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The Diaspora Times



April 6th, 2024 Issue 232

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Kenya Doctors Rejects Government's Deal To Call Off The Strike.

President, William Ruto, who is currently in Ghana, has not commented on the Doctors crisis which commenced on March 15 and is likely to continue for many days if there is no genuine dialogue.



The Kenya Medical Practitioners, Pharmacists and Dentists Union (KMPDU), which represents more than 7,000 members, has rejected a Government offer to end the week-long strike that has paralyzed health services in the country. The striking Doctors, who were later joined by clinical assistants, are demanding payment of their salary arrears and the immediate hiring of trainee doctors, among many other grievances. They also complained about a lack of equipment in hospitals and poor sanitary conditions. Their union chairman said they will not negotiate until all their grievances are met.

Jane Muasi
The Diaspora Times
Nairobi correspondent.



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SPACE UP for GRABS

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Kenya is at crossroads with its democracy as retrogressive leadership in the country and the political illiteracy

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OPINION

NEW KENYA MOVEMENT



Page 06
Dr. Julius Gikonyo Kiano was a perfect blend of an intellectual and a professional politician. Julius Gikonyo Kiano was born

If you set your goals ridiculously high and it's a failure, you will fail above everyone else's success.-James Cameron

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COMING SOON-DIASPORA TIMES SHOW

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FRIDAY NEWS



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Buddah.

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KENYA NEWS



Charles Kabiriri
Political Activist
New Kenya Movement
For Change

Fourteen years down the line, the constitution has never been fully implemented with some very critical sections like Schedule Four of the constitution

Kenya Is At crossroads With Its democracy Due To Retrogressive Leadership.

Kenya is at crossroads with its democracy as retrogressive leadership in the country and the political illiteracy with urban and rural folks take toll on the socioeconomic and political success of this nation.

The ideology of divide and rule played a vital role in the politics of this country towards the end of the 20th century as the late President Daniel T. Arap Moi, managed to rule this country for the longest time ever without depending on the two largest tribe in Kenya, the Kikuyu and the Luo.

However, Kenya's bloody protests of the 90s demanding multiparty democracy forced the President to succumb to people's pressure and repealed section 2(a) of the then constitution moving Kenya from a Single Party State to pluralism with the support of the then US Ambassador to Kenya Mr Smith Hemiston as the frontline leaders of multi-

The ideology of divide and rule played a vital role in the politics of this country towards the end of the 20th century as the late President Daniel T. Arap Moi, managed to rule this country for the longest time ever without depending on the two largest tribe in Kenya, the Kikuyu and the Luo.



NADCO report shrouded in hypocrisy and possibly behind the scenes dealings

partism Hon Keneth Njindo Matiba (Kiharu Constituency, Murang'a) and his counterpart Hon Charles Rubia (Starehe Constituency Nairobi) both beheaded, were sent to detention with Hon Matiba facing death from an attempted poisoning that put him to stroke and remained disabled to his death. However, Kenya was never to be the same again! Every Kenyan was so optimistic of a new found future based on perceived economic and political freedoms.

To have a more comprehensive beginning, Kenya, under the leadership of the late President Mwai Kibaki, the predecessor of the Dictator Moi regime, midwived the promulgation of a new constitution ratified in a referendum on August 2010 and hailed as one of the most progressive constitutions ever arrived at in the absence of civil strife thus establishing the basis of a

Fourteen years down the line, the constitution has never been fully implemented with some very critical sections like Schedule Four of the constitution that exclusively is about Devolution, has never been fully implemented and there is fear mounting on devolution as being targeted to crumble! Kenyans' need for a new constitution was central to devolution. Many years of Kenya's political past, the Presidency and Party politics were the source of Kenya's political acrimony. To reduce the powers of the presidency, devolution was established to delegate powers to 47 other smaller governments named counties that would work together with central government!

The NADCO Report that came up as a negotiated package after the July 2023 demonstrations that rocked the country where protestors were meted with brutality in their quest for the government to lower high

cost of living in the country, this demand was never captured in the final draft of the negotiated document that majorly distinguished itself with the political quest of the political elite who drew lines in the establishment of their new political offices for both the Prime Minister and the Leader of Opposition and went about shelving the people's quest that centered on high cost of living and over taxation at a time when the world was grappling with recession! This was brushed off as just a government policy and was to be addressed as such. Hon Rala and Hon Kalonzo were comfortable with that forgetting that the demonstrations opened a chapter in Ruto's regime where a militia working with Kenya police used live bullets to quell protestors. In Nyalenda, ethnic profiling was captured where people from one tribe were being led out of their houses and were massacred in the open

All this was not for the purposes of political offices to be established!

Hon Martha Karua and Hon. Eugene Wamalwa disagreed with the NADCO Report for not addressing the needs of the protestors, and this position taken by the two principals has seen Azimio coalition in the verge of collapse. Surprising enough, nothing about the people's quest that was set to be handled as government policy has ever seen the light of the day.

The political elite have for long been taking representation as fundamental only when it is about them. Kenyans should refute any attempt to amend the constitution and demand a full and comprehensive implementation of the constitution before any constitutional amendments can be considered!

Article By Charles Kabiriri
New Kenya Movement
For Change

The NADCO Report that came up as a negotiated package after the July 2023 demonstrations that rocked the country where protestors were meted with brutality in their quest for the government to lower high cost of living in the country, this demand was never captured in the final draft of the negotiated document that majorly distinguished itself with the political quest of the

Article By Abigirl Phiri- Zimbabwe



The Daily Sustenance Of Staple Foods.

The spirit of unity that is Ubuntu is promoted as a family share over a pot of sadza talking over their day's proceedings.

Every country has its distinctive staple food. The relevance of the staple food cannot be dismissed lightly. In most cases these foods are high fiber since they are carbohydrate sources. As starch based the staple foods are energy boosters. For example Zimbabwe has sadza, South Africa pap and Tanzania ugali. These staple foods are mainly made from processed maize or cassava to make mealie meal.



prevailing weather conditions faced in these different countries. Suffice to say some are made from drought resistant crops which is a bonus given the climate change induced droughts being faced. In Zimbabwe, farmers are very much into the farming of the maize despite it not being an indigenous crop. Consequently, translating why maize became the staple food. Issues of readily being accessible plays a part in what a country settles as its staple food. Whether one is rich or poor a person is able to access the staple food.

the masses feast on it. For sadza made from the milled maize or millet, there is one way to cook it.

The unique way of cooking sadza

First the mealie meal is put in a pot mixed with water. The mixture is heated up until to boiling point. Equally there are people who note sadza cooked on a fire is different and tastier than the one prepared on stoves. After that it is turned up until you have a firm product of nicely down mouthwatering sadza. This can be eaten together with vegetables and meat to spice up the dish. The way to cook such a staple food defines the heritage of African countries. It clearly distinguishes one race from the rest of the people.

picture of what makes an individual be distinguished as African. With the time you realise the whole exercise upholds the value and blessing of having food set on the table. Also, it acknowledges that meals are meant to be shared to strengthen the family unit. The spirit of unity that is Ubuntu is promoted as a family share over a pot of sadza talking over their day's proceedings. Undoubtedly that brings in a sense of belonging and purpose.

Conclusion
After everything has been said and done, Africans should be proud of their identity. What better way to show the uniqueness through the dishes that are prepared.

Article by Abigirl Phiri, Zimbabwe

5

Origins of staple food
Despite the variations, the generic fact is that these foods the population cannot go without. Worth noting, these crops that make up the staple food are premised on the Zimbabwe, farmers are very much into the farming of the maize despite it not being an indigenous crop. Consequently, translating why maize became the staple food. Issues of readily being accessible plays a part in what a country settles as its staple food. Whether one is rich or poor a person is able to access the staple food.

Variety of crops used to make sadza

Eating traditional foods is now a mantra. As a result, the crops such as sorghum and millet are now commonly used for making sadza. Variations in the food are in a bid to spice these dishes. Needless to mention, that variety is the spice of life. There are many ways to cook staple foods in addition to how they are presented before

The nexus between tradition and staple food

Traditions are not only denoted by the way we speak. Instead, how people conduct their daily lives through the clothes they wear and food they eat all make up a holistic



By Abigirl Phiri-Zimbabwe

summary



Poem Title: Yeah right

By : Abigirl Phiri

The turmoil
Doing cart wheels in your life
Astounded at the beautiful lie
Of a life colored with time's deceit
The faculty of your mind jumbled
Not knowing left from right
Your dry mouth, throat clogged
With untold feelings
And unheard of woes
A lone tear making a trail
On one wizened cheek
Wizened with age
Life is not a bed of roses
Said the distraught man
With a mind of a sewer
Not ready to accept reality
In every bad turn of events
Presented by the passage of time
There is a beautiful present
The chance
To start again
Afresh
Unfazed



THINK LIKE A QUEEN. A QUEEN IS NOT AFRAID TO FAIL. FAILURE IS ANOTHER STEPPING STONE TO GREATNESS.
OPRAH
Oprah.com

POEM



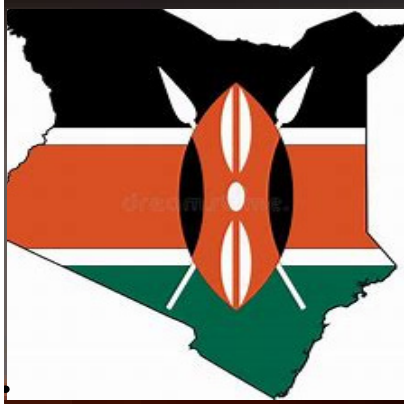
You know, people seldom go to the trouble of scratching the surface of things to find the inner truth.

What is Internal Conflict and how best can you manage it?

Internal Conflict image
Your mind and heart feel like they're split in two. You want to do something, but another part of you is screaming "NO WAY!"
You believe in something, but you just cannot condone an action that belief teaches.
The Self-Love-Journal cover
The Self-Love Journal:
"This is the best journal

I have ever purchased. It is incredibly well-researched and laid out, both visually and content-wise, with deep transformation in mind.
This is a gift for the soul, body and mind. I firmly believe its use can save your spirit on so many levels." – Olivia
If you feel like you're going a little bit crazy, or the confusion is getting

too much to handle, stop right now. Pause what you're doing, close your eyes, and take a deep breath.
For the next minute, focus on your breathing coming in and out. In this article, I hope to help you get to the root of your internal conflict and how to find inner peace of mind.



Julius Kiano

FALLEN HERO

Julius Kiano

Kenya FALLEN HERO



Rest In Peace

DR. JULIUS GIKONYO KIANO

Dr. Gikonyo Kiano became a staunch believer in Harambee, especially for educational purposes.

Dr. Julius Gikonyo Kiano was a perfect blend of an intellectual and a professional politician.

Julius Gikonyo Kiano was born in June, 1926 in Kanyenyaini Location, Murang'a District (then Fort Hall District) of Central Province. His parents Jonathan Kiano and Damaris Wanjiru Kiano, like many African rural families at the time were not rich. Jonathan was 'an informal trader having worked for missionaries' in Nairobi and converting to Christianity. But he appreciated the value of education for his children. So Julius went to school at the early age of eight. He quickly distinguished himself as a brilliant student and it has been that intellectual brilliance that carried him

Julius joined Pioneer Institute in 1948, and then shortly thereafter, Stores College in West Virginia. The following year he got a scholarship to Antioch College, Ohio, where he obtained a Bachelor's Degree in Economics and Political Science in 1952.

Before he left Kenya for the U.S.A., Dr. Gikonyo Kiano had heard a word of advice from a senior Kenyan scholar - Mr. Mbiyu Koinange, the first Kenyan to get an M.A.



Julius Gikonyo Kiano First Kenyan to obtain a Phd. Sunrise 1926 Sunset 2003

through. Julius Gikonyo Kiano went to African Government School Kagumo in 1939.

He was then admitted 'to the prestigious Alliance High School in -1942. In Alliance he performed very well and passed. 'He was then admitted to Makerere University College; though He was reluctant.

He had already made up his mind that he must study for a degree and not a diploma which was the highest qualification Makerere could offer. However, he eventually went to Makerere on the advice of Mr. Mbiyu Koinange and Mr. James Gichuru (former Cabinet Ministers) whom he met at Githunguri Teachers Training College where he taught for two months.

At Alliance, he continued his scouting hobby which he had started at Kagumo and became secretary to the

school troop. More pertinent he became the School Librarian in his final year, 1945 and editor of the Saturday evening paper which was a hand written weekly by the students. This role of editor opened up a new aspect in his life: political interest. It is at this time that Mr. Eliud Mathu, Dr. Kiano's teacher at Alliance was appointed to represent Africans at the Legislative Council (Legco) alongside Rev. Leonard Beecher. As the editor of the student paper Julius questioned the validity of a white man's representation of African interests in the LEGCO. He was nearly kicked out of Alliance.

In Makerere, he constantly yearned for a university degree and read biographies of African Americans who had made it in academia and public life like Dr. Aggrey and Booker T. Washington. He also read

Crisis, a magazine published by the National Association Which carried addresses of Black colleges in the USA. He applied and was admitted at Pioneer Business Institute in Philadelphia. But he had no money.

It was then that for the first time a Harambee was organized in this country for purely educational purposes. The Kenya African Traders and Partners Association (KAFTA) led by Mr. Mwaura Ngoima and Mr. Charles Rubia, and others raised the money.

From that time, Dr. Gikonyo Kiano became a staunch believer in Harambee, especially for educational purposes. to be continued.



By Dr. Jean Kamau
Excerpts from Sms Diary
jean@gmail.com

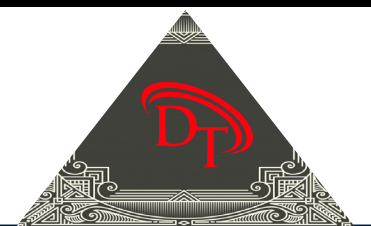
summary



RIP

Thanks to his academic excellence, Julius won university honours fellowship to Stanford University, California for a Master's degree in political science. From Stanford he went to the prestigious University of California at Berkeley where he 'taught' as he worked on his Ph.D., which he obtained in 1956. Thus became the first Kenyan to get a Ph.D. His doctoral thesis was critical of the idea of a Central and Eastern federation which he argued was a delaying tactic for the independence of the African countries concerned and a tool for the continued European domination of the region. showed that Dr. Kiano was already politically alert. Indeed, he spent much of his spare time explaining to groups in the U.S. that the Mau Mau uprising which had started was meant to liberate Kenyans from the colonialists.

Julius Kiano





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"Do not go where the path may lead, go instead where there is no path and leave a trail." -Ralph Waldo Emerson

07

Many of life's failures are people who did not realize how close they were to success when they gave up. -Thomas A. Edison

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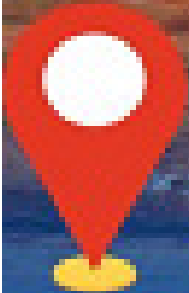
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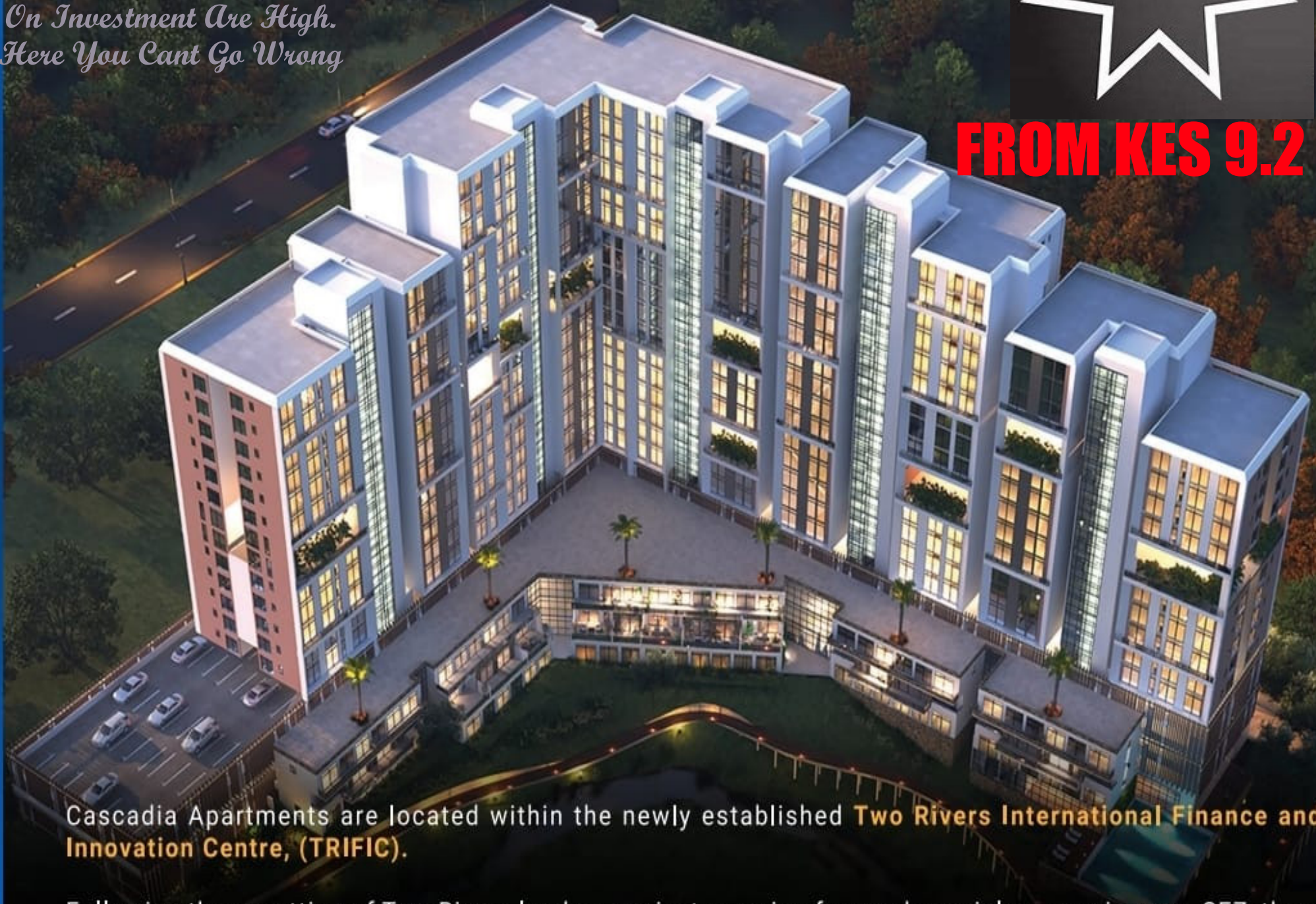
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Kenya and Diaspora

Romans 14:8 - If we live, we live for the Lord, and if we die, we die for the Lord. Therefore, whether we live or die, we belong to God.



Death and funeral Announcements



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NEWS Briefs



HIGHLIGHTS

BIDEN HIGHLIGHTS



As the first lady embarks on a three-day, four-stop battleground state campaign swing, launching the "Women for Biden-Harris" coalition, her role in the reelection effort is becoming clearer. The campaign is looking to use a top surrogate to organize – and mobilize – female voters heading into the general election, all while delivering a clear message about Trump. "Donald Trump is dangerous to women and to our families. We simply cannot let him win," she said in Atlanta.

The first lady is also traveling through Arizona, Nevada and Wisconsin, and she's expected to court Black and Latino communities as the campaign looks to make inroads with those key demographic groups.

Family of brutally slain New York student feels betrayed by prosecutor, allege 'secret plea deal' with suspect.

Hoovler wasn't at the event, even though McDonald's slaying had been among the county's best-known unsolved crimes since her body was discovered in a rural section of Orange County at 1:15 p.m.

In the two decades after Megan McDonald's bludgeoned body was found on a dirt path in upstate New York, her family fought for justice in the unsolved killing. They held anniversary events, placed billboards around their county and maintained a Facebook page, "Justice for Megan McDonald."

But after an arrest in the killing last year, her family turned their attention to an unlikely subject: the prosecutor.

They have accused Orange County District Attorney David Hoovler of trying to stymie the investigation, failing to disclose that he once represented a suspect in McDonald's killing and offering a "secret" plea deal with the man charged with second-degree murder in her death in 2003.

The Whalens said they met Hoover two years ago, at an event for crime victims in Newburgh, New York. There had been news of a possible arrest in McDonald's death, Karen Whalen said, and she was thrilled to meet "the man that is going to hold this case in his hands and find justice for my sister."



Crime cannot go unpunished

ler of trying to stymie the investigation, failing to disclose that he once represented a suspect in McDonald's killing and offering a "secret" plea deal with the man charged with second-degree murder in her death in 2003.

The allegations were detailed in disciplinary complaints that McDonald's sister and mother filed against Hoovler last month with the judicial oversight body that investigates

allegations of prosecutorial misconduct.

In February, McDonald's sister, Karen Whalen, and her husband appeared at a lectern alongside the head of the New York Police Department's detectives union as the group called for state and federal officials to investigate Hoovler over what the group called his "untruthful and evasive" actions. (Karen and Megan's father, who died in 2002, was a detective

with the NYPD.)

Days before the union's news conference, a local reporter revealed a series of explosive allegations after having obtained what was described as an internal New York State Police report detailing the agency's troubled relationship with Hoovler. According to the report, published by USA Today Network New York, state police believed Hoovler had deliberately tampered with the investigation. Share yahoo



Hoovler said in a statement shortly after the announcement that state police had arrested Holley without consulting his office and that police had let him know about the news conference only four hours before it happened. The DA's office had worked tirelessly with state police on the investigation, Hoovler said, adding that it is a "better practice" to consult with prosecutors before pursuing an arrest.

In his email to NBC News, Hoovler said he hadn't pursued charges against Holley because investigators hadn't gathered enough evidence.



Arch Dr. I KINUNGI Behind the vision

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THE FUTURE TODAY

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-Sylvester Stallone

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Dr Isaac Kinity



Abigail Phiri



Memory Phiri

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Diaspora Sunday

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."
- Jeremiah 29:11:

PRAYERS

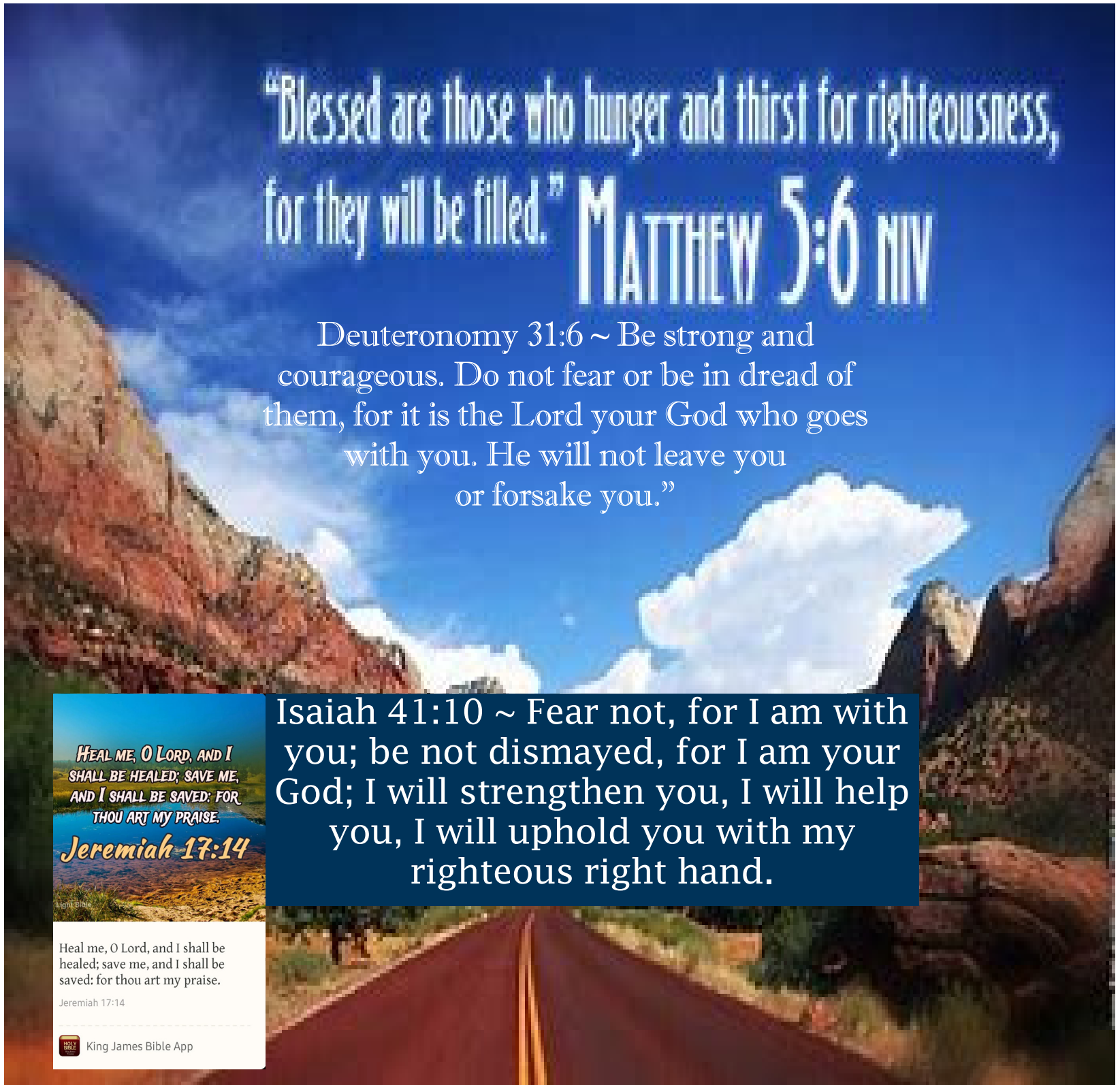
Prayer for a Healthy Cardiovascular and Respiratory System

God of Might, please give me a healthy cardiovascular and respiratory system, so that I don't have any circulation or breathing issues that would damage my well-being. I pray that You will contend with any inherited propensities to heart or lung disease and help me make important changes to my lifestyle to promote healthy circulation and respiration. I praise You for splendid and majestic is Your work, O Lord. Amen.

Prayer for Prosperity of Health

Highly Exalted Lord, I ask for prosperity for my body. Please grant me many years of life, a sound mind, strength to my muscles, bones, heart, and lungs, a powerful immune system, and excellent agility. The healthier I am, the more thoroughly I can do Your work. Lord, I thank You that when I pay attention to Your words and keep them within my heart that they bring health to my whole body. Amen.

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.



Deuteronomy 31:6 ~ Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you."

Isaiah 41:10 ~ Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.



Heal me, O Lord, and I shall be healed; save me, and I shall be saved: for thou art my praise.

Jeremiah 17:14

King James Bible App



The world and its desires pass away, but whoever does the will of God lives FOREVER.

1 John 2:17



Pastor Mukuria

Morning Affirmation
Hebrews 4:1

I urge you to live a life worthy of the calling you have received



Brother Kigume

Commitment counts the cost. What we obtain too cheaply, we esteem too lightly. When you are committed you forsake that which doesn't add value to your life. If you have something that you cannot live without, you don't own it. It owns you.

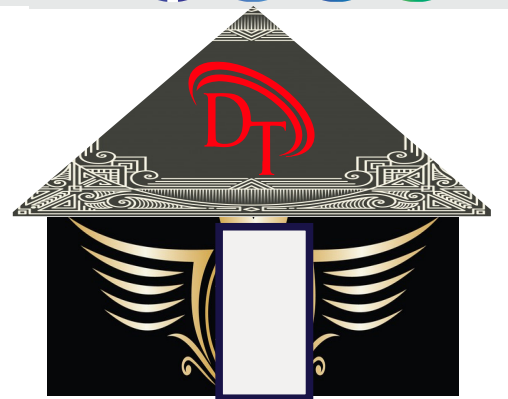


You may say I'm a dreamer, but I'm not the only one. I hope someday you'll join us. And the world will live as one. -John Lennon

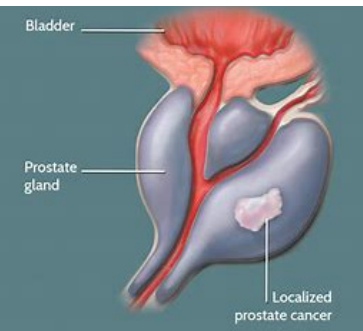
If you set your goals ridiculously high and it's a failure, you will fail above everyone else's success. -James Cameron



Health Tit Bits



GET AN EARLY CHECKUP FOR PROSTATE

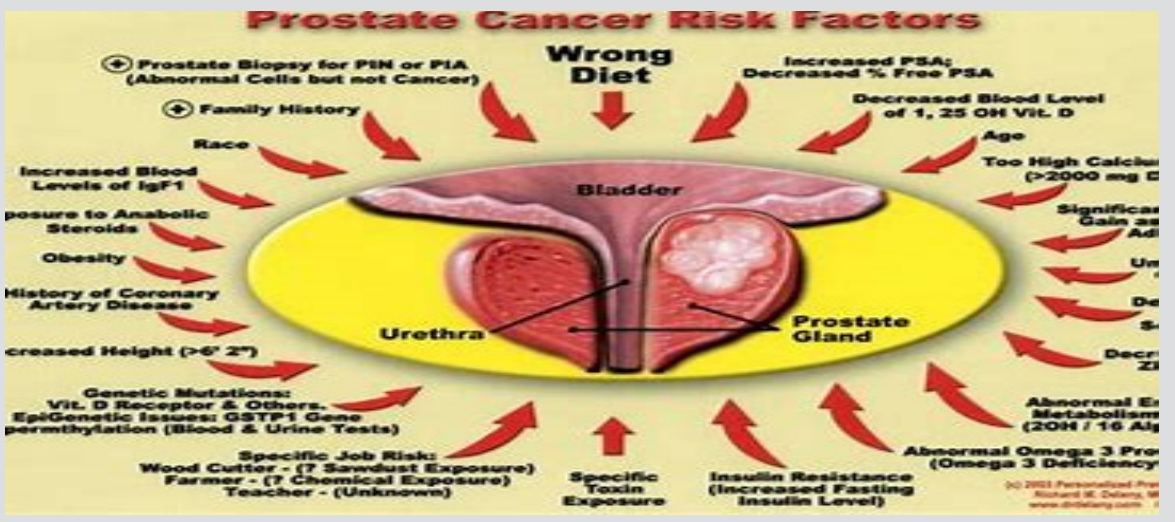


Frequent or urgent need to pee, also called urination. Peeing more often at night.

By Maggie Gonna
mngona@gmail.com
Internet MC sources Share only

summary

Benign prostatic hyperplasia (BPH) is a health issue that becomes more common with age. It's also called an enlarged prostate. The prostate is a small gland that helps make semen. It's found just below the bladder. And it often gets bigger as you get older.



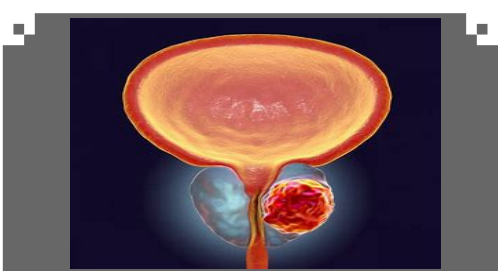
Prostate Cancer common among men over 60 years

An enlarged prostate can cause symptoms that may bother you, such as blocking the flow of urine out of the bladder. It also can cause bladder, urinary tract or kidney problems. Many treatments can help BPH. These include medicines, surgery and other procedures. Your health care provider can help you choose. The right option depends on things such as: Your symptoms. The size of your prostate. Other health problems you might have.

Symptoms
Common symptoms of BPH include:
Frequent or urgent need to pee, also called urination.
Peeing more often at night.
Trouble starting to pee.
Weak urine stream, or a stream that stops and starts.
Dribbling at the end of urination.
Not being able to fully empty the bladder.
Less common symptoms include:
Urinary tract infection.
Not being able to pee.
Blood in the urine.
The symptoms of BPH tend to slowly get worse. But sometimes they stay the same or even improve over time.
The size of the prostate doesn't always determine how serious the symptoms are. Some people with

slightly enlarged prostates can have major symptoms. Others who have very enlarged prostates can have minor problems. And some people with enlarged prostates don't have any symptoms at all. Other possible causes of urinary symptoms
Some other health problems can lead to symptoms that are like those caused by enlarged prostate. These include:
Urinary tract infection.
Inflamed prostate.
Narrowing of the urethra, the tube that carries urine out of the body.
Scarring in the bladder neck due to past surgery.
Bladder or kidney stones.
Problems with nerves that control the bladder.
Cancer of the prostate or bladder.

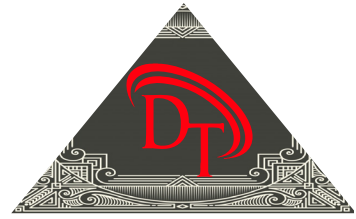
Some medicines also may lead to symptoms that seem like those caused by BPH. These include:
Powerful pain-relieving medicines called opioids.
Cold and allergy medicines.
Older medicines for depression called tricyclic antidepressants.
When to see a doctor
Talk to your health care provider about your symptoms, even if they don't bother you. It's important to find out if there are any causes that could be treated. Without treatment, the risk of a dangerous blockage of the urinary tract can rise.



The most common scale used to evaluate the grade of prostate cancer cells is called a Gleason score. Gleason scoring combines two numbers and can range from 2 (nonaggressive cancer) to 10 (very aggressive cancer), though the lower part of the range isn't used as often.

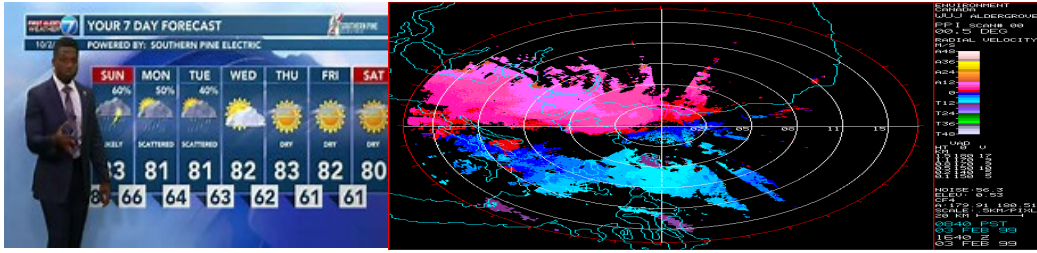
Most Gleason scores used to assess prostate biopsy samples range from 6 to 10. A score of 6 indicates a low-grade prostate cancer. A score of 7 indicates a medium-grade prostate cancer. Scores from 8 to 10 indicate high-grade cancers.

Prostate Cancer



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Do not go where the path may lead, go instead where there is no path and leave a trail. -Ralph Waldo Emerson **18** The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart. -Helen Keller



summary

Temperature, rain, snow, fog and wind are all part of weather. Severe weather events such as tornadoes, tropical storms, hurricanes, cyclones, floods, lightning strikes and extreme weather affect us all. In addition to weather forecasts are ozone levels, changing climate conditions and solar winds. Weather warnings are important forecasts because they are used to protect life and property. People use weather forecasts to determine what to wear on a given day or to plan travel or events. Since outdoor activities are severely curtailed by heavy rain, snow and the wind chill, forecasts can be used to plan activities around these events, and to plan ahead and survive them.

WEATHER



Tornadoes rip off roofs in Kentucky as severe storms slam central US.

Thanks to the timely forecasts and warnings provided by the National Weather Service, people were able to seek shelter,



Dangerous tornadoes tore through the central U.S. Tuesday night, including Kentucky, where reported twisters flattened buildings, ripped off roofs and littered streets with debris. In the last 48 hours, at least 20 tornadoes were reported across nine states: Alabama, Georgia, Tennessee, Illinois, Kentucky, Indiana, Ohio, Oklahoma and Missouri. In Kentucky, where

wind gusts topped 100 mph, the reported twisters flattened buildings, ripped off roofs and littered streets with debris. In Campbell County, Kentucky, just outside of Cincinnati, a young man died in a car accident during the strong storms, Gov. Andy Beshear said at a news conference Wednesday. No major injuries have been reported, Beshear said. Jordan Yuodis, spokesperson for Anchorage Middletown Fire and EMS in Kentucky, told ABC News, "Within a

matter of what seemed like minutes, [the weather] went from about 70-75 degrees and sunny to suddenly pitch black and debris flying." Shortly after 5:15 p.m., officials activated the outdoor warning sirens, Yuodis said. "Within minutes, we started receiving 911 calls of homes damaged, people trapped in their homes, roads being shut down," he said. "We responded to multiple homes where the roofs had been completely taken off," Yuodis said. "The roof from one house went across the street

and ended up into another home." "Thanks to the timely forecasts and warnings provided by the National Weather Service, people were able to seek shelter, which, to our knowledge, has been effective," Louisville Mayor Craig Greenberg said Tuesday night. "I'm pleased to report that as of now, there are no reported injuries or fatalities. ... There is definitely roof damage, significant damage to homes." A state of emergency is in effect in Kentucky.



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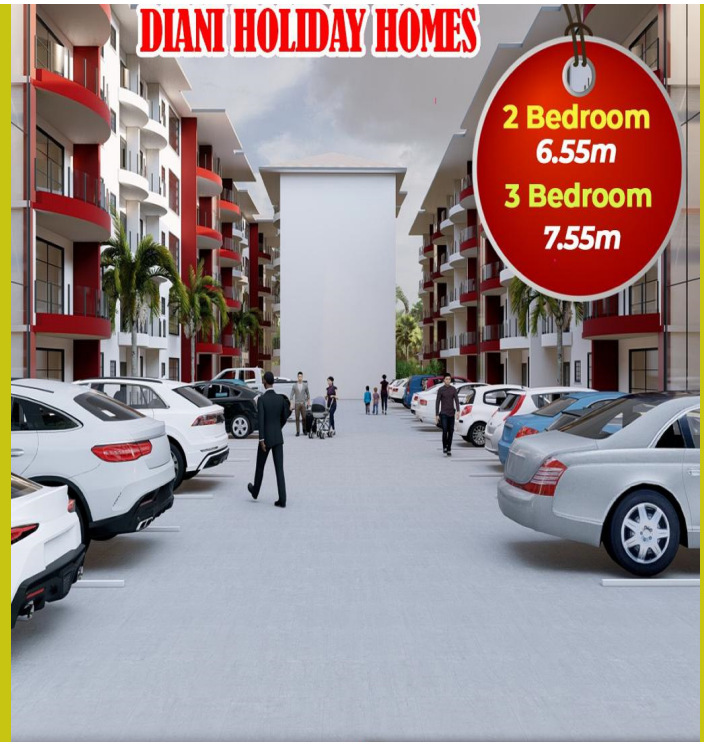
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BACKPAGE

WORLD OF SPORTS

Eagles Have A Real Interest In Signing Giants .



Shared by:
By Tafara
Makusha

The legendary sports radio host and analyst reports that the Eagles are seriously interested in signing former Penn State star Saquon Barkley.

The Eagles need a running back, and three players are testing free agency. A local star could be looking to make a statement to his current team while remaining in the rugged NFC East. Howard Eskin does his bit of news-breaking in Philadelphia. The legendary sports radio host and analyst reports that the Eagles are seriously interested in signing former Penn State star Saquon Barkley. In 14 games last season, Barkley logged 962 yards and six rushing touchdowns, 41 receptions for 280 yards, and four touchdowns for the 6-11 Giants. Barkley would pair well with Kenneth Gainwell while giving Philadelphia



SPORTS WORLD

