute immunity from being sued for actions taken while they are in office. That means at least three lawsuits brought against him in the aftermath of the Jan. 6 attack on the Capitol can advance to the next phase — a period of limited evidence-gathering related to Trump’s activities on Jan. 6, 2021 and whether they were official or political in nature. The lawsuits — brought by members of Congress and police officers scarred by the attack — have been pending since 2021 but delayed amid Trump’s bid for the courts to declare him immune from lawsuits related to his ac-



tions as president.

For now, that means a Washington, D.C., appeals court ruling that found Trump could be sued for his role in stoking the violence on Jan. 6 will stand. The unanimous ruling of the three-judge panel, which included a Trump-nominated judge, concluded that Trump’s

remarks to supporters on Jan. 6 appeared to be delivered in his capacity as a candidate for reelection — not in his official capacity as president. But the decision from the D.C. Circuit Court of Appeals did not totally slam the door on Trump attempting to prove that the event was official.

Under an agreement with the plaintiffs in those cases, Trump had a Thursday deadline to halt the effect of the appeals court decision by filing an appeal with the Supreme Court. None was filed as of Thursday evening, and his aides indicated none was expected.

But Trump’s allies say he is leaving the door open to reviving a challenge to the ruling later in the process. He could try another appeal after the next round of fact-finding is complete, and the trial judge issues another ruling on whether the cases can proceed.

Shared story from Politico

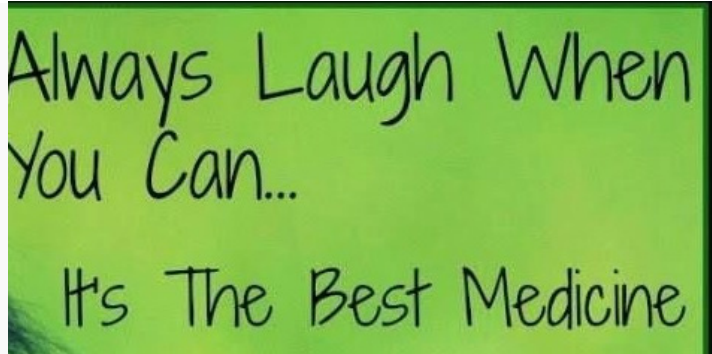
laughtner is the best medicine



Donald Trump was walking through Manhattan and saw a long queue. Wondering what is was for, he joined it. People would look over their shoulder, see that is was Donald Trump behind them, and leave the queue, so he would proceed closer and closer to the front.

As he was getting closer to the head of the queue, he asked one guy, who also looked and was about to walk away, "Wait a second, what is this queue for and why are you now leaving it?" The man said "This is the queue for Canadian Immigration Visas, but if you are getting one, I don't need one now."

400 passengers but only 200 meals were loaded onto a flight from Delhi to New York City. It was only dis-



covered after take off, when the flight attendants started going through their preparations for the meals. So, the airline had bungled, and the crew was in a fix.

However, one smart flight attendant had an idea. A couple of hours into the flight she nervously announced, "Ladies and gentleman; we don't know how this happened, but we have over 400 people on board, but only 200 dinners. Anyone who is kind enough to give up their meal to someone else, will receive unlimited free liquor for the duration of the flight!"

Her next announcement came six hours later: "Ladies and gentlemen, if anyone wants to change their mind, we still have 180 dinners available."

A Husband and Wife at Custody court. The judge looks sternly at the ex wife.

Judge: "Why do you think you deserve custody of the child?"

Ex wife: "I brought him into this world so I should have custody of him."

Judge: "That is a simple yet good reason."

Then the judge looks towards

the Ex husband.

Judge: "Why do you think you deserve custody of the child, sir?"

The ex husband thought long and hard about his response, after a brief moment of silence, he replies, "If I put money into a Pepsi machine and a Pepsi comes out. Is it mine or the machines?"

Two crows were in a field when they noticed a figure that looked like a man in the distance.

"See that over there? What is that?", says the first crow.

The second crows takes a long look, "That's a scarecrow. Looks authentic, doesn't it."

"How can you tell it's a scarecrow and not a person?", replies the first crow.

"Look at it's hand. No cellphone", says the second crow.



I'm hynie the laughing hyena I'm laughing all day long (huhuhuhu) because when I kick all my troubles they wiggle awaaaay where theey belong (other voices) He's happy no matter what happens when singing his happy song so when you get up every mooooorning don't ever be whiny but make life sun shiny like hynie the laughing hyena I laugh and I laugh and I laugh some more we laugh and we laugh and we laugh ha ha ha ha ha ha ha ha ha ha ha ha ha ha ha ha



All born in the 70 know this one

JOKES: Make it a habit to spend time with funny friends



"GREAT JOB ON THAT LOGO! YOUR USE OF NEGATIVE SPACE WAS OUTSTANDING. YOU'VE FINALLY USED NEGATIVITY TO YOUR ADVANTAGE."

A climber fell off a cliff, and, as he tumbled down, he caught hold of a small branch. "Help! Is there anybody up there?" he shouted.

A majestic voice boomed through the gorge: "I will help you, my son, but first you must have faith in me."

"Yes, yes, I trust you!", cried the man. "Let go of the branch", boomed the voice. There was a long pause, and the man shouted up again,

"Is there anybody else up there?"

A redneck's father passed away in his sleep. So in the morning, he calls 911 to come pick up the body. The 911 operator told him that she would send someone out right away.

"Where do you live?" asked the operator.

He replied, "At the end of Eucalyptus Drive."

The operator asked, "Can you spell that for me?"

There was a long pause and finally he said, "How 'bout if I drag him over to Oak Street

and you pick him up there?"

A boy read a restaurant sign that advertised fat-free French fries.

"Sounds great," said the health-conscious boy. He ordered some. He watched as the cook pulled a basket of fries from the fryer. The potatoes were dripping with oil when the cook put them into the container.

"Wait a minute," the boy said. "Those don't look fat-free."

"Sure they are," the cook said. "We charge only for the potatoes."

Harsh

Article By Abigirl Phiri- Zimbabwe



STREET LIFE

Talk of the right to education which these children will be missing out immensely. Interestingly, education infuses character in a person to choose wisely even if you end up at the wrong side of life.

The rise of street kids in the roads shows how much things are in shambles as a country. These homeless kids lie in the cold pavements covered in mealie meal sacks but is that enough to brave the cold weather. It's a sorry site to see given you will find all kind of ages on the streets. Undoubtedly, the streets are not safe for any child.



Street performer in Harare Zimbabwe

Many if asked the story is the same they come from a broken home. Thus, these woes at home coupled with unalloyed poverty sends them in the unwelcoming hands of the street. Such a life is hard to think of where each day is filled with uncertainty and is devoid of love. As a result, they scavenge for food in the bins as if wild animals. The sys-

Yet these same street kids are the ones who help out when there is the Harare congestion by directing traffic. Indeed, they might not be educated to do that police work but the fact they take it upon themselves to help out proves they should be given a chance to start afresh their lives.

tem definitely has failed them because the growth in their numbers is doing so in leap and bounds.

Yet children living on the streets should be helped to get safe homes were they can live out their childhood like any other kids. Idyllic childhood will drive these kids to become upstanding citizens in the future unlike when they are exposed to God knows what in the streets. This will lead them to adopt unscrupulous behaviors because they will be divorced from society's role models.

Drugs become the order of the day. As they grow up they will graduate to pick pocketing whilst the girls will fall prey in the arms of prostitution. The end result is a depressed generation consumed with hate and greed to do all kinds of evils to survive. You then wonder where the well-wishers in this kind of scenario are.

Youth can be redirected to a good path if they fall in steady hands that can guide them accordingly. Its human nature to want to

be loved and when you are shunned from the brightness of affection you turn into a rotten soul. Recently in Zimbabwe a street kid killed a young woman so that he could take her mobile phone. The ruthlessness of the act shows that these street kids have turned into something else. If such things are not prevented then we are all doomed. Now walking in the streets or taking a stroll in the park isn't safe anymore since these are places that they lurk in awaiting unsuspecting victims.

As a parent you wouldn't rest easy knowing your child is out there suffering to put food in their mouth. Common sense dictates once you become a parent your responsibilities shift in protecting and shielding your offspring.

Do not bring life on this face of earth if you have no intention of taking care of your responsibilities. Never condemn your own flesh and blood to this kind of harsh living where anything can happen to them and no one will care.

In fact, these street kids are also being targeted by ritualists for black magic. This is as a result that they know no one will look or miss them as compared to well taken care of children who would be reported as missing.

A soft heart would dictate that you feel sorry for any one going through unfortunate circumstances. Eating out from a bin is not a choice but out of sheer necessity to live. The way society looks down at the street kids show that they won't even get the chance to be taken in the societal center fold ever again.

They are looked as if they have the plague and the street kids make it worse by talking vulgar. All this just solidifies the societal notion that they are uncouth and can never be changed for the better regardless of the biblical message that we should not judge. In addition, we must give others a second chance in life.



By Abigirl Phiri-Zimbabwe

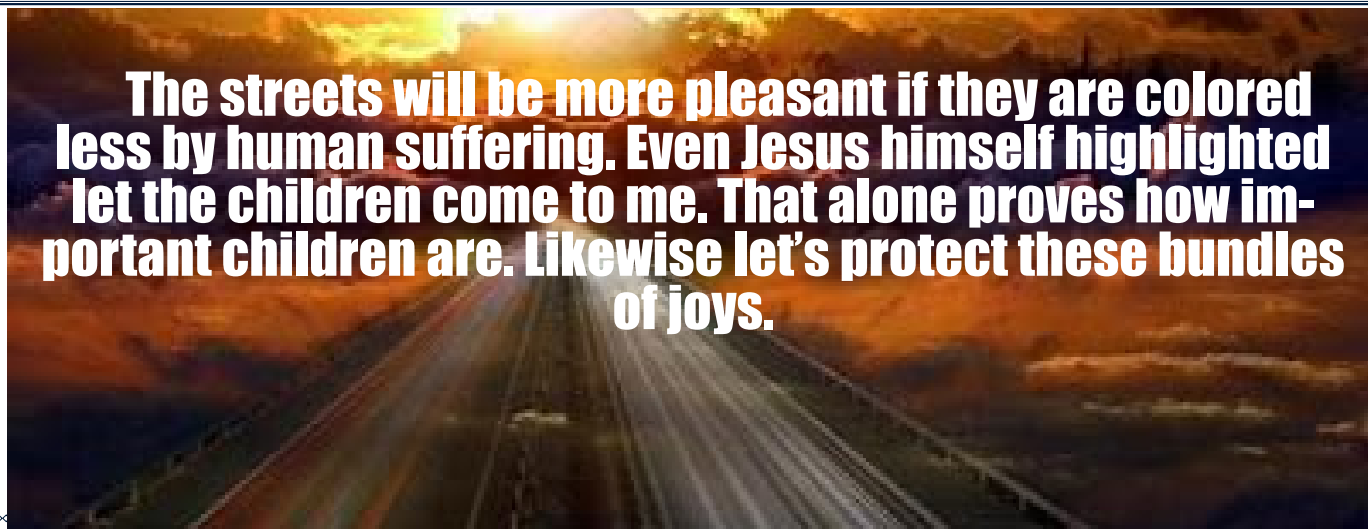
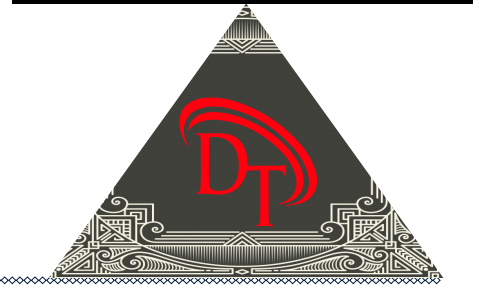
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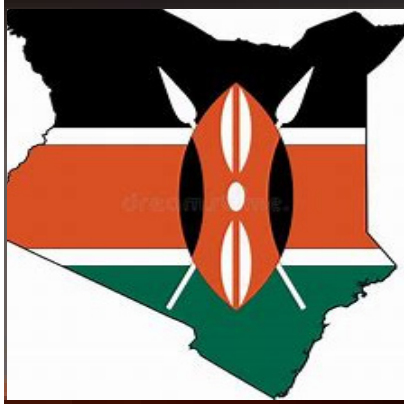


Poem Title: The streets
 By: Abigirl Phiri
 It ain't safe
 Fear looms large
 Larger than life
 As wordless they fall prey
 To calamities and uncertainties of all sorts
 I wish
 Is a wish
 That doesn't work
 That means totally nothing
 As the day ends
 The meal that awaits is abuzz with flies
 Fear of cholera
 Is a big joke
 For it exists not in this solemn world
 Where you are thankful for any decaying morsel you swallow
 Shame is a sorry word
 To the pathetic lovers
 Who sweated for naught
 Only to get rid of their blood
 Unthinking and inhumane beings
 that hide under fake normalcy
 pretense



POEM





Kenneth Matiba

FALLEN HERO

Kenneth Matiba

Kenya FALLEN HERO



Rest In Peace

KENNETH MATIBA

Matiba later left his civil-service career for one in the hospitality industry, establishing the Alliance Group of Hostels based on the South Coast.

Kenneth Stanley Njindo Matiba (1 June 1932 – 15 April 2018) was a Kenyan politician and an activist for democracy. He came in at second place in the 1992 presidential election. In November 2007, he announced that he would stand as a presidential candidate in the December 2007 election. Matiba placed seventh, with 8,046 votes.

Early career

Matiba became a senior civil servant at age 31. Before Kenya attained its independence in December 1963, he became the first indigenous African Permanent Secretary for Education (in May of that year).

Matiba was mentored by Carey Francis, headmaster of Alliance High School, who lobbied for his promotion to permanent secretary. In 1964, Matiba was appointed Permanent Secretary for Commerce under Minister Mwai Kibaki. Matiba continued to succeed during the post-colonial period, helped by his connection to the Kiambu

At Moi's behest, Matiba was held without trial at the Kamiti Maximum Security Prison in 1990 with Charles Rubia, a member of the Kenyan Cabinet who also called for multiparty democracy.



Kenneth Stanley Njindo Matiba sunrise 1932 Sunset 2018

family of Musa Gitau, one of the first Africans to become a minister in the Kenyan Presbyterian Church (Matiba is Gitau's son-in-law). Gitau also influenced Jomo Kenyatta, having taught him at the PCEA Center, Thogoto, Kikuyu. In the patron-client reward system established by Kenyatta after independence, such connections were important to success in the public and private sectors.

Matiba later left his civil-service career for one in the hospitality industry, establishing the Alliance Group of Hostels based on the South Coast. He also invested in exclusive private schools, including Hillcrest Preparatory (founded by Frank Thompson) and Hillcrest Secondary School.

Matiba was chairman of the Kenya Football Federation from 1974 to 1978, and was elected to the Kenyan Parliament in the 1983 general elections from the Mbiri Constituency (later renamed Kiharu) in the Muranga District. He served as Minister of Trans-

port and Communications under the KANU administration led by President Daniel arap Moi, resigning in December 1988.

Political activism

At Moi's behest, Matiba was held without trial at the Kamiti Maximum Security Prison in 1990 with Charles Rubia, a member of the Kenyan Cabinet who also called for multiparty democracy.

While in prison Matiba was refused medication and suffered a stroke, which affected half his body and incapacitated him for some time. Later, a multiparty system was instituted and Matiba was released.

He was part of the opposition alliance forming the Forum for the Restoration of Democracy (FORD). During the December 1992 election, Matiba was the candidate representing FORD-Asili, a party he helped found in splintering from the original FORD. President Moi won the election on the KANU ticket; Matiba placed second,

winning the Kiharu Constituency parliamentary seat in the concurrent parliamentary elections. He boycotted the December 1997 election (citing a lack of democracy), burning his voter's card. Matiba has a long-standing rivalry with Kenyan President Mwai Kibaki. Before the December 2002 election Matiba was leader of the minor Saba Saba Asili party, which declined to join the NARC coalition; however, he did not run for the presidency or a parliamentary seat.

As of 2008, Matiba remained chairman of Saba Saba Asili and re-registered as a voter.

In 2000 Matiba released his autobiography, Aiming High. [1] As of 2010 he lived in Riara Ridge, Rironi (near Limuru), with his wife, Edith. [1] Their son, Raymond, is a former chairman of the Kenya Tourist Board. Matiba died on 15 April 2018 at the Karen Hospital after a long illness.

By Dr. Jean Kamau
Excerpts from Sms Diary
jean@gmail.com

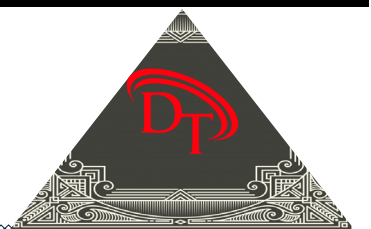
summary



R.I.P.

In his later years, Matiba was dogged by ill-health stemming from his 1990 imprisonment. His business holdings also suffered, with his hotel chain being briefly taken into administration (although he regained control) and Hillcrest School sold by administrators (a case he legally contested). Matiba regained control of the school, which he later sold to a consortium led by Fanisi. He founded The People newspaper. It began as a weekly in 1992, becoming a daily in 1998; however, it was a drain on Matiba's finances.

Kenneth Matiba





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"Do not go where the path may lead, go instead where there is no path and leave a trail." -Ralph Waldo Emerson

07

Many of life's failures are people who did not realize how close they were to success when they gave up. -Thomas A. Edison

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THE WIND OF CHANGE IS BLOWING IN KENYA LIKE NEVER BEFORE

Article by Charles Kabiriri-political activist

The Kenya Kwanza government is composed of individuals with high self interest characteristics

There is a wide range of desperation with Kenyans and slowly it is becoming resounding-ly clear that the Ruto regime that ascended to power by way of campaigning on a deceit platform, its very unfortunate that even with a hundred years at disposal, the regime will never be able to deliver.

The Kenya Kwanza government is composed of individuals with high self interest characteristics. Also in line with the above-mentioned statement, assurance has also been offered by a State House insider who chose to remain anonymous echoes the that the president is one person who believes it's either his way or the highway which delimit any chances of the regime's successes



It's also emerging that the President has been tormented by fear of losing an election and he has now started to focus for a second term by looking the way of Supreme Court incase the election draws in a need to have a redress through an application of a petition, the judgement be read in his favour.

From this school of thought, the President's choice for Chebukati to take over the reigns of leadership from Lady Justice Martha Koome, who is now 65 years old. According to the law, its mandatory for a Judge to resign at 70 however there is a stipulation that allows a Supreme Court Judge to resign from 65 years if one so wishes to leave before the mandatory age of seventy. The Chebukati factor is in the pipeline to exchange hands with Koome at the fullness of time.

But this being a transitional moment for the country, Kenyans will not allow Ruto to have another term as this will interfere with the transitional objectives that can not afford to be delayed any further. As Ruto works on corrupting the Judiciary top brass, the IEBC will have to be the character that Kenyans will have to emphasis on its sa-

nity in such a manner that will see all avenues that could be fodder for corrupt deals, sealed off once and for all. This will mean that the outcome of the election will defeat any perception of ever getting to the Supreme Court of Kenya. That is the kind of win that Kenyans will need to have a preparation for in the event of the Ruto administration getting to 2027 general elections. There is a perception that in the manner of lawlessness the regime is allegedly being associated with, it may have its first term shortened by unforeseen developments that may come to pass.

This measure in preparation, however, is essential in setting up the stage that is necessary and also favourable in the transition of the country to NewKenya

It's therefore important to acknowledge the benefit of running a movement in the country that stigmatise the awareness of CHANGE in the country's clamour for TRANSITIONAL MOMENT.

By Charles Kabiriri
New Kenya Movement
will keep the fire of CHANGE
in the country glowing.

Nothing in politics happens by mere coincidence. Everything is well planned and is executed accordingly.

The truth about statements and memorandums that may be part of political agreements do not always live to see the day because of changes that may emerge and sweep to the floor, such preplanned agreements. The Ruto regime has emerged

as one that is so ruthless, a fact that was never envisioned of a person whose presidential debut involved the church. It's from this backdrop that every moment of Kenyans' lives revolved around Hon Raila Odinga, who has come to be the people's defender against the ruthlessness of the regime.

However, Hon Raila Odinga may not be able to back Kalonzo Musyoka as a presidential candidate to the word and spirit of their memorandum, because Kenyans have come to view Raila as their most preferred candidate from the influence deserved in facing President Ruto in the ballot .

The dynamics of time have proved that Hon Stephen Kalonzo Musyoka can not meet the preference of the majority of the people and therefore before insisting on the memorandum between him and Raila, he should be able to read the mood of the nation.

Hon Raila Amollo Odinga is the choice of the majority of the citizens capable of being candid enough to tone down Ruto to a one term president. However if Raila succeeds in getting the African Union Chairmanship as hinted, the political equation will change but whoever he supports will give President Ruto a real rough time.

By Charles Kabiriri
New Kenya Movement For
Change

Kenyans will have to emphasis on its sanity in such a manner that will see all avenues that could be fodder for corrupt deals, sealed off once and for all. This will mean that the outcome of the election will defeat any perception of ever getting to the Supreme Court of Kenya.

KTN News anchor Ken Mijungu has offered to buy Busia Senator Okiya Omtatah a new car.



Omtatah vehicle that was involved in an accident in Kisumu

This is after Omtatah was involved in an accident in Kisumu on his way to Busia but escaped unharmed.

He disclosed that the accident happened after a trailer lost control after the brakes failed and hit his Nissan Advan vehicle which was badly damaged

As a result, Mijungu offered to change the lifestyle of Omtatah, saying he will not allow him to drive a Nissan Advan car anymore.

In a statement via X, Mijungu said the activist has worked hard for Kenyans, and with his status in society, he does not deserve to drive a Nissan Advan.

The news anchor noted that he is ready to contribute for Omtatah to buy a Mercedes Benz S-Class. Mijungu disclosed that he has spoken to his friends in the car dealership business to get the Busia Senator a new

car.

"Pole sana my friend senator Okiya Omtatah. You cannot however drive a Nissan Advan.

"You are prohibited by your status. "With the work you have done for Kenyans hata kama tutakuchangia tununue S-Class we have to," Mijungu stated.

Omtatah chooses to live a modest life despite all the money he earns as the Senator for Busia and the status that comes with it.

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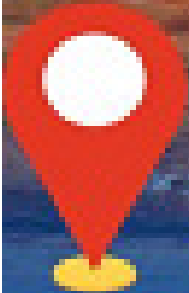
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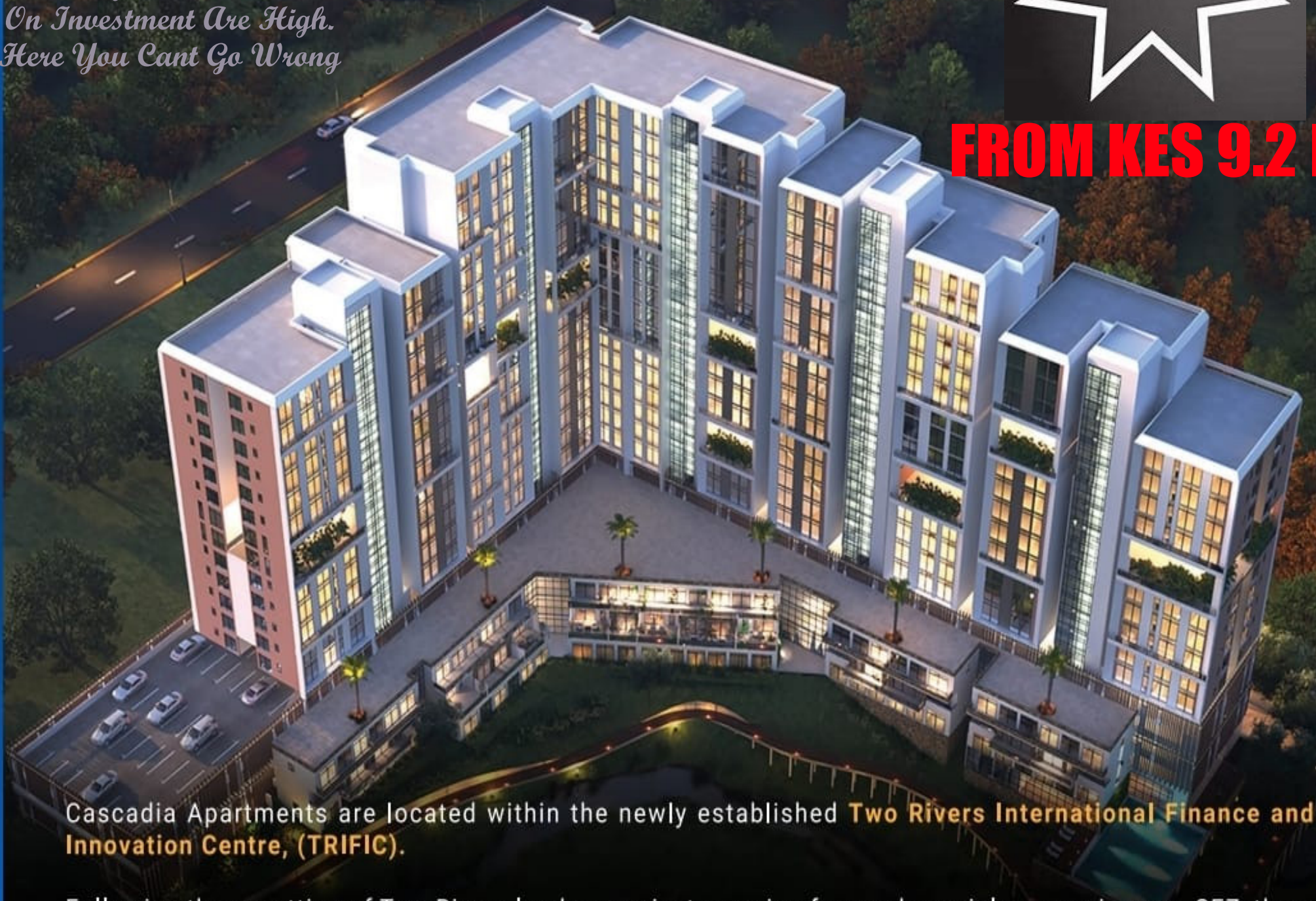
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*Its always good to know the
ones who have left us.*

This page is for death notices.



Death and funeral Announcements



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NEWS Briefs



HIGHLIGHTS

BIDEN HIGHLIGHTS



President Joe Biden said Donald Trump is the 'clear front runner' for the Republican nomination with his win in the Iowa caucus, arguing the 2024 contest will be 'me vs. MAGA Republicans.'

'Looks like Donald Trump just won Iowa. He's the clear front runner on the other side at this point. But here's the thing: this election was always going to be you and me vs. extreme MAGA Republicans. It was true yesterday and it'll be true tomorrow,' Biden noted on his social media accounts.

He ended his observation with a plea for donations to his re-election bid. Trump, meanwhile, used his victory on Monday night to call on the Republican Party to unite behind him so he can 'take the country' back from Biden.

Kidnapped New Zealand pilot looks gaunt in proof-of-life video released by Papua captors.

Philip Mehrtens, was abducted in February 2023 after landing his plane in the remote region of Nduga

ANew Zealand pilot taken hostage in West Papua appeared gaunt and dishevelled as he sent a message to his family a year after his kidnapping.



Philip Mehrtens, who was abducted in February 2023 after landing his plane in the remote region of Nduga, told his wife and son he loved them and that he was "trying to stay positive".

He is being held by the West Papua Liberation Army, a rebel group who have repeatedly threatened to execute him unless the province is granted independence from Indonesia.

In a video recorded on

Dec 22 but released on Tuesday, the 38-year-old claimed he was being treated well, in spite of his thin features, long hair and unkempt beard.

Mr Mehrtens laughed slightly as he introduced himself, explaining the footage is being shot by "the Commandant" – thought to be Egianus Kogoya, a commander in the rebel army who torched the pilot's plane and kidnapped him last year.

He said: "I'm OK. They're treating me well. I'm trying to stay positive. I hope that you and Jacob are healthy and doing OK and getting support.

"Later when we meet again the Commandant says we can try to make a phone call over the

WiFi if you're available." He added, haltingly: "I love you both lots, miss you both lots, and hope to be able to talk with you soon."

West Papua was a Dutch colony from the late 19th century until 1961, but was incorporated into Indonesia after a controversial referendum in 1969. Just 1,000 Papuans are thought to have taken part in the vote.

An independence movement has been brewing for decades, but separatist fighters have launched deadlier and more frequent attacks over the past six years.

Images previously released by the group have shown Mr Mehrtens, his face smeared with paint, surrounded by captors

brandishing automatic weapons.

In a video uploaded to social media last week, the 38-year-old pleaded with the New Zealand government to send over "one or two" inhalers in case he gets an asthma attack.

"And if possible, can I please get an e-book reader like a Kindle with as many English books as possible," he continued. "That would be very much appreciated."

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The Indonesian military swept the mountainous Nduga region for Mr Mehrtens after his single-engine plane was stormed by armed rebels. He had landed at Paro airport to evacuate health workers who were being threatened by the group.



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Arch Dr. I KINUNGI Behind the vision

THE FUTURE * TODAY *

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-Sylvester Stallone



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Tourism with
Memory Phiri
Zimbabwe.

September is the month of love and the tourism industry cannot just stand aside and watch this holiday pass without doing something about it. When one door closes another one opens. The festive season is over but we are already delving into another lucrative holiday on our calendar.

Valentine's Day is when tour operators go all out to show that entertaining guests is the language that we understand at every establishment. That special time of the year when there is need to spoil our customers rotten.

All hoteliers are painting the town red at this moment in time so we expect our visitors to make a beeline for the front office. Red roses will go with the decor and our guests will enjoy a table for

Valentine allows everyone to go over and beyond because the day will forever be engrained in our minds.

Start booking now and make reservations for the 14th. This time around you will testify that the package by the Holiday Inn is one of a kind for they are ready for action.



two.

Notably, these are the perks of tourism and it's dedication towards Valentine's Day. Let's visit our local hotels, restaurants, lodges and motels to show our loved ones affection or that we care. Giving each other presents is a tradition on Valentine's Day but we want the sweethearts to have to dine out thereby trying out something different that is far from the usual.

Lest we forget about the menu and the alone time. Come out of your shell and spend a night in those ensuites so as to enjoy the many comforts of the hospitality world. Wallflowers should not be found wanting.

Valentine allows everyone to go over and beyond because the day will forever be engrained in our minds. Start booking now and make reservations for the 14th. This time around you will testify that the package by the Holiday Inn is one of a kind for they are ready for action. Holiday Inn Mutare in particular is offering a Valentine Dinner which goes by the theme, 'Love at first sight'.

The dress code is screaming retro so guests should dress to the nines because prizes will be won by the best dressed couple. Additionally, the package includes the 360 photo booth and the live band for entertainment. At \$70 a couple will have a complimentary welcome drink as well and double the prize or \$140 is for those who want to spend the night.

When it comes to the capital Harare, lovers have to brace themselves for the Ezulwini Boutique Hotel in Greendale which has a lot to offer in the form of a Valentine Lover's Masquerade Ball. Indeed, the time is very accommodating for the working class because its going down in the after hours at six o'clock sharp.

Priced for \$65 per person lets tag along and do the needful. Everyone should own up to this masquerade because a Waltz Dance is on the cards. Thus, travel and tourism will do anything for love.

Be rest assured that this lovebird package can turn into

a chocolate tasting adventure courtesy of a chocolate lava cake which has a molten center. Romantic gifts should be exchanged willy nilly and couples will get a chance to enjoy their breakfast in bed. Love is in the air.

Valentine's Day is when tour operators go all out to show that entertaining guests is the language that we understand at every establishment. That special time of the year when there is need to spoil our customers rotten.

All hoteliers are painting the town red at this moment in time so we expect our visitors to make a beeline for the front office.

Diaspora Sunday

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."
- Jeremiah 29:11:

PRAYERS

Dear God, I praise You and give You countless blessings for teaching me Your word. With inspiring excellence and Your business dealings, please bring me success in all aspects of my life. Remove clouded thoughts and fill my spirit with faith, grace, and wisdom. Fill the world with peace and glory to bless us all. Please help me find prosperity so I may share it freely, pass successful testing, and have a job that brings fulfillment and joy! Lead me on the path of understanding towards Your kingdom full of hope for my future, my family's success, skills to prosper my desires, honor from others, and lead a life filled with endless laughter. Amen!

Lord, I come to you praising and thanking you for the opportunities in my work. Please guide me to use my gifts and talents wisely and give me favor in all that I do. May I have the courage not to be afraid of new challenges, peace to overcome any disappointment, success through understanding your Word, and glory through every task. Bless me with good health and a prosperous future.
Amen!

The disciples then conveyed the prepared corpse to a man-made cave hewn from rock in a garden nearby.

Joseph Of Arimathea

Joseph of Arimathea (Ancient Greek: Ἰωσήφ ὁ ἀπὸ Ἀριμαθαίας) was, according to all four canonical gospels, a Pharisee who assumed responsibility for the burial of Jesus after his crucifixion.

The historical location of Arimathea is uncertain, although it has been identified with several towns. A number of stories that developed during the Middle Ages connect him with Glastonbury, England, and also with the Holy Grail legend.

Gospel narratives

Matthew 27 describes him simply as a rich man and disciple of Jesus, but according to Mark 15, Joseph of Arimathea was "a respected member of the council, who was also himself looking for the kingdom of God". Luke 23 adds that he "had not consented to their decision and action".

According to John 19, upon hearing of Jesus' death, this secret disciple of Jesus "asked Pilate that he might take away the body of Jesus, and Pilate gave him permission." Joseph immediately purchased a linen shroud and proceeded to Golgotha to take the body of Jesus down from the cross. There, according to John 19:39-40, Joseph and Nicodemus took the body and bound it in linen cloths with the spices (myrrh and aloes) that Nicodemus had brought. Luke



Joseph of Arimathea

23:55-56 states that the women "who had come with him from Galilee" prepared the spices and ointments.

The disciples then conveyed the prepared corpse to a man-made cave hewn from rock in a garden nearby. The Gospel of Matthew alone suggests that this was Joseph's own tomb.

The burial was undertaken speedily, "for the Sabbath was drawing on".

Veneration
Joseph of Arimathea by Pietro Perugino, a detail from his Lamentation over the Dead Christ.

Joseph of Arimathea is venerated as a saint by the Catholic and Eastern Orthodox Churches, and in some Protestant traditions.

The traditional Roman calendar marked his feast day on 17 March, but he is now listed, along with Saint Nicodemus, on 31 August in the Martyrologium Romanum. Eastern Orthodox churches commemorate him on the Third Sunday of Pascha (i.e., the second Sunday after Easter) and on 31 July, a date shared by Lutheran churches. He is included in the Myrrhbearers.

Although a series of legends developed during the Middle Ages (perhaps elaborations of early New Testament apocrypha) tied this Joseph to Britain as well as the Holy Grail, he is not currently on the abbreviated liturgical calendar of the Church of England, although he is on the calendars of some churches

of the Anglican Communion, such as the Episcopal Church, which commemorates him on 1 August.

Old Testament prophecy
Tomb of Jesus in the Church of the Holy Sepulchre.

Many Christian interpret Joseph's role as fulfilling Isaiah's prediction that the grave of the "Suffering Servant" would be with a rich man (Isaiah 53:9), assuming that Isaiah was referring to the Messiah.



The world and its desires pass away, but whoever does the will of God lives FOREVER

1 John 2:17



Pastor Mukuria

Morning Affirmation

Apart from God we are nothing

Galatians 6:3



Brother Kigume

By being grateful and appreciating all that we have instead of focusing on what is lacking, we allow more of the same to flow towards us. A person's greatest emotional need is to feel appreciated.

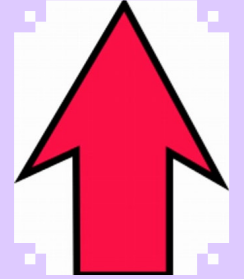


You may say I'm a dreamer, but I'm not the only one. I hope someday you'll join us. And the world will live as one. -John Lennon

If you set your goals ridiculously high and it's a failure, you will fail above everyone else's success. -James Cameron

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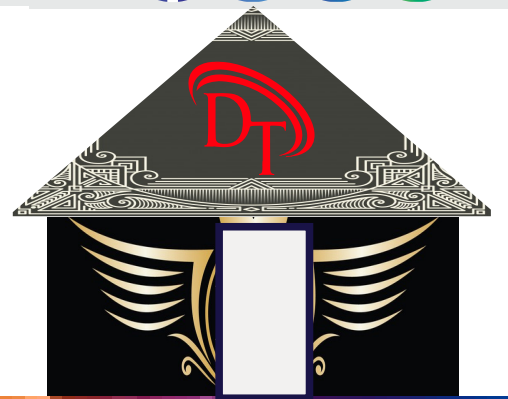
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Health Tit Bits



MYASTHENIA GRAVIS

The thymus gland is large in babies and small in healthy adults. In some adults with myasthenia gravis, however, the thymus gland is larger than usual. Some people with myasthenia gravis also have tumors of the thymus gland, called thymomas. Usually, thymomas aren't cancerous, also known as malignant.

By Maggie Gonna
mngona@gmail.com
Internet MC sources Share only



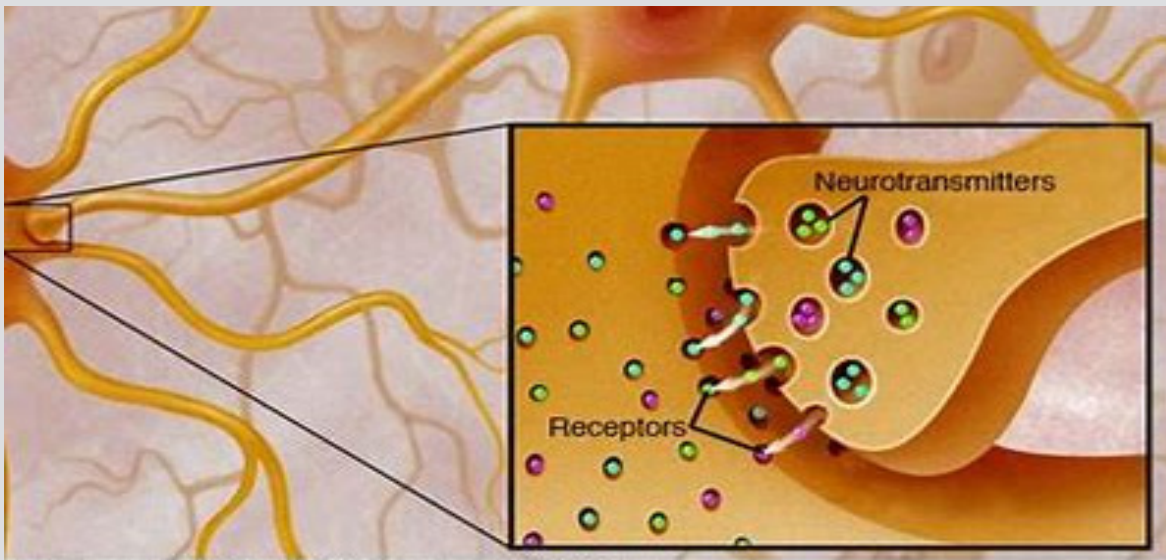
summary



Myasthenia gravis (my-us-THEE-nee-uh GRAY-vis) causes muscles under your voluntary control to feel weak and get tired quickly. This happens when the communication between nerves and muscles breaks down.

There's no cure for myasthenia gravis. Treatment can help with symptoms. These symptoms can include weakness of arm or leg muscles, double vision, drooping eyelids, and problems with speaking, chewing, swallowing and breathing.

This disease can affect people of any age, but it's more common in women younger than 40 and in men older than 60. Muscle weakness caused by myasthenia gravis gets worse when the affected muscle is used. Because symptoms usually get better with rest, muscle weakness



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can come and go. However, the symptoms tend to progress over time. They usually reach their worst within a few years after the disease begins.

Myasthenia gravis may affect any of the muscles that you can control. Certain muscle groups are more commonly affected than others.

In more than half the people who develop myasthenia gravis, their first symptoms affect the eyes. Symptoms include:

Drooping of one or both eyelids, called ptosis. Double vision, called diplopia, which may be horizontal or vertical, and improves or resolves when one eye is closed.

In about 15% of people with myasthenia gravis, the first symptoms involve face

and throat muscles. These symptoms can:

Make speaking difficult. Your speech might sound soft or nasal, depending on which muscles are affected. Cause problems with swallowing. You might choke easily, making it difficult to eat, drink or take pills. Sometimes, liquids you're trying to swallow come out your nose.

Affect chewing. The muscles used for chewing might tire halfway through a meal. This is especially true if you've been eating something hard to chew, such as steak.

Change facial expressions. For example, your smile might look like a snarl.

Myasthenia gravis also can cause weakness in the neck, arms and legs. Weakness in the legs can affect how you

walk. Weak neck muscles make it hard to hold up the head.

Antibodies also can block a protein called muscle-specific receptor tyrosine kinase (TIE-roh-seen KIE-nays), sometimes referred to as MuSK. This protein helps form the nerve-muscle junction. Antibodies against this protein can lead to myasthenia gravis.

Antibodies against another protein, called lipoprotein-related protein 4 (LRP4), can play a part in this condition. Research studies have found other antibodies and the number of antibodies involved will likely grow over time.

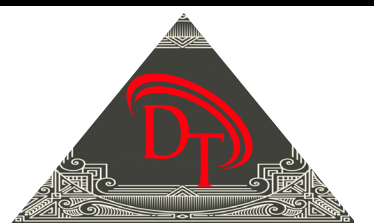


Some people have myasthenia gravis that isn't caused by antibodies blocking acetylcholine, MuSK or LRP4. This type of myasthenia gravis is called seronegative myasthenia gravis, also known as antibody-negative myasthenia gravis.

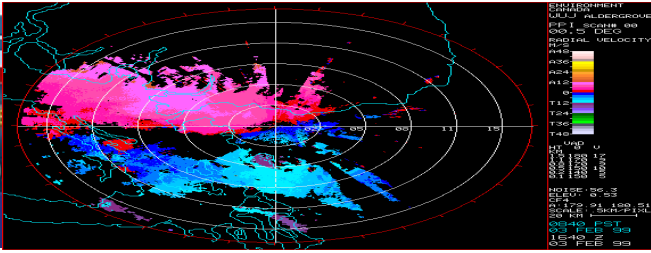
In general, researchers believe that this type of myasthenia gravis still comes from a problem with autoimmunity, but the antibodies involved just can't be found yet.

The thymus gland is a part of your immune system. This gland is located in the upper chest beneath the breastbone. Researchers believe that the thymus gland makes or helps produce the antibodies that block acetylcholine.

Mayasthenia gravis



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THE WEATHER IN USA

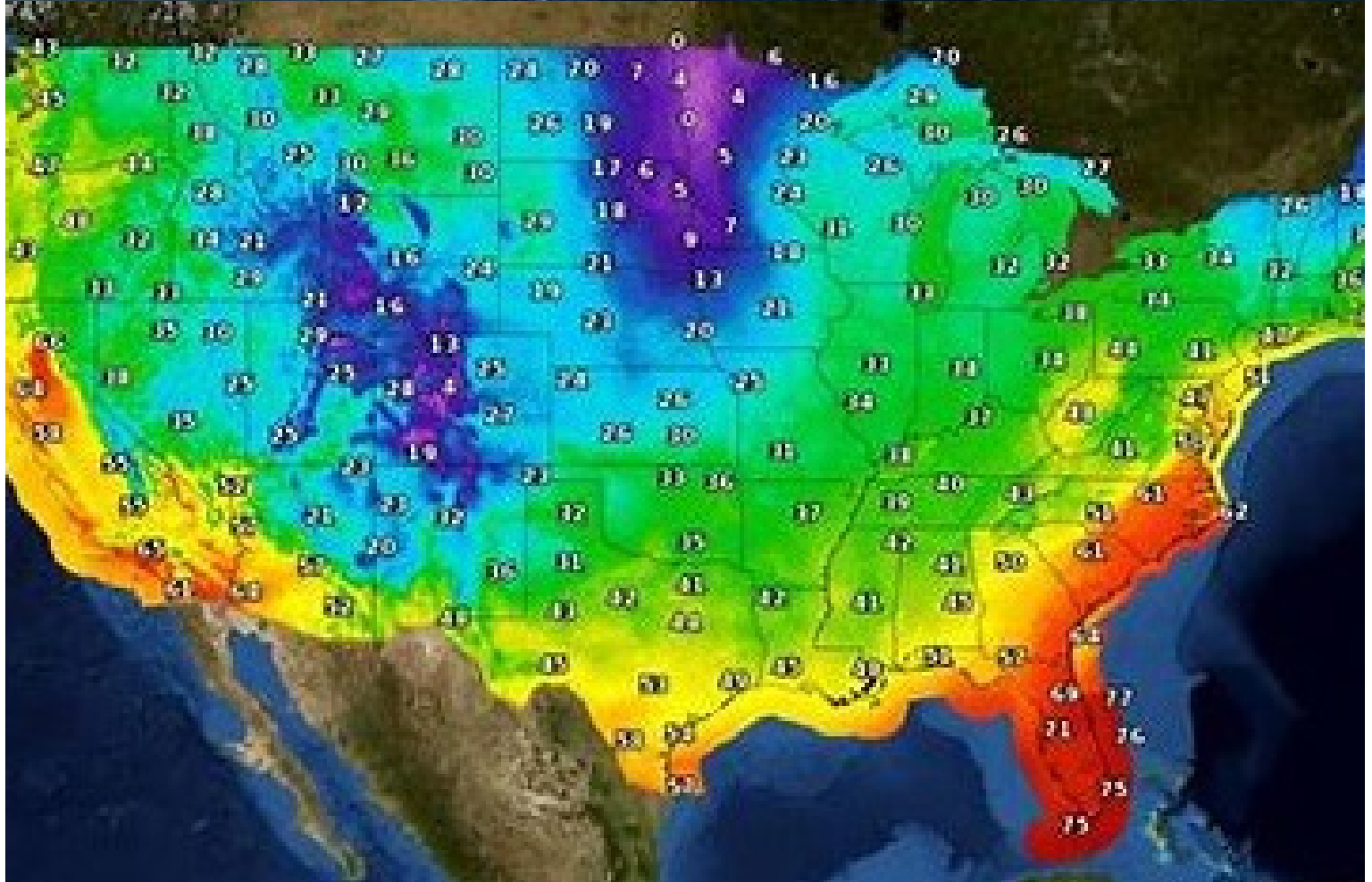
summary

Temperature, rain, snow, fog and wind are all part of weather. Severe weather events such as tornadoes, tropical storms, hurricanes, cyclones, floods, lightning strikes and extreme weather affect us all. In addition to weather forecasts are ozone levels, changing climate conditions and solar winds. Weather warnings are important forecasts because they are used to protect life and property. People use weather forecasts to determine what to wear on a given day or to plan travel or events. Since outdoor activities are severely curtailed by heavy rain, snow and the wind chill, forecasts can be used to plan activities around these events, and to plan ahead and survive them.

Weather Conditions Looks Favorable In Most Southern States

May 22
2 AM
23°C
Thunder

WED	THU	FRI	SAT
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32°/28°	34°/29°	25°/19°	35°/29°



WEATHER



"Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that." -Martin Luther King Jr.

"Spread love everywhere you go. Let no one ever come to you without leaving happier." -Mother Teresa



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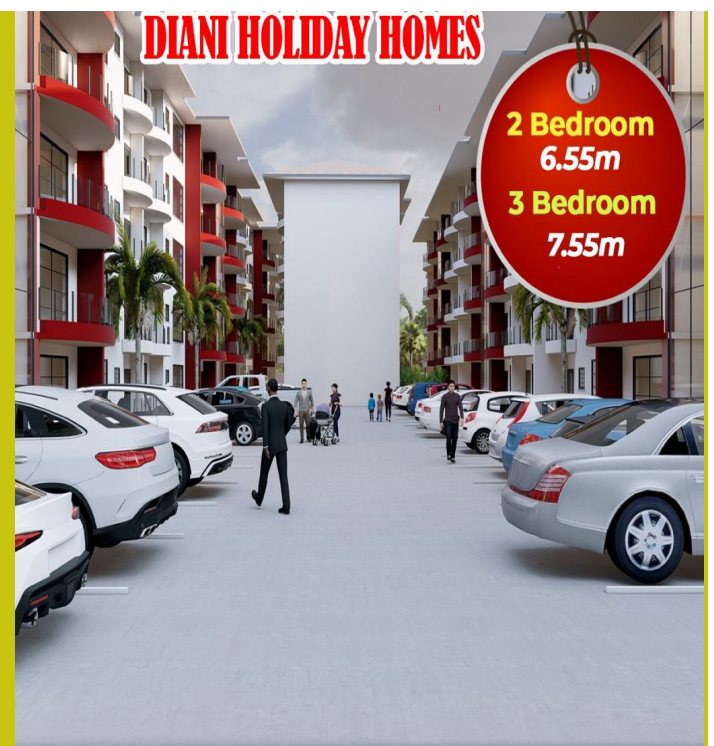
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BACKPAGE

WORLD OF SPORTS

Colts' Pending Free-Agent RB Zack Moss Open To Return.



Shared by:
By Tafara
Makusha

Through the first month of the season, the Indianapolis Colts relied on running back Zack Moss to fill the shoes of a superstar, and now he's set to hit the free-agent market during the 2024 offseason.

As the early-season drama surrounding Jonathan Taylor and the Colts front office raged on, Moss stepped up in a big way for the first five weeks as the starting running back.

Even following Taylor's return to his normal role as the starter during the second half of the season, Moss is open to a return to the Colts. "If I do come back here," Moss said via Nate Atkins of The Indianapolis Star. "It would be great."

Entering Week 6 of the regular season, Moss' 466 rushing yards trailed only Christian McCaffrey (553) for the league lead. In fact, Moss ranked second in the NFL in rushing yards (615) through the first nine weeks of the season, which was done despite Taylor having returned in Week 5. Shared from USA today.



SPORTS WORLD

