



**VILLAGE TOURISM**

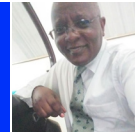
Page 15



**GENDERED DISINFORMATION**

By Abigirl Phiri

Page 5



**KENYA CREDIBILITY**

By Charles Kabiriri

Page 03

*Diaspora Source Of Anything... Everything you are looking for.*

# The Diaspora Times



March 16th 2024 Issue 227

*Stick to your goals and run your own race ★★★★★ We fail because we do not try*

## NATIONWIDE DOCTORS STRIKE IN KENYA WILL PARALYZE HEALTH SERVICES IN PUBLIC HOSPITALS

**Doctors at Kenya's public hospitals began a nationwide strike Thursday, accusing the government of failing to implement a raft of promises from a collective bargaining agreement signed in 2017**



The Kenya Medical Practitioners Pharmacists and Dentists Union said they went on strike to demand comprehensive medical cover for the doctors and because the government has yet to post 1,200 medical interns. In 2017, doctors at Kenya's public hospitals held a 100-day strike — the longest ever held in the country — to demand better wages and for the government to restore the country's dilapidated public-health facilities. They also demanded continuous training of and hiring of doctors to address a severe shortage of health professionals.



TEL+4049668550 follow us on twitter

**OCEAN VIEW RIDGE VIPINGO**

PROMISED VALUE ADDITIONS

- Water on every plot
- Beautiful entry gate
- Stone perimeter wall
- Solar street lighting
- Electricity
- Cairo roads
- CCTV
- Professional security

0723 400 500 | 0790 300 300  
www.optiven.co.ke | info@optiven.co.ke

**DIANI BEACH PLOTS PHASE 8**

800M from the Beach  
Cash Price: Ksh.2M  
Installments: 2.5M, Deposit 750K, Bal in 8Months

0711 128 128 / +254 720 460 413  
www.certifiedhomes.co.ke | info@certifiedhomes.co.ke

**SPACE UP for GRABS**

Page 03

Kenya has come out as a global peacemaker after many occasions where its forces have been deployed towards peacekeeping missions within the conti-

Page 03 Charles Kabiriri

**OPINION**

NEW KENYA MOVEMENT

Page 04

HEE! HA! HA! HO! HA! HA!

Page 06

Godfrey Gitahi Kariuki, more popularly known as G.G, was a close associate of President Daniel arap Moi. Following his election as the

*"Looking at the whole world as a whole, the drift for many decades has been not towards anarchy but towards the reimposition of slavery." George Orwell*

**Whats Inside**

- Laughter P. 04
- Centum [click here](#) P. 10
- Wellness P. 18
- Sports P. 19
- Weather P. 20
- Africa Resouces P. 21
- Abigirl Phiri Corner P. 05

**CENTUM REAL ESTATE**

TEL +254-703262626

**DIASPORA INSURANCE**

Peace of mind, Guaranteed!

diasporainsurance.com  
TEL+447703838304

**HIGHLIGHTS** . LAUGHTER P. 4 . THOSE WHO LEFT US P. 6 . WORLD NEWS P.3 . WELLNESS P.18



# COMING SOON-DIASPORA TIMES SHOW

## This page intentionally left blank

### FRIDAY NEWS



**“No one saves us but ourselves.  
No one can and no one may.  
We ourselves must walk the path.”  
Buddah.**

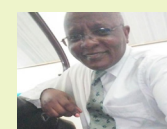






The shape and magnitude of our political integration in the country are on test,

# KENYA'S CREDIBILITY GETTING ERODED DAY BY DAY.



Charles Kabiriri  
Political Activist  
New Kenya Movement  
For Change

Kenya has come out as a global peace-maker after many occasions where its forces have been deployed towards peacekeeping missions within the continent and in the West earning the country its share of respect globally.

A case to remember was Namibia, where the host nation was insisting on the staying of the Kenya peacekeeping forces in the country, unwilling to let go of the forces back home upon accomplishment of their engagement citing amid cries that the Kenya peacekeeping mission was a friend hard to let go and prayed that they remain in Namibia for eternity!

All together, Kenya under William Ruto has continued to play diplomatic gamble, a matter that is extremely dangerous, viewed especially from an economic perspective! We have had diplomatic tussle developing with almost all regional countries within the East African Community.

There has been a notably high appetite for money with President Ruto's administration putting Kenya into loggerheads with other nations, ren-

Kenya under William Ruto has continued to play diplomatic gamble, a matter that is extremely dangerous, viewed especially from an economic perspective!

We have had diplomatic tussle developing with almost all regional countries within the East African Community.



A demonstrator cornered in the streets of Nairobi by policemen who obey orders blindly and have no value for human life or dignity

dering the regime's unpopularity both at home and within the regional block of Eastern Africa.

The Government-2-Government deal for example alleged to have been entered between Kenya and Saudi government was hailed as the best move the country had been able to indulge with, the bone of contention being that the Arabs would have Kenya shillings for their oil purchase as an answer to the dollar scarcity that had put the country in an awkward situation noting that the Ruto regime had exempted subsidies in place over oil products!

The Uganda cabinet had to have a sitting pass a resolution to ditch Kenya for Tanzania which was not geographically convenient but had to, following the irregularities that melted down with the G2G deal with middle men scheming for more funds out of the nation's oil purchases through the Kenya market. It later emerged that G2G arrangement was a scam! This deal infiltrated into our mutual relationship with Uganda, forcing bad blood to flow between the two nations.

The same occurred with our sister country Tanzania, where ties between the two nations recently deteriorated to an extent that the country halt Kenya Airways from landing in the country.

The same happened when the Sudan conflict took the intervention of Inter Governmental Authority on Development (IGAD) to foster a peace process between the two fighting factions following the successful and bloodless overthrow of President Omar Al Bashir.

President Ruto, commissioned by IGAD, to mediate the peace process became an exercise in futility after Sudan Armed Forces (SAF) leader Abdel Burhan faction criticised President Ruto who he claimed had been in a gold smuggling scheme with the Rapid Response Forces (RRS) leader Hemeti and therefore his mediation in the conflict was going to take sides! Bad blood resorted between the two countries with SAF scheming on hacking of digital systems in the country on several occasions, mainly hitting at government platforms.

The Democratic Republic of Congo did recall its Ambassador from Nairobi after the government allowed a clandestine movement from Congo fighting the government of President Tshisekedi to launch their movement operations from a Nairobi hotel on the count down to the country's general elections. This caused a diplomatic hitch between the two countries as in response, Ruto's administration maintained the supremacy of democracy in the country.

The same goes for our brothers and neighbours, the Somali land, Rwanda. There has been a thing or another at some point in time which have drawn the country closer to diplomatic disagreement with the two nations.

If this is packaged well together with the recently planned unconstitutional deployment of Kenya's police force to Haiti, the undue ignorance of law and court orders in the country, the growing helplessness in the nation where targeted community is being evicted from their ancestral land while

holding Title Deeds and Court Orders, the cost of living that has never been revised downwards, the punitive tax regime embedded in the Finance Act 2023, unemployment levels well on the rise, government openly stealing through mega scandals and debt spree with nothing to show of it, while austerity measures vowed to be taken by the government to save funds have remained to be part of the government's lip service, the Kenya Kwanza regime is only famous for rhetorical Tumetenga, Tutafanya,,,, This administration is a political swindle and better still if done away from our mindset within the soonest possible time!

The Ruto regime is not one envisaged by the drafters of our progressive constitution that was ratified and promulgated through a referendum on August 2010, and the earlier this is realized and the regime ditched, the safer for the country's future posterity.

By Charles Kabiriri  
Political activist  
New Kenya Movement  
for Change

The Democratic Republic of Congo did recall its Ambassador from Nairobi after the government allowed a clandestine movement from Congo fighting the government of President Tshisekedi to launch their movement operations from a Nairobi hotel on the count down to the country's general elections.

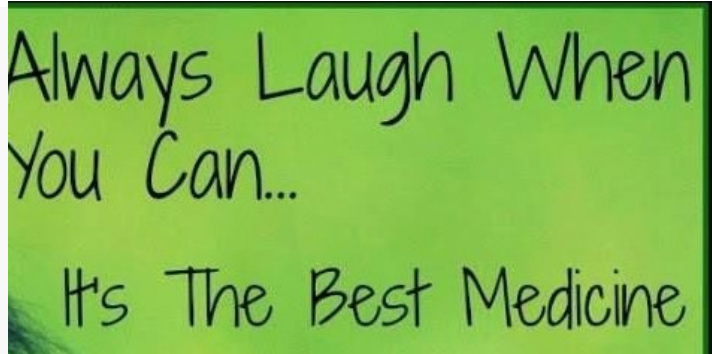


# laughtner is the best medicine



A business man went into the office and found an inexperienced handyman painting the walls. The handyman was wearing two heavy parkas on a hot summer day. Thinking this was a little strange, the businessman asked the handyman why he was wearing the parkas on such a hot day. The handyman showed him the instructions on the can of paint. They read: "For best results, put on two coats."

There is a skeleton in our neighborhood who always knows that something bad might happen way before it actually happens. He has actually become quite famous and when a TV crew interviewed about the reason behind this ability, the skeleton finally disclosed his secret: he could feel the bad vibes in his



bones. My brother came back from school all motivated because he said he would be following a new diet from that day. We didn't really give it much thought until my brother really started eating his homework for dinner. When we stopped him and asked why he was doing that, he replied, "I was just trying to see how it tasted because my teacher said that the homework would be a piece of cake for me."

Once, a mosquito walked

into a clinic. The doctor saw him and asked him what the matter was. The mosquito said that he had a lot of problems. He was not happy with his life, he was not happy with the job he was doing. He was sad and had no motivation. The doctor listened to his problems and told him that he should really visit a therapist instead of a doctor. The mosquito replied, "Yeah, I know. I just came in because of the blood."

The historians had gath-

ered for a party in Cairo after they had discovered a new mummy. The discovered mummy, on display at the party hall, suddenly woke up. Seeing the historians alarmed, the mummy said that he just wanted to listen to some music. The mummy said, "Please don't play jazz because my trom-bones are in a very bad shape. Could someone please put on some wrap music?"

Once during an adventure, a farmer named Bryan Clay stumbled into a cave and found a magic lamp. Upon rubbing the lamp, a Genie appeared and asked him what his wish was. The farmer told him that he wished he were very rich. The Genie said okay and asked him, "Alright



*I'm hynie the laughing hyena  
I'm laughing all day long  
(huhuhuhu)  
because when I kick all my troubles they wiggle awaaway where theeey belong  
(other voices) He's happy no matter what happens when singing his happy song  
so when you get up every moooooorning don't ever be whiny but make life sun shiny like hynie the laughing hyena  
I laugh and I laugh and I laugh some more we laugh and we laugh ha ha ha ha ha ha ha ha ha ha ha ha ha ha ha ha*



All born in the 70 know this one

## JOKES: Make it a habit to spend time with funny friends



I went to this haunted house for exploration. It was near the forest so the local guide warned me that I might find some animals there. Sure enough, there was a panda. When I offered it some food, I was taken aback because it suddenly started talking. Turned out that it was a ghost panda and it only ate bam-booooo!

The historians had gathered for a party in Cairo after they had discovered a new mummy. The discovered mummy, on display at the

party hall, suddenly woke up. Seeing the historians alarmed, the mummy said that he just wanted to listen to some music. The mummy said, "Please don't play jazz because my trom-bones are in a very bad shape. Could someone please put on some wrap music?"

A food critic visits a local restaurant to review its food for the town magazine. The owner welcomes him and shows him to the table. The food is presented to him and after a while, the critic calls the owner to say that there is something missing in his bowl of soup. The owner

asks whether it is too spicy or sweet or salty. When the food critic says no, the owner decides to taste the soup himself but he can't find the spoon. "Yeah," says the critic, "that's what is missing."

I was once passing through a town in England when this lady stopped me because she needed help fixing her car that had broken down. As I was fixing the car, the lady would cross the road and shout "Hello" at me. This happened a few times as the lady found it really amusing. I would have thought that it was very weird had I not realized that it was the singer

Adele. A man stands in line at an ATM in Moscow. After an hour he loses his patience and yells, "Putin is to blame for this I'm going to the Kremlin and I will get rid of him!"

30 minutes later he's back in line at the ATM. "Why are you here again?", asks another waiter. "The line in front of the Kremlin is twice as long as this one..."

So, the wife and I were in town shopping... And as we came out of a store, three girls aged between 18 and 20 walked by, wearing tiny cropped tops and short short skirts. One of them, a tall blonde, had really fantastic, long, toned and tanned legs. I gently nudged my wife and said, "I bet you wish you still had legs like that!". She got really upset with me... In fact I could still hear her sobbing as I wheeled her up the ramp into the next store.

*Harsh*



Article By Abigirl Phiri- Zimbabwe



# Gendered Disinformation

Let's do right by others and support everyone in their individual endeavours.

**M**any women are facing gendered disinformation especially influential ones. With the advent of technology this has exponentially exacerbated its spiteful effect on the life of the victim. Now some of these women their dirty linen is hung in the public eyes just to shame them. All this is in order for them to bury their heads in the sand like an ostrich. The pressure will be too hard to handle.



you have lost face in the public eye. It becomes a tussle to win back people's respect or trust after your name and reputation has been dragged in the muck. In other cases their sex tapes are somehow shared on the social platforms in a way to shame them for eternity to come. This is because the internet never forgets. In fact, the history will always be there for all and sundry to see.

become a pale shadow of their former selves afraid of the unknown. Worse for women in politics they are taken through hell for exercising their rights.

As a matter of fact, this is leading to some taking their lives unable to cope up with the pressure. Unfortunately, some women also participate in this heinous crime on downgrading their other fellow ladies. Instead of looking down upon such behaviors it's celebrated. But the big question is to what expense?

When you find pleasure in tormenting other people then something definitely is not right in your head. This is the making of sadists. A true human being should be led by compassion for the next person since most of us are Christians or Muslims who are governed their lives by ecclesiastic doctrines to feel for the next person. You do not gain anything in participating in shaming somebody. The fun won't last because in this fast paced world before

you know it the world's attention will be caught up on something else.

Let's do right by others and support everyone in their individual endeavours. Needless to mention we are great as one than acting as islands. Thus no man is an island. Collectively we need to teach each other good doctrines of living in harmony. Peace is all what we seek for especially in the month of March that celebrates women and looks down upon misogynistic doctrines that are vile in nature. Women can do so much if supported and celebrated especially by their male counterparts because like two halves these sexes complement each other. It is how it was meant to be as God created Adam and Eve.

Article by Abigirl Phiri, Zimbabwe



By Abigirl Phiri-Zimbabwe

## summary



By Abigirl Phiri

Poem Title: Thrown to the wolves

At first  
It started as a joke  
Laughing our lungs out loud  
Tom and Jerry doing their shenanigans

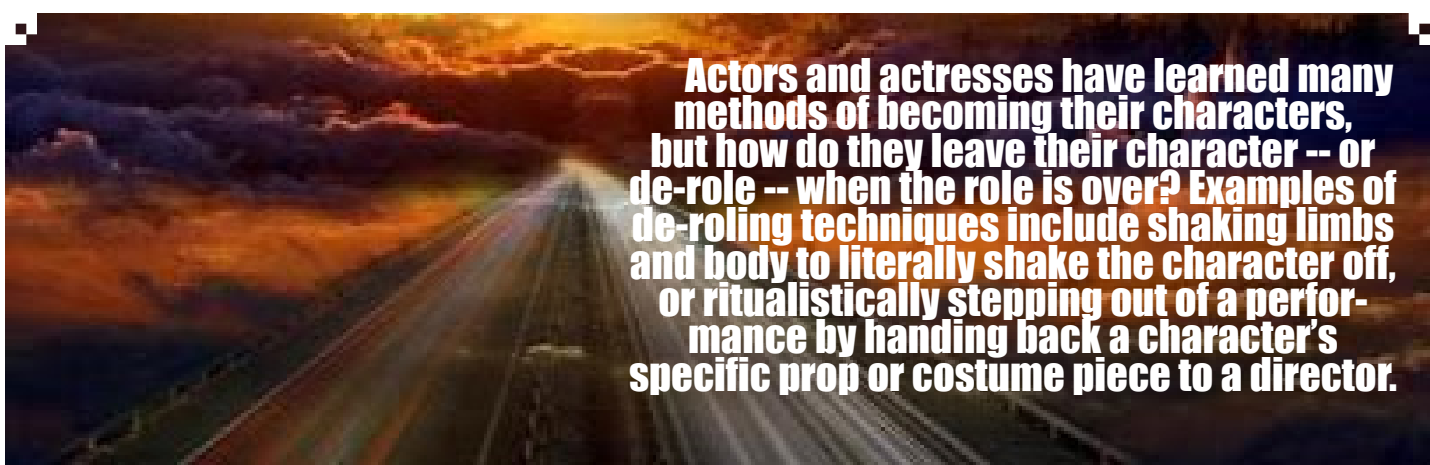
We didnt think much of it  
That's the hullabaloo of life  
At last

We repress the shivers  
Biting on our cracked lips  
The joke was always on us

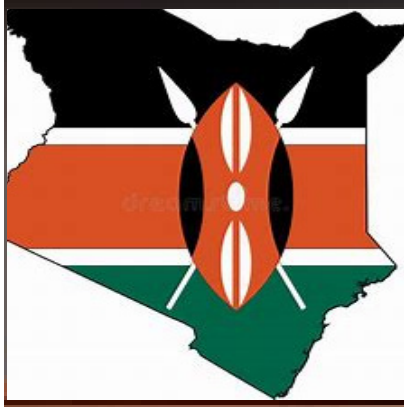
In the middle  
We are caught up in a fledging war  
A battle that cadres have died for  
Their last words  
Gengered disinformation  
Whispered even in the clutches of death



**When you find pleasure in tormenting other people then something definitely is not right in your head. This is the making of sadists.**







GG Kariuki

# FALLEN HERO

GG Kariuki

## Kenya FALLEN HERO



### Rest In Peace

# G.G. KARIUKI.

**“Politics, like religious ministry, is a calling. One must have a passion for people’s problems and get involved in solving them**

Godfrey Gitahi Kariuki, more popularly known as G.G., was a close associate of President Daniel arap Moi. Following his election as the Laikipia West MP in 1979, Moi appointed him Minister of State in the Office of the President in charge of National Security and Provincial Administration. As a trusted confidant of the President, Kariuki had expected a Cabinet post, but the one he ended up with was somewhat overwhelming in scope and responsibility.

He soon realised, however, that his power was in letter not in deed. He found out, for example, that the Special Branch Department that was supposed to be under him reported directly to the President, and although he had to sanction the department’s expenditure, he had no say regarding how the money was used. On many occasions, the Minister in charge of Security learned of decisions made on security matters through the press.

**The late Laikipia Senator Godfrey Gitahi Kariuki was liked and hated in equal measure. On one hand, his love for politics, martial arts and investment made him the darling of many.**

**On the other, his leadership style as well as his dislike for corruption and alcohol won him quite a number of enemies.**



GG Kariuki Sunrise January 1st 1937 Sunset 30th June 2017

“In effect, the minister was just a figurehead; real power rested with the President who hired and dismissed officers at will,” Kariuki wrote in his autobiography titled *Illusion of Power*.

An interesting tidbit came out of a personal interview with Kariuki many years ago, an incident he omitted from his book. Following the attempted coup d’état on 1 August 1982, Moi decided to purge the Cabinet of those who he felt had failed the loyalty test; Kariuki and fellow Cabinet ministers Joseph Kamotho and Charles Njonjo were on that list.

Years later, Moi would nominate Kariuki to Parliament and appoint him as an assistant minister after an official visit to Kariuki’s home town.

The President asked that Kariuki meet him after the trip and Kariuki was convinced that, since he had been treated as a pariah for years, he was about to be detained.

“I knelt down and prayed, then changed into warmer clothes,” he would later disclose. When Moi arrived for the meeting at his nearby ranch, he shook Kariuki’s hand and asked after his son, who years back had left the country for further academic studies.

“I was surprised he still remembered my son’s name and where he had gone. He took my hand and in a gesture of friendship, walked me to the orchard in his compound. He told me we were friends and... asked me what I was doing and as he plucked and offered me an orange, which

we ate straight away, he gave me an appointment for the next week. In two weeks he had nominated me to Parliament. I would later serve as an assistant minister,” Kariuki recalled during the interview. Reported by Standard

**Commonly known as GG Kariuki, he never shied away from taking on anyone suspected of mismanaging public resources and ensuring that every penny meant for the public was channelled to its intended purpose.**

By Dr. Jean Kamau  
Excerpts from Sms Diary  
jean@gmail.com

## summary



RIP

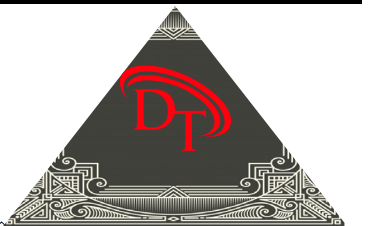
Godfrey Gitahi Kariuki, known as GG Kariuki (1 January 1937 – 30 June 2017) was a Kenyan politician who entered elective politics at independence in 1963. During Kenya’s 11th Parliament, he served as Senator representing Laikipia County and one of the only politicians to serve the four presidents of Kenya, from 2013 until his death on 30 Jun 2017. Previously he had served several terms as Member of Parliament for Laikipia West Constituency, and he was Minister in both the governments of Jomo Kenyatta and Daniel arap Moi.

He wrote an autobiography detailing his political career titled *Illusion of Power*:

*Fifty Years in Kenya Politics*. In May 2009 he was arraigned in court for allegedly threatening to bring together various militia gangs in an attempt to overthrow the government.

He was elected as Senator for Laikipia County in the 2013 general elections. He died on 29 June 2017 at the age of 78 at a Nairobi Hospital.

GG Kariuki







INVESTING IN KENYA

07

 **CALL NOW**

**Click Here**  
For More Information

**Call +254721144999**



 **Follow us on Facebook**



# Tulivu Gardens 4, Diani

## Affordable 50x100 Plots For Sale

This project is offering only 33 residential plots in a controlled development area. This is a serene property with located only 5km from Neptune Hotel & 800m from the beach. Water and Electricity available within the area

**Kshs. 1.5M**  
CASH BUYERS

**Kshs. 1.7M**  
INSTALLMENTS

**Kshs. 200K**  
DEPOSIT

The Balance Payable Within 12 Months (Kshs.125,000/= per month)

YOU CAN REACH US VIA;

  **+254 721 144 999**

  @GreyOak  [www.greyoak.co.ke](http://www.greyoak.co.ke)

"Do not go where the path may lead, go instead where there is no path and leave a trail." -Ralph Waldo Emerson

07

Many of life's failures are people who did not realize how close they were to success when they gave up. -Thomas A. Edison

Spread the love 

Diaspora times global news  
<https://kenyanparentsinsusa.com> | Published in Pakistan. \$1 ksh 0.00 all you need. Agent TEL 4049668550

Spread the love 



# Boeing Whistleblower John Barnett Found Dead Amid Depositions Against Plane Company.

**“Once you understand what’s happening inside of Boeing, you’ll see why we’re seeing these kinds of issues,” Barnett told the Australian Broadcasting Corporation in January.**

**J**ohn Barnett was supposed to answer questions on Saturday as part of a deposition he’d been giving earlier last week related to a legal dispute with his former employer Boeing—which has been dogged by safety concerns, some of which he had raised. But he didn’t show up.

When his legal team called him repeatedly to no avail, they eventually asked the hotel he was staying at to check in on him. That’s when Barnett was found dead in his truck in the parking lot.

The Charleston County Coroner’s Office told media that Barnett died from “what appears to be a self-inflicted gunshot wound,” and that the Charleston Police Department is continuing to investigate the death.

**On Monday, more than 50 passengers were injured after a LATAM Airlines Boeing 787 bound for New Zealand from Australia plummeted mid-air, throwing passengers out of their seats, in what the carrier said was a “technical event” and is now under investigation. As its reputation has sunk, so has Boeing’s stock price—dropping by more than 26% since the start of the year, per NASDAQ.**



Barnett’s lawyer Brian Knowles described the discovery as “tragic” to legal newsletter Corporate Crime Reporter, which first reported on Barnett’s death. “John had been back and forth for quite some time getting prepared,” said Knowles, who told Corporate Crime Reporter that he was set to cross-examine Barnett on Saturday for what would have been “day three of his deposition here in Charleston on his AIR21 case,” referring to the shorthand for the Federal Aviation Administration’s Whistleblower Protection Program.

Barnett, who was based in Louisiana, was in South Carolina to offer evidence for legal proceedings linked to a defamation lawsuit against Boeing, which he claimed deliberately hurt his career and reputation because of allegations he’d made of grave safety breaches on the aircraft company’s production line.

“We are saddened by Mr. Barnett’s passing, and our thoughts are with his family and friends,” Boeing said in a statement to

TIME. The 62-year-old, who had worked at Boeing for over three decades as a quality control engineer and manager until his retirement in 2017, has for the past few years been outspoken about his skepticism of the company’s safety standards, which have come under heightened scrutiny in recent months amid a series of high-profile malfunctions on Boeing planes.

In 2019, just months after an Ethiopian Airlines Boeing 737 MAX 8 and a Lion Air Boeing 737 MAX both crashed minutes after takeoff, killing everyone on board, Barnett told the BBC that workers at one Boeing factory had been deliberately fitting faulty parts to planes to meet production deadlines, and that oxygen masks on the 787 Dreamliner had a 1-in-4 chance of failing during an emergency. Barnett said he had alerted Boeing managers as well as the FAA to the concerns but that no action had been taken. Boeing denied his allegations, though it acknowledged that an inspection in 2017 found that some oxygen

bottles were in fact not deploying properly.

Barnett also told the New York Times in 2019 that he was once reprimanded for documenting “process violations” via email instead of face to face, which he took to mean the company didn’t want him putting problems in writing. In a 2014 performance review seen by the Times, Barnett’s manager told him that he had to improve at “working in the gray areas and help find a way while maintaining compliance.”

In January, the plane manufacturer made headlines again when an Alaska Airlines Boeing 737 MAX 9 made an emergency landing shortly after takeoff in Portland after one of its emergency exit doors blew out mid-air, causing passengers’ belongings to fly out of the hole and pressure on the plane to be destabilized. While no one was seriously hurt by the blowout, much of it thanks to luck—the seats nearest to the hole were unoccupied and most passengers were strapped in their seats when it happened—three

passengers on the flight are suing the airline and Boeing for \$1 billion, arguing that they’ve suffered severe psychological distress due to negligence.

Alaska Airlines temporarily grounded its fleet of Boeing 737-9 planes immediately after the accident and greenlit them to fly again just weeks later. But Barnett told TMZ at the time that Boeing’s troubles weren’t isolated to one door plug—or one plane.

“This is not a 737 problem, this is a Boeing problem,” he said, adding that Boeing started removing inspection operations in 2012. “What we’re seeing with the door plug blowout is what I’ve seen with the rest of the airplane as far as jobs not being completed properly, inspection steps being removed, issues being ignored.”

Controversy surrounding the Alaska Airlines incident is still mounting, with the Wall Street Journal reporting last week that the Justice Department has opened a criminal investigation into the case. And Boeing, which was accused of not being cooperative with federal investigators, admitted to Congress on Friday that it could not find records on the exploded door panel. Shared from Time Report

**“A former Boeing quality inspector who filed a whistleblower complaint over alleged plane safety flaws was found dead “from what appears to be a self-inflicted gunshot wound,” officials in Charleston, South Carolina, said Monday.**



# Topline Land Limited

Click NOW  
For More Info!

**HURRY**  
DON'T MISS OUT!

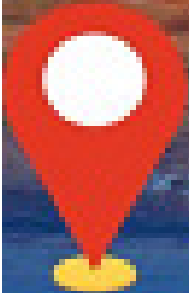
PRICE PER PLOT  
\$23,500



Follow us  
on Facebook



## ROSE GARDEN ESTATE



Located along Thika  
Superhighway, near Mangu High  
School and adjacent to Ngoingwa  
Estate

### WHY ROSE GARDEN ESTATE

- ✓ GATED COMMUNITY SETUP
- ✓ EASILY ACCESSIBLE, 2.5KM FROM THIKA-NAIROBI SUPERHIGHWAY
- ✓ 45 MINUTES DRIVE TO NAIROBI CITY
- ✓ WATER AND ELECTRICITY AVAILABLE
- ✓ SOIL IS RED SOIL SUITABLE FOR BUILDING
- ✓ PAYMENT PLANS AVAILABLE



Video  
Link

50 X 100  
(1/8 OF AN ACRE)

#### HOW TO CONTACT US:

- +1(901) 4555 444
- Topline Land Limited
- richard@toplineland.co.ke



www.toplineland.co.ke

Real Estate with truthfulness, honesty and integrity.



# CASCADIA APARTMENTS AT TWO RIVERS

There are three things that matter in property:  
location, location, location.

**Follow us on Facebook**  
 **CLICK HERE**

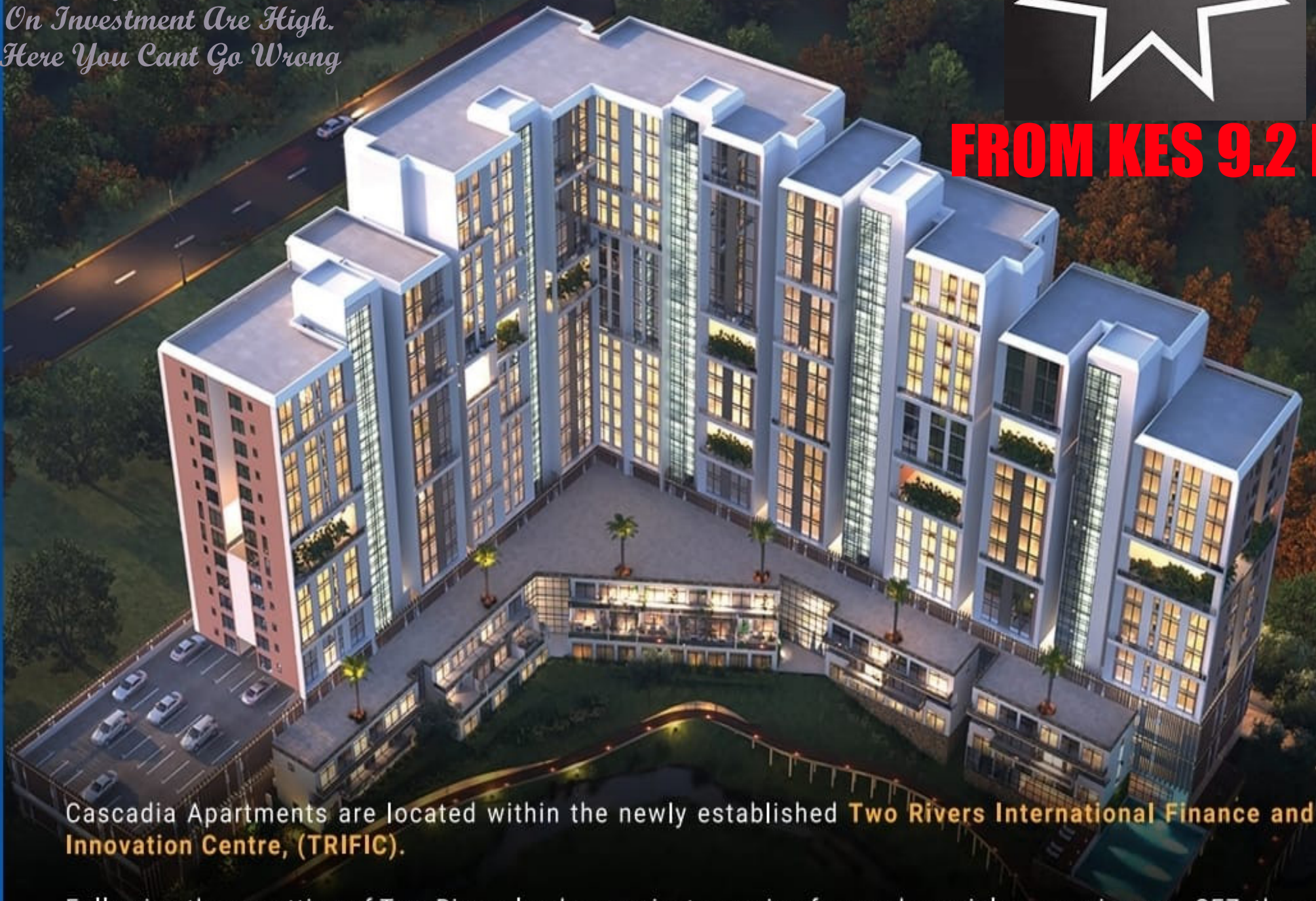
*Location*  
**IS EVERYTHING**

**SPECIAL OFFER**



**FROM KES 9.2 M**

*Kenyans In The Diaspora  
Are Now Investing Where Returns  
On Investment Are High.  
Here You Cant Go Wrong*



Cascadia Apartments are located within the newly established **Two Rivers International Finance and Innovation Centre, (TRIFIC)**.

Following the gazetting of Two Rivers land as a private service-focused special economic zone, SEZ, there is no better time to invest in Cascadia than now, to take advantage of the heavy rental demand expected to arise as more service businesses set up base within **TRIFIC**. Amenities at Cascadia Apartments include a 7-a-side soccer pitch, green spaces, Olympic grade heated pool, children's play area, gym & jogging/walking tracks, quality infrastructure and ample security.

~~Was from KES 9.7m.~~  
**Now from KES 9.2m.**  
Flexible payment plans and financing available.

**TEL +254-71387777**

[centumre.co.ke](http://centumre.co.ke)

<https://cascadiaapartments.co.ke/>

**TEL +254-703262626**



CLICK FOR MORE INFO

**Follow us on Facebook**

**Optiven..**  
INSPIRING POSSIBILITIES

FROM AS LOW AS

**KSH. 1.750M**

**This project comes with:**

- ❑ State of the art gate
- ❑ Solar street lighting
- ❑ Stone perimeter wall
- ❑ Compacted murram roads
- ❑ Water and electricity

**Offices**

**Head office:** Absa Loita Street, 2nd Floor

**Optiven Global Office:** Zamani Business Park, Karen

**Mtwapa:** Shifa Arcade, 2nd Floor Office B5

**Kitengela:** Optiven Business Center - Acacia Junction

**Nanyuki:** Ubii Plaza, along Kenyatta Highway, 2nd Floor

**Nakuru:** Golden Life Mall 7th Floor

**Contact Information**

Office Line	Email & Website
(+254) 790 300 300	www.optiven.co.ke
(+254) 723 400 500	info@optiven.co.ke
Diaspora Line	globalmarkets@optiven.co.ke
(+254) 796 000 300	

**SCAN HERE**

**OCEAN VIEW RIDGE**

**OPTIVEN WELCOMES You!**

Ocean View Ridge – Vipingo by Optiven is an exquisite real estate project, tailored to meet the investment expectations of the most discerning and wise investors looking for a good and extremely prosperous, comfortable life at the Kenyan coastal region. This gated community is a haven of peace and tranquillity where you enjoy a cool breeze from the Ocean.

**TO BOOK YOUR PLOT, CALL**

**0790 300 300 | 0790 667 799**

ePaper

ePaper

**ePaper**

4049668550  
diasporatimeskenya@gmail.com

ePaper

ePaper



**f** Follow us on Facebook

CLICK FOR MORE INFO



# DIASPORA INSURANCE

*Peace of Mind, Guaranteed!*

DiasporaInsurance.com  
24/7 QUOTE & APPLY

WHATSAPP  
 +44 770 383 8304

OFFICE  
 +44 121 295 1116

*Brings You The Bespoke*

## DIASPORA FUNERAL CASH PLAN

Worldwide protection for Kenyans in the diaspora.

- ✓ Immediate cash payout, no more bereaving and begging.
- ✓ Cover yourself and your loved ones in Kenya or where ever they are.
- ✓ Uniquely flexible-burial abroad, body repatriation to kenys or cremation.
- ✓ Cover amooount of up to US\$/£/€ 20,000 per life.



SIGNUP >

SCAN ME

Click Here For More Info



### Peace Of Mind, Guaranteed!

## DiasporaInsurance.com

Diaspora Funeral Cash Plan | Group Funeral Cash Plan | COS Funeral Cash Plan

SCAN ME NOW!



## Your Dignified Send-Off, Guaranteed!



Authorised & Regulated: FCA, UK: 795897 | FSCS UK protected | Underwriter: GuardRisk Life International | Re-Insurer: AfricaRe





# Kenya and Diaspora

*Its always good to know the ones who have left us.*

*This page is for death notices.*



# Death and funeral Announcements



**SEND MESSAGES BY WHATSAPP TO**

**+4049668550**

**STRICTLY NO TELEPHONE CALLS**





# NEWS Briefs



## LGBTQ teen Nex Benedict died by suicide, medical examiner

The Human Rights Campaign released a statement condemning anti-LGBTQ violence and bullying following the release of the medical examiner's report.

**O**klahoma 16-year-old Nex Benedict died by suicide, according to an autopsy report released Wednesday by the state's Office of the Chief Medical Examiner. Benedict, a member of the 2SLGBTQ community, died one day after getting into a physical fight with several other students at Owasso High School.



Demonstrators with LGBT Colors

Benedict was nonbinary and went by they/them pronouns, according to Benedict's family. 2SLGBTQ includes Two Spirit, an umbrella term used to describe a third gender in Native and Indigenous communities. Sue Benedict, their mother,

is a registered member of the Choctaw Nation. Freedom Oklahoma, a political advocacy group that fights for LGBTQ+ issues, said in a statement to ABC News that Benedict's death highlights attacks on the transgender and gender non-conforming community. "2STGNC+ students are the ones at risk; they are under attack in their schools, and they are under a coordinated attack by extremist politicians who care more about soundbites than children's


lives," the organization's statement read. "Nex's death occurred during a nationwide effort to push 2SLGBTQ+ people out of public life and back into the closets." Anti-LGBTQ bullying and violence have been the center of conversation in the aftermath of Benedict's death earlier this month, as Benedict's family called for action and answers concerning the bullying they say Nex faced in school. "The Benedicts know all too well the devastating

effects of bullying and school violence, and pray for meaningful change wherein bullying is taken seriously and no family has to deal with another preventable tragedy," the family said via their attorney in a statement to ABC News. Shared story from ABC

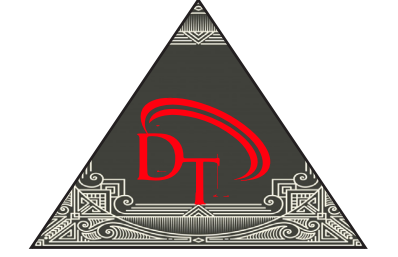
*LGBTQ students are also more likely to seriously consider suicide or attempt than their non-LGBTQ peers, the CDC reports. The Department of Education has opened an investigation into Owasso Public Schools following a complaint from the Human Rights Campaign related to such concerns. "Bullying in any form is unacceptable," the district said in a past statement. "We take reports of bullying very seriously and have policies and procedures in place to address such behavior." In a statement to ABC News, the Owasso Police Department said it suspected the cause of Benedict's death, but refrained from saying anything pending the results of the medical examiner's office.*

**LGBTQ+ youth are at greater risk for poor mental health, bullying and violence than their non-LGBTQ+ peers, according to the Centers for Disease Control and Prevention, which encourages schools to implement supportive policies and practices for students who will in turn experience better health outcomes.**

**BIDEN HIGHLIGHTS**



President Joe Biden delivered an energetic State of the Union address, focusing on abortion rights, threats to democracy and the economy — while sparring with jeering Republicans. He didn't mention former President Donald Trump by name, but the annual speech carries extra significance in an election year, and his frequent references to and contrasts with his "predecessor" were clear. The speech came just days after Biden and Trump appeared to lock up their respective parties' nominations, setting them up for a rematch in November. Biden chatted and glad-handed with his supporters and delivered a fiery speech, in essence addressing critics who say he is too old for the job.



# WE FAIL BECAUSE WE DO NOT TRY



Arch Dr. I KINUNGI Behind the vision

## THE FUTURE \* TODAY \*

"Its all about dreams. Dreams cost nothing, they are free" -Sylvester Stallone



Dr Isaac Kinity



Abigail Phiri



Memory Phiri

## Senior Reporters



BE PART OF THE DIASPORA TIMES FAMILY. Tel 4049668550





# The Best Tourism Villages With UN Tourism Finale.

Tourism Villages initiative was introduced in 2021 and it seeks to transform tourism into a catalyst for rural prosperity.



Tourism with Memory Phiri Zimbabwe.

Rural tourism will never get better than this because the UN Tourism has opened applications for the Best Tourism Villages 2024 Edition. What more can you ask for if you have the village at hand?. Apply now, jump in and swim with the fishes.

This is a golden opportunity that we should embrace as a country because we have hordes of villages that are ripe for some governance and prioritization of tourism. Talk about cultural villages like Chesvingo in Masvingo, Silunguzi in Bulawayo and the Batoka one in Binga to mention but a few. Zimbabwean village tours are so advanced to the extent that we will stand a chance of winning this ini-

**This is a golden opportunity that we should embrace as a country because we have hordes of villages that are ripe for some governance and prioritization of tourism.**



## Tourism in the Zimbabwe villages

tiative so as to raise our tourism flag higher. Accordingly, we will rise to the bait because our villages continue to uphold the value of indigenous knowledge systems and cultural diversity.

The UN Tourism Secretary General stressed that the best tourism villages should recognize rural destinations where tourism is being effectively embraced as a tool for sustainable growth. To prove that point, in Zimbabwe chiefs and headman serve the purpose of monitoring the cutting down of trees. Not forgetting the protection of indigenous wildlife from illegal hunting activities.

At this juncture, it can be seen that there is a lot of history and heritage that molds and comes with this package. Villages brings about authenticity and they symbolize our roots because that is where we came from. Truth be told, it will be an honor to have one of our villages selected among the best in the world. Contrary to popular beliefs this

approach to tourism development is not there to give rise to moral degradation or cultural erosion.

That line of thought will be water under the bridge very soon enough for the goal of the UN Tourism in this case is to find a way to promote preservation of our culture with wildlife conservation to boot. Be rest assured that noone will take this package from us because it comes with the territory. Infact, the African naturalness will forever speak volumes.

For your own information, it's not everyday that we get to relive such a cavalier and ancient lifestyle in this fast moving modern world. Practically dressing up in the traditional regalia, carrying those knobkerries, spears and shields to boot will make some village the next wonder of the world.

Let's take this initiative seriously by preparing and transforming our villages to the UN Tourism standards so as to draw

attention to the upcountry destinations. As part and parcel of the seventeen sustainable development goals (SDGs) the Best Tourism Villages initiative was introduced in 2021 and it seeks to transform tourism into a catalyst for rural prosperity.

**The UN Tourism Secretary General stressed that the best tourism villages should recognize rural destinations where tourism is being effectively embraced as a tool for sustainable growth.**

*The way to get started is to quit talking and begin doing.*  
-Walt Disney

15

*The future belongs to those who believe in the beauty of their dreams.*  
-Eleanor Roosevelt



# Diaspora Sunday

“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”  
- Jeremiah 29:11:

## PRAYERS

### Prayer for a Healthy Cardiovascular and Respiratory System

God of Might, please give me a healthy cardiovascular and respiratory system, so that I don't have any circulation or breathing issues that would damage my well-being. I pray that You will contend with any inherited propensities to heart or lung disease and help me make important changes to my lifestyle to promote healthy circulation and respiration. I praise You for splendid and majestic is Your work, O Lord. Amen.

### Prayer for Prosperity of Health

Highly Exalted Lord, I ask for prosperity for my body. Please grant me many years of life, a sound mind, strength to my muscles, bones, heart, and lungs, a powerful immune system, and excellent agility. The healthier I am, the more thoroughly I can do Your work. Lord, I thank You that when I pay attention to Your words and keep them within my heart that they bring health to my whole body. Amen.

**I am your God and will take care of you until you are old and your hair is gray. I made you and will care for you; I will give you help and rescue you.**  
Isaiah 46:4-6

*“You have been born anew, not from perishable but from imperishable seed, through the living and abiding word of God.”*

—1 Peter 1:23



Pastor Mukuria

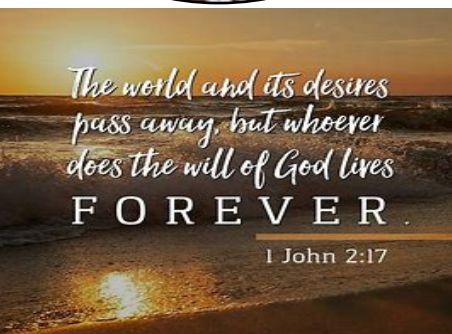


Brother Kigume

The Lord is good  
A strong hold in the day of trouble and He knows those who trust in Him.  
Nahum 1:7

Good day!

There are places you haven't been where you already belong. When you focus on the good, the good gets better. Change your perception in life.



You may say I'm a dreamer, but I'm not the only one. I hope someday you'll join us. And the world will live as one. -John Lennon

If you set your goals ridiculously high and it's a failure, you will fail above everyone else's success. -James Cameron



# How a small city in Oregon could shape the way major U.S. cities handle homelessness

GRANTS PASS, Ore. — For more than five years, Helen Cruz lived on the streets of Grants Pass.

A small, rural town of roughly 40,000 people, the city has now found itself at the center of a homeless crisis plaguing major cities across the U.S.

“We’re in this situation not because we want to be. We’re in this situation because we don’t have a choice right now,” Cruz, 49, said in an interview.

For years, Grants Pass has been embroiled in a contentious lawsuit with homeless residents like Cruz, who argue that anti-camping ordinances enacted by the city — including fines for sleeping in any park or public space — violate their constitutional rights.

The legal battle has now gone all the way to the U.S. Supreme Court, which is scheduled to hear arguments in the case on April 22. The decision could affect how cities nationwide address homelessness in their communities.

Cruz, who couldn’t afford rent, said she often slept in a tent in a city park. Although she is no longer homeless — working and living at a small local church — she said she still has more than \$6,000 in tickets and fines.

**“It is a unique twist that this ruling is going to go to the Supreme Court, which is very conservative,” Sachin Agarwal, a co-founder of GrowSF, a group working to elect more moderate Democratic candidates in San Francisco, said in an interview. “We hope that they side with Grants Pass and that we are able to move people to shelter so we can have clean streets, which is good for families, it’s good for business, it’s good for the city.”**



“My credit is shot. I have no credit. None,” Cruz said. “Anything they want to write a ticket for, they do.”

Cruz and other residents say that because Grants Pass has no low-barrier, full-time homeless shelter, they have no alternative but the street. It’s for that reason they argue the city has violated the Eighth Amendment to the Constitution, barring cruel and unusual punishment.

“They are saying because we don’t have that white picket fence that we’re not allowed to live,” Cruz said. “And we don’t have any place to go.” The flip side, local officials say, is a city dotted with tents and frustrated residents who feel they can’t use their public parks.

“I think there is a lot of crime happening in these parks,” Police Chief Warren Hensman said. “And I think our city — it deserves to have the ability to hold people accountable to bad behavior. ... I don’t think I or anybody else wants to make

it difficult for somebody.”

Pointing to a nearby row of tents, he said: “We want to support, we want to help people, but the reality is, this in and of itself is inhumane.”

Grants Pass, like many cities, is also dealing with a housing shortage. Over the past two decades, as more people moved in, housing costs went up, forcing a growing number of people onto the streets.

According to the U.S. census, the population of Grants Pass was nearly 23,000 in 2000. It’s now nearly 40,000.

“I would be surprised if there are very many apartments that you could find for less than \$1,200 a month in Grants Pass,” Ed Johnson, an Oregon Law Center attorney representing the city’s homeless residents, said in an interview. “It’s very difficult to find housing.”

The Grants Pass case arrived at the Supreme Court after the 9th U.S. Circuit Court of Appeals sided with the city’s homeless residents. The appeals court ruled 2-1 that the

city, which is about 250 miles south of Portland, can’t “enforce its anti-camping ordinances against homeless persons for the mere act of sleeping outside with rudimentary protection from the elements, or for sleeping in their car at night, when there is no other place in the city for them to go.”

The decision applies only in situations in which homeless people “are engaging in conduct necessary to protect themselves from the elements when there is no shelter space available,” the court added. Grants Pass appealed, and the Supreme Court decided to take it up.

Among those watching the outcome: California Gov. Gavin Newsom, who is among several Democrats who have called on the court to side with the city and against those arguing against any limits on outdoor camping.

“Encampments are dangerous — period. California is investing billions to build hous-

ing and provide the services needed to get people out of tents and into safer situations,” Newsom said in a statement. “However, our best efforts are being blocked because of sweeping injunctions that delay progress and fail to provide any consistent guidance for local authorities to abide by.”

Story from NBC

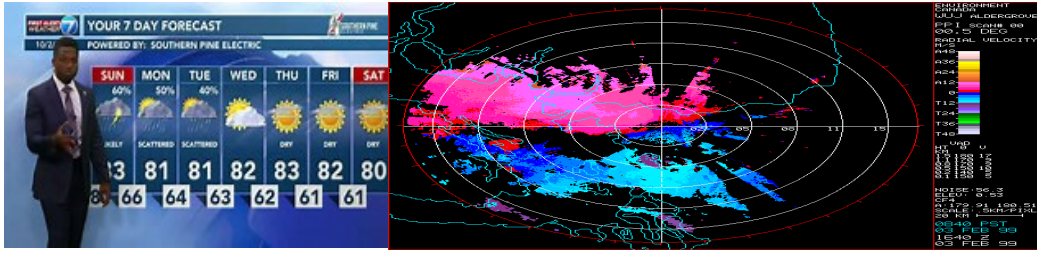
Newsom filed an amicus brief supporting Grants Pass and arguing that rulings in other courts that have banned anti-camping ordinances have “paralyzed” cities and effectively blocked them from moving people off public streets.

Officials in San Francisco, Los Angeles and Phoenix are also among those asking the Supreme Court to overturn the appeals court ruling. San Francisco, for instance, is embroiled in its own lawsuit over the clearing of homeless encampments. Mayor London Breed is asking a judge to freeze the lawsuit until the Grants Pass case is decided.





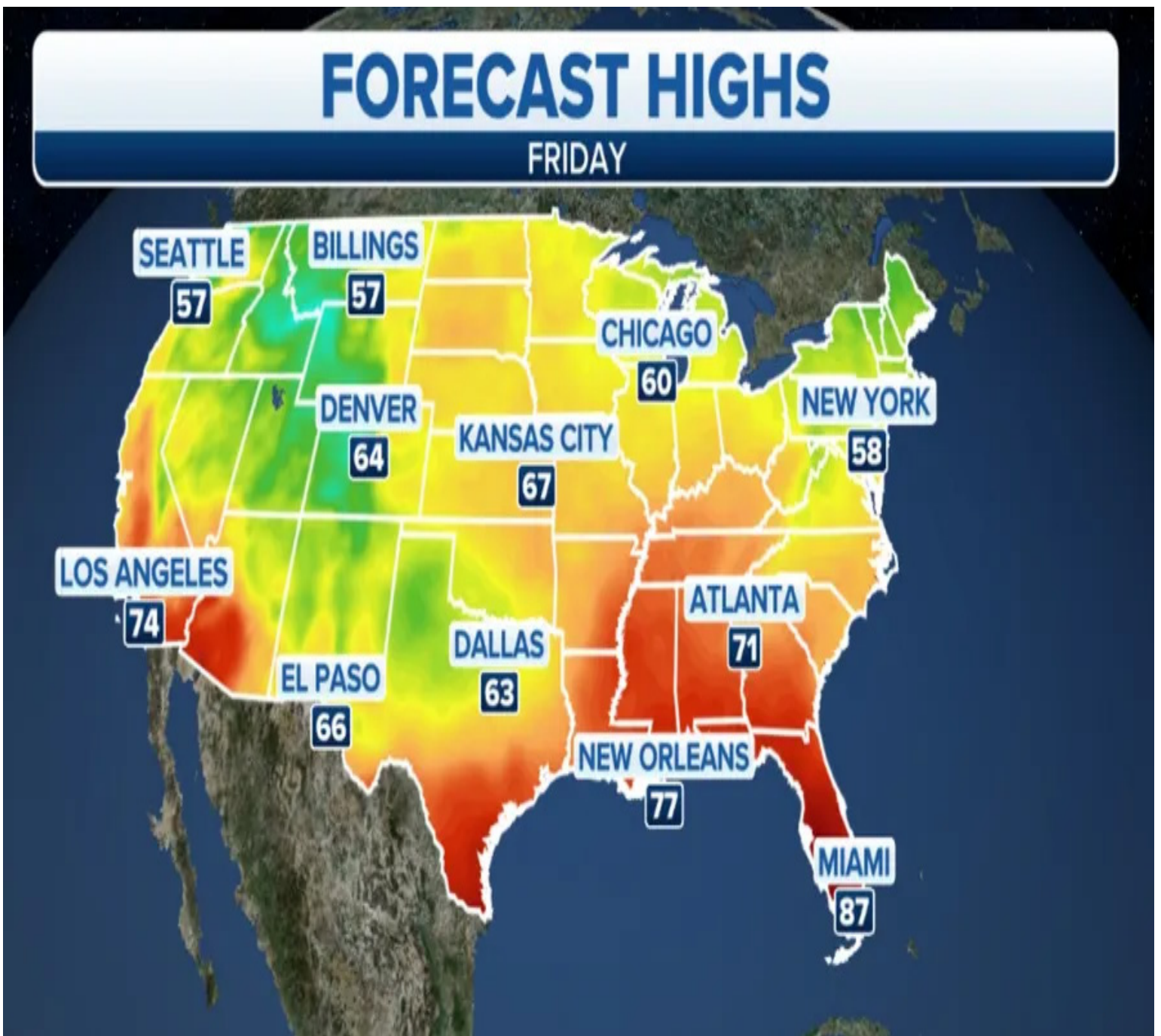




summary

Temperature, rain, snow, fog and wind are all part of weather. Severe weather events such as tornadoes, tropical storms, hurricanes, cyclones, floods, lightning strikes and extreme weather affect us all. In addition to weather forecasts are ozone levels, changing climate conditions and solar winds. Weather warnings are important forecasts because they are used to protect life and property. People use weather forecasts to determine what to wear on a given day or to plan travel or events. Since outdoor activities are severely curtailed by heavy rain, snow and the wind chill, forecasts can be used to plan activities around these events, and to plan ahead and survive them.

# Weather Conditions Looks Favorable In Most Southern States



WEATHER



**A change in the upper-level pattern is expected over the next week. This pattern change will bring an end to the recent record warmth in the northern tier. A break in the wet pattern that has dominated the West Coast is also ahead.**







Click Here For More Info

KSH 2.995M



# SUCCESS GARDENS PHASE 2 GATANGA ROAD

## WHY SUCCESS GARDENS PHASE 2

Success Gardens Phase II is strategically located only less than 9 minutes from Blue Post Hotel Thika; off exit 18 of Thika Superhighway and right on Gatanga Rd.

The property is situated near the award winning project Success Gardens Phase I by Optiven that is sold out and customers are now building their palatial dream homes.

## PROPOSED VALUE ADDITIONS

- Compacted Murram roads
- Trees on ground
- Perimeter Wall
- Water tower
- Caretaker on site
- Solar Street lights

0790 300 300 | 0723 400 500

www.optiven.co.ke | info@optiven.co.ke

TEL 0790300300



Follow us on Facebook



Click Here For More Info



Join our WhatsApp Group

WE ARE THE DIASPORA VOICE

Spread the love





Africa Resources epaper is published in USA, Kenya, Pakistan, & UK. Issue 227

# AFRICA RESOURCES CENTER



## DIASPORA EMERGENCY & INVESTMENT FUND

We fail because we do not try



**You cant achieve much alone but together,  
we can do so much.**

**Coming together is just a beginning.**

**Keeping together is progress.**

**Working together is the real success**

**STAY UNITED**

**Diaspora Emergency & Investiment secures your future**

**For more information call 4049668550**

# The Alternative Of A Life Insurance



265 ELMER ONE APARTMENTS  
KASARANI

**f** Follow us  
on Facebook

**re**  
CENTUM

# THE PERFECT INVESTMENT

AT THE PERFECT PRICE



STUDIO &  
1 BEDROOM LOFT UNITS  
**SOLD OUT**

Set in Kasarani's most tranquil locations, 265 Elmer One Apartments is a premium structured real estate investment that effectively implements the value of capital appreciation & rental returns.

The apartments are conveniently located next to Haco Industries, 10 Minutes drive from the Thika Superhighway, 10 Minutes from Thika Road Mall, 20 Min to CBD and 45 Minutes to JKIA. The development comprises of 284 units with a mix of studio apartments, 1-bedroom apartments, 1-bedroom loft apartments, and 2-bedroom apartments.

2-Bedroom Apartment

WAS ~~KES 6.6M~~  
NOW **KES 6.3M**

**TEL +254-703262626**

**8%** RENTAL YIELD\*

**KES 630,000** deposit & balance in flexible installments or financed.

**+254 719 034 557**  
**centumre.co.ke**

\*Estimated return based on current market trends



**THE PERFECT  
INVESTMENT PROPERTY**





**Follow us on Facebook**



**2 Bedroom 6.55M**  
**3 Bedroom 7.55M**

# Diani Holiday Homes

**2Br & 3Br perfect for Vacation & Long Stays**



## Amenities

Proximity to the Beach | Club House | Swimming Pool  
Pharmacy | Ample Parking | Controlled Access | Kids Play Area  
Modern Custom Finishes | Spacious & Functional Living Spaces

**2Br Installments 7.85m, Deposit 3M, Bal in 36 months**

**3Br Installments 8.85m Deposit 3M, Bal in 36 months**

subscribe to **YouTube**

**(205) 946-7813**

**Follow us on Facebook**

[www.certifiedhomes.co.ke](http://www.certifiedhomes.co.ke) | [sales@certifiedhomes.co.ke](mailto:sales@certifiedhomes.co.ke)

## DIANI HOLIDAY HOMES

The best feeling ever is going for vacation and spending a great time at your own holiday home and renting it out for Airbnb.

Certified Homes Ltd is offering you a rare opportunity of a lifetime to own holiday home in Diani, the best beach destination in Africa, which is located at the South Coast.

Diani Holiday Homes are luxurious 2 & 3 bedrooms apartments located few metres from the beach, each unit has terrace to give you breathtaking scenic view of the relaxing magnificent Indian Ocean

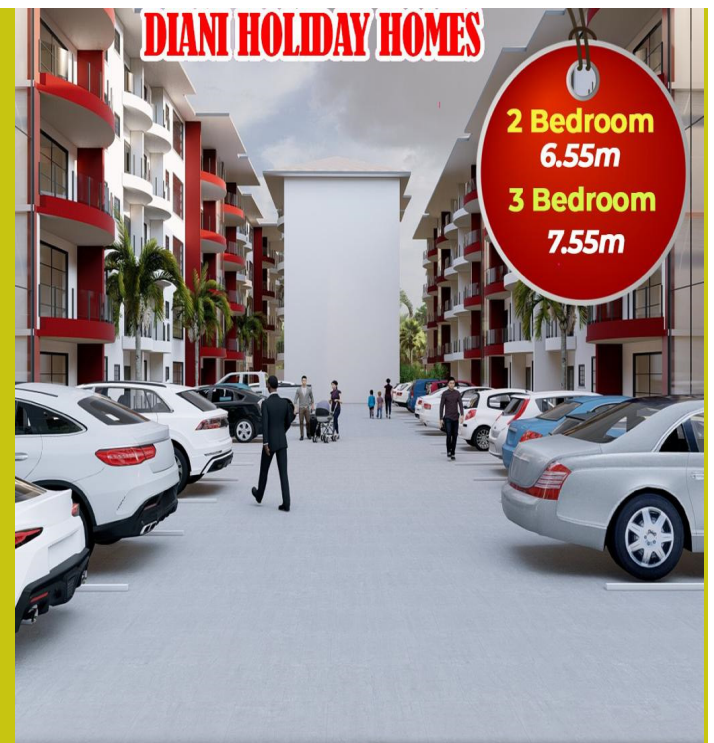
Units are in close distance to major shopping malls, Ukunda Airport, international schools, accredited hospitals, and hotels. The units are all ensuite, offering spacious bedrooms with well fitted built-in closets.

Designed to make your life easier and more convenient with state of the art facilities offering the perfect getaway for relaxation and bonding

with loved ones. We've amenities such as

- \*Club house
- \*Swimming pool
- \*Children's play area
- \*Convenient Shop
- \*Pharmacy
- \*Ample Secure Parking
- \*Controlled Access
- \*Modern Custom Finishes
- \*Close Proximity to the Beach
- \*Spacious & Functional Living Spaces
- \*Spacious 2 Br, 102 square meters,

Cash Kshs 6.55m  
Luxurious 3 Br, 135 Square meters,  
Cash Kshs 7.55m  
[diaspora@certifiedhomes.co.ke](mailto:diaspora@certifiedhomes.co.ke)  
[www.certifiedhomes.co.ke](http://www.certifiedhomes.co.ke)



## DIANI HOLIDAY HOMES

**2 Bedroom 6.55m**  
**3 Bedroom 7.55m**

[www.certifiedhomes.co.ke](http://www.certifiedhomes.co.ke)  
[sales@certifiedhomes.co.ke](mailto:sales@certifiedhomes.co.ke)

**0711 128 128**  
**0720 460 413**



# BACKPAGE

# WORLD OF SPORTS

## Eagles Have A Real Interest In Signing Giants .



Shared by:  
By Tafara  
Makusha

**The legendary sports radio host and analyst reports that the Eagles are seriously interested in signing former Penn State star Saquon Barkley.**

**T**he Eagles need a running back, and three players are testing free agency.

A local star could be looking to make a statement to his current team while remaining in the rugged NFC East. Howard Eskin does his bit of news-breaking in Philadelphia.

The legendary sports radio host and analyst reports that the Eagles are seriously interested in signing former Penn State star Saquon Barkley.

In 14 games last season, Barkley logged 962 yards and six rushing touchdowns, 41 receptions for 280 yards, and four touchdowns for the 6-11 Giants.

Barkley would pair well with Kenneth Gainwell while giving Philadelphia an explosive playmaker in Kellen Moore's offense.



# SPORTS WORLD

