

Trump Removes Waltz As National Security Advisor

While it was Defense Secretary Pete Hegseth who disclosed the specific military plans on the Signal thread, it was Waltz who created the group and inadvertently invited a journalist to read along.



National Security Adviser Michael Waltz

President Donald Trump will replace his National Security Adviser, Mike Waltz, and nominate him to be Ambassador to the United Nations. He announced on Thursday marking the first major personnel shake-up of his second term. Waltz and his deputy Alex Wong are set to leave their posts weeks after a bombshell report revealed Waltz used the encrypted messaging app Signal to coordinate a sensitive military strike against Houthi militants in Yemen.

Demoralize the enemy from within by surprise, terror, sabotage, assassination. This is the war of the future -Adolf Hitler

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HIGHLIGHTS





In today’s world where people play act for their benefit and gain. It’s really wise to be always alert about people’s motives. Others might coin this as paranoia but then it’s better to be safe than sorry. Dealing with cunning individuals is a very sticky situation. You will be hoodwinked by the nose that you won’t know what has hit you even if you see it *Cont. Page 5*

Succession, Legacy and the Future of Kenyan Evangelical Churches.

As analyzed By Kamau Wa-Ikui-P.13



STOP HAITI FUTILE MISSION

Special Edition - Open letter to President Ruto

SUBJECT: Unequivocal and Uncompromising Demand for the Immediate Withdrawal of Kenyan Police Officers from Haiti – A National Indictment of Betrayal, Arrogance, and Blood-Stained Leadership.
To President William Samoei Ruto and the Enablers of This Catastrophe in the National Assembly,



Prof. Peter Ndiang'ui
Fort Myers Florida

Writer is a Senior Editor at The
 Diaspora Times

I write with volcanic anger and the broken heart of a patriot witnessing his country auctioned to foreign interests and his people treated like expendable cargo in a neo-colonial transaction. Let there be no misunderstanding—this Haiti deployment is not and

was never a peacekeeping mission. It is a treasonous act of subservience, political cowardice, and outright betrayal of the Kenyan nation.

You have failed the Constitution. You have failed our security officers. And you have failed the soul of this republic.

Mr. President, you forced this mission down our throats with contemptuous arrogance, ignoring Parliament, trampling on public dissent, and treating Kenya like your personal fiefdom. You bypassed every legitimate structure of democracy to impress your foreign handlers in Washington—handlers who now, in spectacular fashion, have disowned you and your mission, as made crystal clear in the United States' official statement to the UN Security Council on April 21, 2025.

Kenya's officers were thrown into the burning wreckage of a collapsed state with no clear mission, no strategic support, and no backup. You sent them like sheep to slaughter in gang-infested streets—armed not with tactical preparation, but with propaganda and presidential delusion.

And now? The empire you bowed to has walked away. The United States has openly declared it will no longer fund or support the Multinational Security Support mission. The very rope you used to hang Kenya's dignity has now snapped—and our officers are dangling alone, abandoned and betrayed by both foreign allies and their own government.

Let me ask you plainly, Mr. President: Where are the casualty lists? Where are the wounded? Where are the dead?



Why have their families been met with silence while you posture for cameras and international approval?

Your silence is a cover-up. Your cowardice is criminal. Your presidency is now soaked in the blood of those who trusted you.

This is no longer about poor judgment—this is about blood guilt. And to every MP who stood by silently as this shame unfolded, your names will be remembered in infamy as co-conspirators in one of the darkest episodes of our post-independence history.

Mr. Ruto, your hands are red – colored by the blood of those you sacrificed for your ego.

Your conscience, if it exists, must now be scorched by the cries of families who may never see their sons again—sacrificed not for country, but for your personal political theater.

Kenya is not a plantation. Our police officers are not mercenaries. And we are not a beggar nation to be exploited at will by your ego or the whims of foreign powers.

You must:

. Recall every single Kenyan officer from Haiti immediately.

. Apologize publicly to their families and to the nation.

. Declare, in plain language, that this mission was a catastrophic mistake.

. And if you cannot do all that—RESIGN.

And to Parliament: if the President refuses to comply—you have a constitutional duty to act. The time for silence is over. The time for action is now.

I hereby call upon the National Assembly to immediately begin impeachment proceedings against President William Ruto should he fail to withdraw the remaining Kenyan officers from Haiti or tender his resignation.

Impeach him for violating the Constitution. Impeach him for abusing his powers. Impeach him for endangering the lives of our citizens without consent, oversight, or strategy. Impeach him for turning Kenya into a hired gun for foreign interests.

Let this Parliament not be remembered as a rubber-stamp chamber of cowards. Let it reclaim its dignity and rise to

meet this moment with courage.

You have the power. Use it—or be remembered as co-authors of this bloody chapter.

Mr. President, this is your final warning. History is watching. The world is watching. And the people of Kenya will not forget.

Read the very statement that marked the collapse of your puppet show:

Ambassador Dorothy Shea's Statement to the UN Security Council

Bring our officers home.

Or step down. And if neither, be impeached. Kenya deserves better. And Kenya will rise.

With grief and unwavering loyalty to the people of Kenya, I remain,

Prof. Ndiang'ui
 Fort Myers, Florida
 United States of America
 Senior Diaspora Times
 Correspondents



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President Ibrahim Traoré of Burkina Faso

Thousands of people rallied in Burkina Faso's capital Ouagadougou on Wednesday in support of the military junta after an alleged coup attempt and comments by an American official criticizing junta leader Ibrahim Traore.

Last week, the West African country's military government said it foiled a "major plot" to overthrow junta leader Capt. Ibrahim Traore, with the army alleging the plotters were based in neighboring Ivory Coast.

Earlier this month, Gen. Michael Langley, the head of U.S. military in Africa, accused Traore during a U.S. Senate committee hearing of using Burkina Faso's gold reserves to benefit the junta at the expense of the population. Crowds of protesters gathered at the Place de la Revolution in Ouagadougou on Wednesday, chanting "Long live Captain Traore!" with some holding banners showing a photo of Gen. Langley with the word "slave" written on his head.





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ene Gikũyũ-inĩ nĩ wakoragwo na itũika ria nathanĩre, ũika ria Mwangi rigatigira ia Maina/ĩrũngu ũthamaki, nyamũ cia githaka hĩa na kanya ka mbaki mũhuhi wa rũhĩa

ĩworagia nĩrĩ, ĩno nĩyo ngathĩti yaragia ma,taikĩria arata akũ mathome nĩgetha makĩmenye o kaũndũ.

MŪGAMB WA KĪRĪNYAGA

Vaica kehiri nowe waica keruti ** Menyererai rũthiomi rwitũ rũtikanahuke

Mũgambo wa mũingĩ niguo mũgambo wa Ngai ** Mweri Wa Kihu-02/17/2025 Vol. 42

Hihi Raila Nĩ Egũcuria Macembe?

Muoyo ũmoyokaga mũtonyano-inĩ, wa maũndũ ta mũtonyano wa mũndũ na macigĩrĩria.



LAUGHTER THE MEDICINE

BEST

A young man came from the parking lot and tried to cut in at the front of the line, but an old lady beat him back into the parking lot with her cane.

He returned and tried to cut in again but an old man punched him in the gut, then kicked him to the ground and rolled him away. As he approached the line for the third time he said, "Look, if you don't let me unlock the damn door you're never going to get in there!"

LAUGHTER-

In Jerusalem, a female journalist heard about a very old Jewish man who had been going to the Wailing Wall to pray, twice a day, everyday, for a long, long time. So she went to check it out.

She went to the Wailing Wall and there he was!

She watched him pray and after about 45 minutes, when he turned to leave, she approached him for an interview.

"Sir, how long have you been coming to the Wall and praying?"

"For about 60 years."

"60 years! That's amazing! What do you pray for?"

"I pray for peace. I pray for all the hatred to stop and I pray for all our children to grow up in safety and friendship."

"How do you feel after doing this for 60 years?"

"Like I'm talking to a wall!"

My grandfather told me this one not long before he died

A man is in his boat out on the lake with a bucket full of fish that he had just caught. A wild-

life officer spots him and pulls his boat up alongside. Seeing the bucket of fish in the man's boat, the wildlife officer asks to see his fishing license.

The man tells the officer that he doesn't need a fishing license.

The wildlife officer looks down at the bucket and says "you definitely need a license to be catching fish, I can see that you've been fishing today. You have live fish right there."

The man says "oh no, those are my pet fish. I just brought them out here for the day to enjoy the lake."

"Pet fish?" Replied the wildlife officer

"Oh absolutely, I let him out of the bucket and they swim around and play, but when I whistle they all jump right back in. They are very well trained."

The wildlife officers scratches his chin, then says. "I've never heard such a. Well I've got to see this."

The man dumps the bucket of fish into the lake, then calmly turns and looks at the wildlife officer.

The wildlife officer says. "Well, call them back."

The man says "call who back."

The wild life officer says "your pet fish."

"What fish?" Replied the man.

The secret to a long life

A tough old cowboy from Texas counseled his granddaughter that if she wanted to live a long life, the secret was to sprinkle a pinch of gun powder on her oatmeal every morning.

The granddaughter did this religiously until the age of 103, when she died.

She left behind 14 children, 30 grandchildren, 45 great-grandchildren, 25 great-great-grandchildren, and a 40-foot hole where the crematorium used to be.

Two priests were driving in a car during a pouring rainstorm when they got a flat tire. They got out to change the tire, but just as they started a man pulled up and said "Father, you should wait in the car where it's dry. I'll change the tire for you."

The priest agreed but told the man to make sure the lug nuts were on tight. So the two priests

sat in the car while the man changed their tire. After a bit, he knocked on the window and said the were 'good to go'.

The priest asked the man, "Are those nuts on tight?"

The man replied "Tight as a nun's cunt." Then the man remembered who he was talking to and apologized saying "Yes. Yes. The nuts are tight."

After the man had driven off the one priest turned to the other priest and said:

"Do you think we should check those nuts?"

Shared by Robert Leeds, Texas



STOP PRIMATIVE BARBARIC ABDUCTIONS.



June-25th-2024- Was A Sad Day In Kenya

* You can rebuild destroyed Cities but not lost life *



Article By Abigirl Phiri- Zimbabwe



Lovebombing and gaslighting that leads to being ghosted.

Gaslighting is the preamble to being completely being ignored. You won't receive any call, text or email. It will seem like time has come to a standstill and all this had been make believe made in your head.

ADVICE- In today's world where people play act for their benefit and gain. It's really wise to be always alert about people's motives. Others might coin this as paranoia but then it's better to be safe than sorry. Dealing with cunning individuals is a very sticky situation. You will be hoodwinked by the nose that you won't know what has hit you even if you see it

Gaslighting is the preamble to being completely being ignored. You won't receive any call, text or email. It will seem like time has come to a standstill and all this had been make believe made in your head. The individual in question will drop off the face of earth like they never existed and your life turns to become bleak.

coming. These individuals have mastered this craft to an extent the victim won't discern what is reality from what is fiction.

It first starts as lovebombing whereby the victim is lavished with attention that will have one going weak in the knees. The whole episode will look like something out of a fairy tale. One will eventually fall for this even if it's against your better judgement. It's in the human nature to give in to people who treat us nice. To be heard whilst people are busy with their every day lives is a blessing from heaven. Before you know it you will be head over heels in love. In fact you will be thinking you are in cloud nine. Realisation won't dawn on you that this individual has an ulterior motive and is leading you on a goose chase. Only the power of a heart break will open your eyes that you have been taken on a fool's ride all along. Thus one should make it a point to be aware of the other person behaviour and take note of any early warning signs or red flags in these relationships. Usually a leopard doesn't lose its spots.

Also for such a pretentious person it will be hard for them

to keep on being in character. At some point their mask will come and fall off. With lovebombing these individuals will be on your beck and call, giving your undivided attention, showering you with presents and making you feel valued. When the emotional connection they seek is present then they will eventually turn on you and show you their true colours. You would have fallen deep in love with them to understand what's really going.

Even your close circle of family and friends if they point you out these little details to you it will seem like they are throwing stones to a glass house. Yet the irony of it is that they will be alerting you to open your eyes whilst there is still time before the hoodwinker does a number on you. They will be harboring your best interests at heart but to the victim they will only look as if enemies of progress. If they are ladies they will play dumb and hard of hearing to the point of secluding their family and friends because of love.

Unfortunately at the end through tears they will realise how bad they had got it and how the hands of time can't

be turned back. As a result one will end up feeling used and acting as if crazy as it would be hard to grasp with reality that people tend to be wolves hiding in sheep's skins.

Gaslighting is the preamble to being completely being ignored. You won't receive any call, text or email. It will seem like time has come to a standstill and all this had been make believe made in your head. The individual in question will drop off the face of earth like they never existed and your life turns to become bleak. The long and short of it is like the light in your life has been turned off. Depression kicks in coupled with anxiety.

Mentally you won't be ok. Any forms of communication they will cut and bar you from accessing them anymore. This is the hardest time to travest in one's life especially if you had secluded your family and friends. You will then find yourself lonely and going through a lot. Not being acknowledged by someone you knew hits hard in the gut. But reality check is let's be wary of people we let in our lives. Not all of them have good intentions. Some are on

a mission to destroy you and continue with their happy lives like nothing amiss happened. Personally I think this is cruel of them but it is what it is. You have to learn to suck up hardships and continue with life as if nothing amiss happened.

In most cases these individuals would have messed up with your plans as you would have been planning including them whilst they had no motive of staying for long. As difficult it is to perceive of what the future holds for us still one should be cautious in how they handle their lives. Not all people are good hearted treasured readers. Thus may we have the ability to discern the way the relationship will be going early before things turn sour. This will save you a lot of trouble. Rugare treasured readers.

By Abigirl Phiri- Zimbabwe
Senior correspondent
The Diaspora Times.



Take time to appreciate different people with the characteristics that define them. You will be surprised at what will be in store for you.

Abigirl Phiri

We can't become what we need to be by remaining what we are.

- Oprah Winfrey



George Moseti Anyona.

By Dr. Jean Kamau
Excerpts from Sms Diary
jean@gmail.com

George Moseti Anyona (1945–2003) was a politician from Kenya.

Despite being born to peasant parents, Anyona rose to prominence in the Kenyan political landscape to be thrice elected to the Kenyan Parliament representing the people of Kitutu East (later renamed Kitutu Masaba) constituency. He shared an ideological viewpoint and was a close political confidant of the first vice-president of Kenya, Jaramogi Oginga Odinga. Anyona's name remains dominant among Kenya's political personalities because he is perceived by a large section of Kenyans as a brave man, who was strong enough to challenge the Kenya African National Union (KANU) government at a time when it was almost suicidal to do so. He forged a reputation as a principled politician who championed free expression of thought, democracy and a just and equal society. He lived a modest life, never seeking to enrich himself from the offices he held and abhorred the culture of corruption and worship of money that prevailed in the country.

Early life

Anyona was born in 1945 in Tombe Village, Kitutu Masaba, Kenya.

He attended Tombe Primary School from 1952 to 1954 and Sengera Intermediate School from 1955 to 1958 before proceeding to the prestigious Alliance High School where he schooled from 1959 to 1964 and served as Deputy School Captain. From Alliance, he proceeded to Makerere University, Uganda where he studied Political Science, English, Economics and History between 1965 and 1968, graduating with Bachelor of Arts (Hons) and serving as President of the Kenya Makerere Students Union in 1967. Upon returning from Uganda, Anyona worked as an Assistant Secretary in the Office of the President between 1968 and 1970, as the Secretary General of the Kenya Red Cross Society in 1970 and as Nairobi Airport Manager then District Sales Manager for British Overseas Airways Corporation (BOAC) later renamed British Airways in Nairobi from 1970 to 1974.

Rise to politics

In 1974, he contested and won the then Kitutu East Parliamentary seat. He quickly established a reputation as a fearless firebrand and for thorough research before presenting issues in parliament, coming to be referred to as a 'one-man backbench' after parliament was neutered following the murder of JM Kariuki and the detention of then Deputy Speaker and Tinderet MP Jean Marie Serooney and Butere MP Martin Shikuku.

Anyona's political troubles began in 1977 when he was arrested within the precincts of parliament (an illegality in itself) for questioning the award of a tender for the supply of wagons to the then East African Railways and Harbours Corporation and detained without trial at Manyani Prison by then President Jomo Kenyatta. He was released a year later by President Daniel arap Moi soon after he assumed power following the death of President Kenyatta. His attempts to resume representative politics were thwarted when he was barred from contesting his old parliamentary seat in the 1979 General Elections and from contesting trade union elections as a candidate for the post of Secretary General of the Transport and Allied Workers Union in 1980.

Anyona would again be arrested in 1981 and charged with sedition but the charges were eventually withdrawn by the state. In 1982, this time with his longtime friend and veteran politician Jaramogi Oginga Odinga and several others, he attempted to form a political party Kenya African Socialist Alliance (KASA) to challenge the ruling party KANU.

He was arrested on the way to the Intercontinental Hotel Nairobi to hold a press conference to announce the formation of the party and was detained without trial on 2 June 1982 and incarcerated at Kamiti and Shimo La Tewa Prisons; Jaramogi was later placed under house arrest in August 1982. Anyona was also expelled from the ruling party KANU. Shortly after Anyona was detained, his lawyer John Khaminwa was also detained without trial and a crackdown followed that targeted university lecturers, student leaders, politicians, lawyers and journalists. KANU, sensing the danger the two politicians had posed, immediately sought to change the constitution. The result was the passing of a constitutional amendment making Kenya a de



facto one-party state the same year.

Anyona was released from detention in 1984 but his attempts to resume active politics were thwarted by the state when he was barred from contesting KANU branch elections in 1985, trade union elections in 1986, the Kitutu East (Masaba) parliamentary seat in the 1988 General Elections and Speaker of the National Assembly in 1988. He teamed up with his friend Jaramogi in 1990 during the clamour for multi-party democracy in Kenya; to many Kenyans, this was one battle Anyona and Jaramogi could not shy away from because they were the ones who started it in 1982. Anyona was however arrested at a Nairobi pub and charged with sedition. Others arrested with him included Professor Edward Oyugi, Isiah Ngotho Kariuki, and Augustus Njeru Kathangu.

The experiences they went through included torture at the infamous Nyayo House torture chambers in Nairobi. After a marathon trial, they were jailed for fifteen years running concurrently for seven years on charges of scheming to overthrow the Kenyan government and being in possession of seditious and proscribed publications.

According to some documents presented in the trial, it was alleged that Anyona had gone as far as preparing a shadow

cabinet to take over after he overthrew the government. However, it was later revealed by an Assistant Minister in the Office of the President, John Keen, that these allegations were nothing but government fabrications, aimed at silencing Anyona. In 1992, after filing appeals against their sentences, the four were released on bail. On 20 May 1992, they were freed when the state opted not to oppose their appeals.

In the 1992 Multi-Party General Elections, he easily won the Kitutu Masaba Constituency parliamentary seat, becoming the only member of parliament from the KSC. He also stood as a presidential candidate in the same elections and came out 5th. He served as the Chairman of the Public Investments Committee (PIC) of the national assembly for 1993/1994 and was re-elected as a member of parliament in 1997 for another 5-year term.

Anyona died on 4 November 2003 in a car crash on Lusaka Road in Nairobi.

Rest In Power

*Man
cannot live without
some knowledge of the purpose of
life. If he can find no purpose in life
he creates one in the inevitability
of death.— Banksy*

06

Two major law firms urge judges to permanently block Trump's executive orders



Two major law firms asked separate judges Wednesday to permanently block President Donald Trump's executive orders that were meant to punish them and harm their business operations.

The firms — Perkins Coie and WilmerHale — say the orders are unconstitutional assaults on the legal profession threaten their relationships with clients and retaliate against them based on their past legal representations or their association with particular attorneys whom Trump perceives as his adversaries.

Courts last month temporarily halted enforcement of key provisions of both orders, but the firms asked in court Wednesday for the edicts to be struck down in their entirety and for judges to issue rulings in their favor. Another firm, Jenner & Block, is scheduled to make similar arguments next week and a fourth, Susman Godfrey, is set to make its case next month.

U.S. District Judge Beryl Howell did not immediately rule on the firm's request, but she repeatedly expressed deep unease over the executive order, signaling that she was inclined to side with Perkins Coie.

She grilled a Justice Department lawyer over the government's plans to suspend the security clearances of lawyers at the firm and asked him to respond to the suggestion that the blacklisting of disfavored law firms

Judge blocks Trump push to cut funding to public schools over diversity programs.

Earlier this month, it ordered states to gather signatures from local school systems certifying compliance with civil rights laws, including the rejection of what the federal government calls “illegal DEI practices.”



WASHINGTON DC-

A federal judge on Thursday blocked Trump administration directives that threatened to cut federal funding for public schools with diversity, equity and inclusion programs.

The ruling came in a lawsuit brought by the National Education Association and the American Civil Liberties Union, which accused the Republican administration of giving “unconstitutionally vague” guidance and violating teachers’ First Amendment rights.

A second judge on Thursday postponed the effective date of some U.S.

Education Department anti-DEI guidance, ruling in a separate case filed by the American Federation of Teachers in Maryland.

In February, the department told schools and colleges they needed to end any practice that differentiates people based on their race. Earlier this month, it ordered states to gather signatures from local school systems certifying compliance with civil rights laws, including the rejection of what the federal government calls “illegal DEI practices.”

The directives do not carry the force of law but threaten

to use civil rights enforcement to rid schools of DEI practices. Schools were warned that continuing such practices “in violation of federal law” could lead to U.S. Justice Department litigation and a termination of federal grants and contracts.

U.S. District Court Judge Landya McCafferty in New Hampshire said the April letter does not make clear what the department believes a DEI program entails or when it believes such programs cross the line into violating civil rights law. “The Letter does not even define what a ‘DEI program’ is,” McCafferty wrote.

The judge also said there is reason to believe the department's actions amount to a violation of teachers' free speech rights.

“A professor runs afoul of the 2025 Letter if she expresses the view in her teaching that structural racism exists in America, but does not do so if she denies structural racism’s existence. That is textbook viewpoint discrimination,” McCafferty wrote. Shared from AP by Jeff Kloe

In rare rebuke of Putin, Trump urges Russia to 'STOP!' after deadly attack on Kyiv



WASHINGTON- President Donald Trump on Thursday offered rare criticism of Vladimir Putin, urging the Russian leader to “STOP!” after a deadly barrage of attacks on Kyiv, Ukraine’s capital.

“I am not happy with the Russian strikes on KYIV. Not necessary, and very bad timing. Vladimir, STOP! 5000 soldiers a week are dying.” Trump said in a post on his Truth Social platform. “Lets get the Peace Deal DONE!”

Russia struck Kyiv with an hours-long barrage of missiles and drones. At least 12 people were killed and 90

were injured in the deadliest assault on the city since last July.

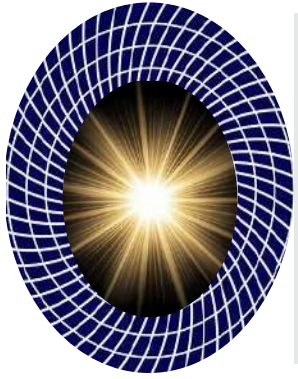
Trump's frustration is growing as a U.S.-led effort to get a peace agreement between Ukraine and Russia has not made progress.

The comments about Putin came after Trump lashed out at Ukrainian President Volodymyr Zelenskyy on Wednesday and accused him of prolonging the “killing field” by refusing to surrender the Russia-occupied Crimean Peninsula as part of a possible deal. Russia illegally annexed that area in 2014.

Shared By Rose Kliv.

"Do not go where the path may lead, go instead where there is no path and leave a trail." -Ralph Waldo Emerson

Many of life's failures are people who did not realize how close they were to success when they gave up. -Thomas A. Edison



Vance issues Ukraine ultimatum after Rubio snubs key London meeting.

London's Foreign Office then confirmed on Wednesday that the meeting would take place at a lower level. "Official level talks will continue but these are closed to media," the department said in a message to journalists.

USA- A major meeting in London aimed at bringing about an end to Russia's war in Ukraine has been downgraded after US Secretary of State Marco Rubio said he would skip the summit, escalating a clash between Washington and Kyiv over the future of Russian-occupied territory. Rubio had been expected to take part in the discussions with Ukrainian, UK and European officials, but State Department spokesperson Tammy Bruce said Tuesday that he would no longer attend due to "logistical issues."

London's Foreign Office then confirmed on Wednesday that the meeting would take place at a lower level. "Official level talks will continue but these are closed to media," the department said in a message to journalists.

The developments throw new uncertainty over the diplomatic efforts to end Russia's war. The United States has become increasingly steadfast in its push to force Kyiv to an agreement, but Ukraine is adamant that it will not give up Crimea, which has been occupied by Russia since 2014, or parts of eastern Ukraine that were captured following Moscow's full-scale invasion in 2022.

US Vice President JD Vance threatened to abandon negotiations on Wednesday, telling reporters during a visit to India: "We've issued a very explicit

proposal to both the Russians and Ukrainians, and it's time for them to either say yes or for the US to walk away from this process. We've engaged in an extraordinary amount of diplomacy, of on the ground work." But Ukraine's European allies, particularly Britain and France, have been hoping to bridge the divide. Wednesday's talks were due to follow a meeting in Paris last week in which officials from the US, the United Kingdom, France and Germany discussed the American framework for a ceasefire.

After Rubio reversed plans to attend the latest talks, Bruce said President Donald Trump's special envoy for Ukraine and Russia, Keith Kellogg, would represent the US in London instead.

The US proposal that has caused deadlock includes recognizing Russia's control of Crimea, the southern Ukrainian peninsula illegally annexed by Moscow, an official familiar with the framework told CNN. It would also put a ceasefire in place along the front lines of the war, the official said.

Any move to recognize Russia's control of Crimea would reverse a decade of US policy. Ukraine's President Volodymyr Zelensky made clear Tuesday that he was open to talks with Russia, but that Kyiv would not accept a deal that recognizes Moscow's control of Crimea.



"Ukraine will not legally recognize the occupation of Crimea," he told reporters. "There is nothing to talk about. It is against our constitution." Asked to clarify about whether he meant the US wanted to freeze the territorial lines where they are, Vance said Wednesday, "No, I didn't say that. What I said is the current line, somewhere close to them is where you're ultimately, I think, going to draw the new lines in the conflict. Now of

course, that means the Ukrainians and the Russians are both going to have to give up some of the territory they currently own. There's gonna have to be some territorial swaps." Meanwhile, the war has resumed with full force this week, following a surprise ceasefire over the Easter weekend that both sides accused each other of breaching. On Wednesday, Ukrainian authorities said nine people were killed and at least 30 wounded

when a Russian drone struck a bus carrying people to work near the city of Marhanets in the Dnipropetrovsk region. Share from a CNN report by Joe Rob

In the 70's Gacamba, a jua kali bicycle repairer, made an aeroplane, he termed KENYA ONE. It flew for ten minutes or so. You would think that an African government would have come to his aid, and give him help to develop his skills?

Instead, the Attorney General had Gacamba arrested and then warned never to fly an aeroplane without an aviation licence. Charles Njonjo is famous for swearing never to fly in an aeroplane piloted by an African.

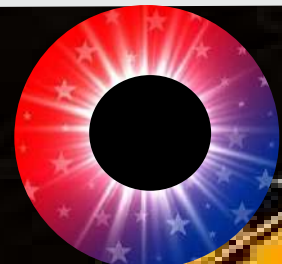
Ngugi Wa Thiong'o



"A 'no' uttered from the deepest conviction is better than a 'Yes' uttered merely to please, or worse, to avoid trouble."



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is the Diaspora Voice
and the voice of God.*



You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose. -Dr. Seuss

"If life were predictable it would cease to be life and be without flavor."
-Eleanor Roosevelt

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Garrett Augustus Morgan Sr.

Morgan conducted experiments with a liquid that gave sewing machine needles a high polish, that prevented the needle from burning fabric as it sewed. In 1905, Morgan accidentally discovered that the liquid could straighten hair. After he discovered this, he wiped the liquid on a piece of pony fur cloth and it stood straight. He observed that the liquid worked on his neighbor's dog and his own hair.

BLACK HISTORY- Garrett Augustus Morgan Sr. was an American inventor, businessman, and community leader. His most notable inventions were a type of three-way traffic light in 1923, and a protective 'smoke hood' notably used in a 1916 tunnel construction disaster rescue. Morgan also discovered and developed a chemical hair-processing and straightening solution. He created a successful company called "G. A. Morgan Hair Refining Company" based on his hair product inventions and a complete line of hair care products. He was involved in African Americans' civic and political advancement, especially in and around Cleveland, Ohio.

Early life and education

Morgan was born in 1877 in Paris, Kentucky, an almost exclusively African American community. His father was Sydney Morgan, a son and freed slave of Confederate General John H. Morgan of Morgan's Raiders. His mother, also a freed slave, was Elizabeth Reed, daughter of Rev. Garrett Reed: she was part Native American. Garrett Morgan was the seventh of eleven children. Morgan received a sixth grade education at Branch Elementary School in Claysville, Kentucky. At age 14, he moved in search of work to Cincinnati, Ohio.

Career

Morgan spent most of his teenage years working as a handyman for a Cincinnati landowner. Like many African American children growing up at the turn of the century, he had to quit school at a young age to work full-time. Morgan hired a tutor and continued his studies while working in Cincinnati. In 1895, he moved to Cleveland, where he began repairing sewing machines for a clothing manufacturer. This experience sparked Morgan's interest in how things worked, and he built a reputation for fixing them. His first invention, made during this period, was a belt fastener for sewing machines. Mor-

gan also invented a zigzag attachment for sewing machines.

In 1907, Morgan opened a sewing machine shop. In 1908, more conscious of his heritage, he helped start the Cleveland Association of Colored Men. In 1909, he and his second wife, Czech-immigrant Mary Anne Hassek, opened Morgan's Cut Rate Ladies Clothing Store. The shop made coats, suits, dresses, and other clothing, and ultimately had 32 employees.

Around 1910, his interest in repairing other people's inventions waned, and he became interested in developing some of his own. He received his first patent in 1912. In 1913, he incorporated hair care products into his growing list of patents and launched the G. A. Morgan Hair Refining Company, which sold hair care products, including his patented hair straightening cream, hair coloring, and a hair straightening comb invented by Morgan.

In 1914, he patented his smoke hood design, also known as a 'breathing device'. In 1914, he launched the National Safety Device Company. The invention earned him the first prize at the Second International Exposition of Safety and Sanitation in New York City." In 1916, Morgan rescued workers trapped in a water intake tunnel 50 ft (15 m) beneath Lake Erie, using the smoke hood to protect his eyes from smoke and featuring a series of air tubes that hung near the ground to draw clean air beneath the rising smoke.

In 1923, Morgan designed a traffic signal after witnessing a horrible crash at an intersection. His manually-operated design included moving arms featuring signals for "go" and "stop". He eventually sold the rights to General Electric for \$40,000.

Later in life he developed glaucoma. By 1943 was functionally blind. He had poor health the rest of his life, but continued

Garrett Morgan invented a "safety hood smoke protection device" after seeing firefighters struggling to withstand the suffocating smoke they encountered in the line of duty. His device used a moist sponge to filter out smoke and cool the air. It took advantage of the way smoke and fumes tend to rise to higher positions while leaving a layer of more breathable air below, by using an air intake tube that dangled near the floor. The hood used a series of tubes to

draw clean air of the lowest level the tubes could extend to. Smoke, being hotter than the air around it, rises, and by drawing air from the ground, the Safety Hood provided the user with a way to perform emergency respiration. In 1912, he filed for a patent for the device. In 1914, he founded a company called the National Safety Device Company to market it. He was able to sell his invention around the country, sometimes using the tactic of hiring a white actor.



(March 4, 1877 – July 27, 1963)

to work on his inventions. One of his last was a self-extinguishing cigarette, which used a small plastic pellet filled with water placed just before the filter. He died on July 27, 1963, at age 86. He is buried at the Lake View Cemetery in Cleveland.

Hair care products

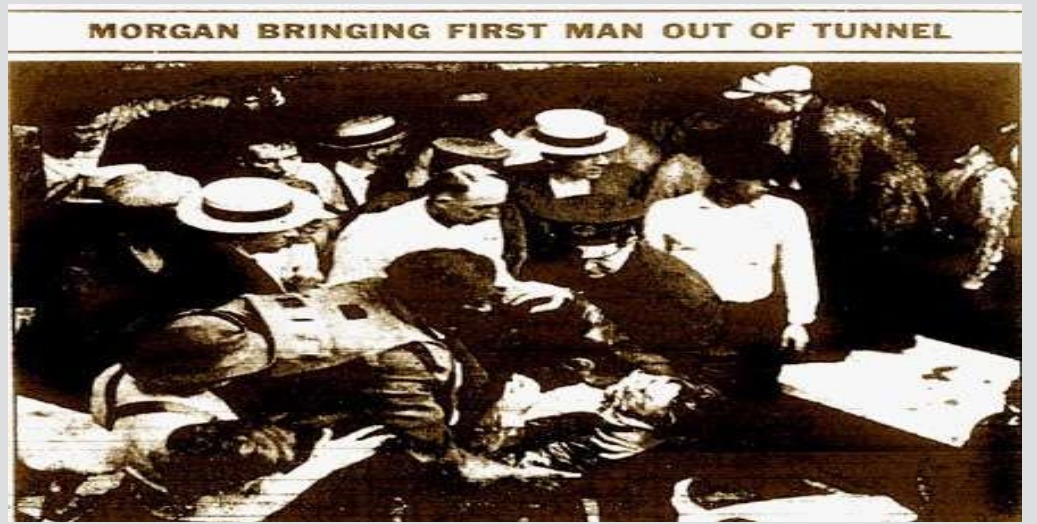
Morgan conducted experiments with a liquid that gave sewing machine needles a high polish, that prevented the needle from burning fabric as it sewed. In 1905, Morgan accidentally discovered that the liquid could straighten hair. After he discovered this, he wiped the liquid on a piece of pony fur cloth and it stood straight. He observed that the liquid worked on his neighbor's dog and his own hair.

He made the liquid into a refining cream and launched the G. A. Morgan Hair Refining Company to market it. Morgan received great success and added other products including "hair-growing" cream, black hair oil dye, and a curved-tooth comb for hair straightening in 1910.

Traffic signal

Main article: History of traffic lights

Following the success of his company, Morgan became a well-known citizen in Cleveland and achieved financial success leading to his purchasing of a new automobile. In 1922, he witnessed an accident between a horse-drawn carriage and a car which sparked inspiration to prevent future accidents. Morgan designed a manually-operated traffic signal with moving arms featuring "stop" and "go" signs, which could be placed on a post at traffic intersections. The arms could be raised halfway to indicate caution moving forward. A traffic attendant would crank the post to operate the signal and all lanes could be stopped by showing "stop" if needed. In 1923, Morgan patented his traffic signal. He later sold the rights to General Electric for \$40,000.





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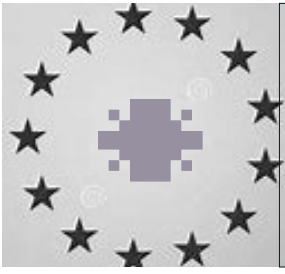


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Succession, Legacy and the Future of Kenyan Evangelical Churches.

A strong leadership needs to be able to stand up to the senior pastor or bishop however strong and offer correction, counsel and restraint for the good of the church, rather than the leader.

By Kamau Wa-Ikui

I have reflected on the lives of four towering figures in Kenya's church history - Dr Jesse Kamau, Maurice Otunga, Manasses Kuria and Stephen Birech. These four men led the PCEA, Catholic, Anglican and AIC churches in Kenya and retired honourably to await their return to the One in whose name they had preached the gospel. They wisely avoided the seductive accumulation of riches and at no point did any of them appear on TV asking for offerings in exchange for miracles. Of the four, only Rev. Dr Jesse Kamau remains, vibrantly full of life and faith.

Their lives and witness presents sobering lessons that owners of today's evangelical churches in Kenya and the diaspora may learn from. I have watched in agonising despair on the media Kenyan church owners bragging about owning hundreds of churches. churches they well know will disintegrate were they to die. Most of these churches do not have succession planning and institutional structures to outlive their owners. Indeed, Apostle Nganga described them as kiosks.

Yes, profit seeking physical shells beholden to the life of their founder. This springs the excruciating question of legacy that church owners need to confront, prickly as that may be. Where will their congregation be without them? If your congregation's fidelity is tethered to your individual persona and charisma rather than to God, it perhaps fits closely with the description of a cult rather than a church. What then can church owners do to secure a lasting legacy and leave behind thriving and lasting ministries? First they need to subordinate their egos, titles and greed to the fidelity of their calling. Longevity of leadership isn't equal to legacy.

The ministry of Jesus Christ lasted only 3 years. Indeed, little is known about where Jesus Christ was or was doing between the ages of 12 and 30. He barely travelled more than a 50 kilometre radius during his ministry. But he had foot soldiers called Apostles. As a church owner are you willingly nurturing younger pastors and deacons or are you fixated with being the senior overseer or bishop? If so, your legacy is on very shaky sand.

Secondly, establish a clear structure with a strong church leadership made up not of weak clones handpicked by you, but of competent individuals with a combined integrity, intellect and experience multiple times greater than you as the lead pastor, bishop or general overseer.



Surrounding yourself with halleluah empty heads is sowing the seeds of your eventual destruction and demise.

A strong leadership needs to be able to stand up to the senior pastor or bishop however strong and offer correction, counsel and restraint for the good of the church, rather than the leader. Unrestrained power ultimately consumes the bearer. Third and finally, every church leader needs to embrace lifelong learning geared towards acquiring lifelong skills useful beyond the pulpit.

Rowan Williams, a former primate of the Anglican Church, retired honourably and took a teaching position at the University of Cambridge, continuing to

contribute to theology beyond the pulpit, untethered by greed for riches and material possessions. Greatness cannot be bought by money. Jimmy Carter who served as US president returned to his church after the presidency and served as an unpaid lay minister and Sunday school teacher in his 70/80s.

His greatest achievements for which he won the Nobel Peace Award were not as president but retired president. The price of greatness is humility, not ego. Reverend Dr Jesse Kamau remains a respected and highly sought after father figure, over 20 years after retiring as head of the Presbyterian church in Kenya. Catholic churches in the late 1990s would burst

to the seams with congregants every time Cardinal Otunga appeared after retirement; humble to the ground and reminding those in attendance that he was above all a simple ordinary priest. He understood his calling and purpose and declined the seductive trap of riches and money that has ruthlessly poisoned and risks destroying the evangelical churches.

To that Bishop, Overseer or Prophet leading a church he/she owns and controls, it is not late to start thinking about a future beyond you; to understand that true greatness resides in nurturing and raising others to become better generals than yourself; including in your absence. Without the Apostles, particularly the Apostle Paul, an outsider to the original ministry of Jesus Christ, there would perhaps not be Christianity as we know it today.

Yes, because it was the Apostle Paul who became the Apostle to the Gentiles; of whom today's Bishops and Overseers derive the grand titles that have blinded some of them to elevate the altar of tithes, offerings and riches above the enduring service to God and His Humanity. No legacy, lasting peace and honour is available to those unable to see a life and future beyond their bulging egos and exulted self-importance.

Kamau Wa-Ikui once taught aspiring priests at a Seminary in Nairobi.



The greatest glory in living lies not in never falling, but in rising every time we fall. -Nelson Mandela



Helen Keller Life is a long lesson in humility. Wise quotes of Hellen Keller are repeated in our issues.



NEWS Briefs

HIGHLIGHTS

TRUMPS HIGHLIGHTS



Of all of President Donald Trump's second-term policies, only one is more hated by voters than Trump renaming the Gulf of Mexico to the Gulf of America, a new poll found. The name change is disapproved of by 67 percent of voters, according to the Fox News survey of 994 registered voters across the country released Thursday. Trump signed an executive order for the gulf to be renamed and declared February 9 as officially Gulf of America Day, stirring controversy.



China tells other nations to stay away from U.S. trade deals... or else.

USA-Welcome back to the spiciest reality show in the world, Trade Wars. In today's episode, China has some choice words for anyone considering teaming up with the U.S. on new trade deals: don't. You scratch our back... Following President Trump's April 2 tariff announcements, which slapped sky-high import taxes on basically all of America's trade partners, some countries (including Taiwan, Japan, South Korea) have been cozying up to Washington to strike separate deals. According to The Wall Street Journal, the U.S. wants these countries to:

- Ban Chinese firms from rerouting goods
- Block them from setting up shop locally
- Stop soaking up China's extra-cheap industrial exports
- You know, just small favors in exchange for tariff exemptions.

That didn't sit well with Beijing.

In a statement laced with poetic metaphors and not-so-subtle threats, China's Commerce Ministry warned other countries to expect payback if they make a deal that messes with China's interests. "Appeasement cannot bring peace, and compromise cannot win respect," the Commerce Ministry said. "For one's own temporary selfish interests, sacrificing the interests of others in exchange for so-called exemptions is like seeking the skin from a tiger. It will ultimately only fail on both ends and harm others without benefiting themselves." Translation: "f- around and find out." Making new friends. Not to be outdone, China is racing to counter the U.S. pressure campaign. President Xi Jinping recently wrapped up his first foreign trip of the year, visiting Vietnam, Malaysia, and Cambodia, where he inked a string of bilateral agreements

and pledged support for free trade. Chinese officials have also been actively engaging with Japan, South Korea, and the EU in an effort to reinforce regional ties and establish a sort of "hey, we're all mad at America, right?" type of agreement. Pick a side. While some nations are cautiously open to Beijing's outreach, they're also wary of getting caught in the crossfire between the two global powerhouses. Many fear being flooded with Chinese exports. Others are just trying to avoid backlash from Washington for cozying up to China. There's also lingering distrust over Beijing's history of economic coercion and its increasingly aggressive military behavior in the Indo-Pacific. "Even when China is a bigger trading partner, the U.S. is often a larger export market," said Elizabeth Economy, senior fellow at Stanford's Hoover Ins-

titution. "These countries have serious stakes in maintaining strong economic ties with the U.S." Wait, I'm sorry... her last name is ECONOMY?! I've never seen someone so appropriately named for their job. It would be like if my name was Greyson Meme. Looking ahead. China's been preparing itself for this moment since the first round of Trump-era trade wars by: Encouraging supply chain diversification across Asia Working to fix domestic weak spots like sluggish consumption and ballooning local debt Laying the groundwork for greater economic resilience Today, analysts say China is in a much stronger position to handle another prolonged trade brawl. In 2018, the U.S. accounted for about 20% of Chinese exports. Now, it's below 15%.

THE GENERATION TO CARRY ON THE VISION



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“Writing is the only thing that, when I do it, I don't feel I should be doing something else.”
Gloria Steinem

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Harare International Conference Center.

Tourism with Memory
Phiri
Zimbabwe.

Ostentatiously, the setting is just mesmerizing and the stage lighting will be dancing about in a myriad of colors. Talk about some spectacular magic to the naked eye.

The Harare International Conference Center is Africa's premier convention center so its quite popular in the global village at large.



By Memory Phiri
Zimbabwe.
Senior editor
The Diaspora Times

ZIMBABWE- Lately the Harare International Conference Center has given a new definition to what is known as the State of the Art. Believe you me, a facelift can change anything and it transformed

As the largest Colosseum Amphitheatre alias the HICC boasts of world-class accoustics thanks to its unique design and seating. Thus, for a stunning transformation this upgrade or refurbishment surpassed the destination from its former self. Hyperbolically it's a sought of resurrection, a phoenix that always rises from its ashes.

the whole landscape to another level. Tourists are expected to feel this upgrade because they love to see something novel and worthwhile. The interior is so breathtaking that guests will feel like they have stepped into a whole new world. Visit the attraction and get the chance to be spellbound and blown away by the intricates of architecture. Ostentatiously, the setting is just mesmerizing and the stage lighting will be dancing about in a myriad of colors. Talk about some spectacular magic to the naked eye. As part of the concrete jungle, such beauty usually brings about the folktale of Alice in Wonderland to play. With a massive four thousand five hundred seat auditorium, five thousand square metres of exhibition space and over two thousand parking bays the HICC is the ultimate event venue. In simpler terms, there is room for everyone because this is the home of MICE tourism which stands for meetings, incentives, conferences and events. Without doubt, the current status quo reflects that we will surely witness a high influx of tourists from now onwards. Interesting enough, the Rainbow Towers Hotel and the Harare International Conference Center are a two in one powerhouse that is physically staking it's claim. A force to be reckoned with indeed. Nu-



merically, the RTG is the third tallest building in Zimbabwe and for a hotel it is a striking landmark that is one hundred and four metres tall. Also, it is one building that enhances the Sunshine City's walking tour and with that bright yellowish color you will never miss it. The Rainbow Towers Hotel has always been our gem in the hotel scene but right now it has outdone our expectations by the added spark or appeal within the conference center. As the largest Colosseum Amphitheatre alias the HICC boasts of world-class accoustics thanks to its unique design and seating. Thus, for a stunning transformation this upgrade or refurbishment surpassed the destination from

its former self. Hyperbolically it's a sought of resurrection, a phoenix that always rises from its ashes. If you had the privilege to visit it before, I urge you to go back and appreciate this refreshed and redefined piece of art that comes with a two hectare complex. The Harare International Conference Center is Africa's premier convention center so its quite popular in the global village at large. Infact, one too many a visitor are supposed to experience ultimate comfort with the latest seat designs. Good examples of other features that have been upgraded include charging ports such as the three pin, USB and c-type to boot. Speaking at length, that is the beauty of renovation. Notably,

the destination in question is famous in the tourism circles because it continues to lead by example thereby making a statement. When all has been said and done, this eye-catching conference center can be a package that can give other venues a run for their money. Come down to Zimbabwe and experience a marvel in the form of a recreational space.

By Memory Phiri
Zimbabwe.



The way to get started is to quit talking and begin doing.
-Walt Disney



The future belongs to those who believe in the beauty of their dreams.
-Eleanor Roosevelt

DIASPORA SUNDAY



Diaspora Spiritual Group

Worship the Lord your God, and his blessing will be on your food and water. Exodus 23:25
I will take away sickness from among you. Romans 15:13

PRAYERS

Prayer for a Healthy Cardiovascular and Respiratory System

God of Might, please give me a healthy cardiovascular and respiratory system, so that I don't have any circulation or breathing issues that would damage my well-being. I pray that You will contend with any inherited propensities to heart or lung disease and help me make important changes to my lifestyle to promote healthy circulation and respiration. I praise You for splendid and majestic is Your work, O Lord.

AMEN

Short Prayer for Difficult Times

"I pray that despite the difficulty surrounding us that we can stand firm in our faith. I pray we can share the love of Jesus with all those around us and that the lies and the schemes of the enemy will not prevail. I lift the people who don't know you, I pray you would bring people into their lives that can bring truth to their hearts and hope for their souls. Thank you for your peace, Lord and thank you that we can come to you and you meet us right where we are.

In your name we pray, Jesus,

AMEN

JESUS OF NAZARETH



"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven."

Ancient Jews usually had only one name, and, when greater specificity was needed, it was customary to add the father's name or the place of origin. Thus, in

his lifetime Jesus was called Jesus son of Joseph (Luke 4:22; John 1:45, 6:42), Jesus of Nazareth (Acts 10:38), or Jesus the Nazarene (Mark 1:24; Luke 24:19).

Jesus (c. 6 to 4 BC – AD 30 or 33), also referred to as Jesus Christ, Jesus of Nazareth, and many other names and titles, was a 1st-century Jewish preacher and religious leader.

He is the central figure of Christianity, the world's largest religion. Most Christian denominations believe Jesus to be the incarnation of God the Son and the awaited messiah, or Christ, a descendant from the Davidic line that is prophesied in the Old Testament. Virtually all modern scholars of antiquity agree that Jesus existed

historically.

Accounts of Jesus's life are contained in the Gospels, especially the four canonical Gospels in the New Testament. Academic research has yielded various views on the historical reliability of the Gospels and how closely they reflect the historical Jesus.

Jesus was circumcised at eight days old, was baptized by John the Baptist as a young adult, and after 40 days and nights of fasting in the wilderness, began his own ministry. He was an itinerant teacher who interpreted

the law of God with divine authority and was often referred to as "rabbi".

Jesus often debated with his fellow Jews on how to best follow God, engaged in healings, taught in parables, and gathered followers, among whom twelve were appointed as his chosen apostles. He was arrested in Jerusalem and tried by the Jewish authorities.

He was turned over to the Roman government, and crucified on the order of Pontius Pilate, the Roman prefect of Judaea. After his death, his followers

became convinced that he rose from the dead, and following his ascension, the community they formed eventually became the early Christian Church that expanded as a worldwide movement.

It is hypothesized that accounts of his teachings and life were initially conserved by oral transmission, which was the source of the written Gospels.



Muthoni



Pastor Mukuria:

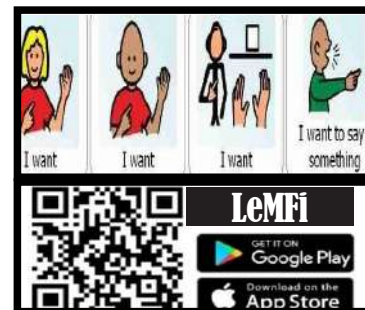
You will keep in perfect peace those whose minds are steadfast because they trust in you.

Isaiah 26:3
Good day



Kigume Karuri:

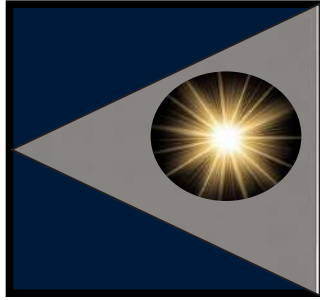
Treat people the way you would want to be treated. Think about what your expectations are when you come into contact with someone and aspire to give others the same kind of treatment that you expect.



You may say I'm a dreamer, but I'm not the only one. I hope someday you'll join us. And the world will live as one. -John Lennon



If you set your goals ridiculously high and it's a failure, you will fail above everyone else's success. -James Cameron



Marcus Mosiah Garvey Jr.

Marcus Mosiah Garvey was born on 17 August 1887 in Saint Ann's Bay, a town in the British colony of Jamaica. In the context of colonial Jamaican society, which had a colourist social hierarchy, Garvey was considered at the lowest end, being a black child who was of full African descent.

Garvey was a controversial figure. Some in the African diasporic community regarded him as a pretentious demagogue, and were highly critical of his collaboration with white supremacists, his violent rhetoric, and his prejudice against mixed-race people and Jews.

HISTORY- Marcus Mosiah Garvey Jr. was a Jamaican political activist. He was the founder and first President-General of the Universal Negro Improvement Association and African Communities League (UNIA-ACL) (commonly known as UNIA), through which he declared himself Provisional President of Africa. Garvey was ideologically a black nationalist and Pan-Africanist. His ideas came to be known as Garveyism.

Garvey was born into a moderately prosperous Afro-Jamaican family in Saint Ann's Bay and was apprenticed into the print trade as a teenager. Working in Kingston, he became involved in trade unionism. He later lived briefly in Costa Rica, Panama, and England. On returning to Jamaica, he founded the UNIA in 1914. In 1916, he moved to the United States and established a UNIA branch in New York City's Harlem district. Emphasising unity between Africans and the African diaspora, he campaigned for an end to European colonial rule in Africa and advocated the political unification of the continent. He envisioned a unified Africa as a one-party state, governed by himself, that would enact laws to ensure black racial purity. Although he never visited the continent, he was committed to the Back-to-Africa movement, arguing that part of the diaspora should migrate there. Garveyist ideas became increasingly popular, and the UNIA grew in membership. His black separatist views—and his relationship with white racists like the Ku Klux Klan (KKK) in the interest of advancing their shared goal of racial separatism—caused a division between Garvey and other prominent African-American civil rights activists such as W. E. B. Du Bois, who promoted racial integration.

Believing that black people needed to be financially independent from white-dominated societies, Garvey launched various businesses in the U.S., including the Negro Factories Corporation and Negro World newspaper. In 1919, he became President of the Black Star Line shipping and passenger company, designed to forge a link between North America and Africa and facilitate African-American migration to Liberia. In 1923 Garvey was convicted of mail fraud for selling the company's stock, and was imprisoned in the United States Penitentiary, Atlanta for nearly two years. Garvey blamed Jews and Catholics, claiming that they were prejudiced against him because of his links to the KKK. His sentence was

commuted by U.S. president Calvin Coolidge and he was deported to Jamaica in 1927. Settling in Kingston with his wife Amy Jacques, Garvey established the People's Political Party in 1929, briefly serving as a city councillor. With the UNIA in increasing financial difficulty, he relocated to London in 1935, where his anti-socialist stance distanced him from many of the city's black activists. He died there in 1940, and in 1964 his body was returned to Jamaica for reburial in Kingston's National Heroes Park.

Garvey was a controversial figure. Some in the African diasporic community regarded him as a pretentious demagogue, and were highly critical of his collaboration with white supremacists, his violent rhetoric, and his prejudice against mixed-race people and Jews. He received praise for encouraging a sense of pride and self-worth among Africans and the African diaspora amid widespread poverty, discrimination and colonialism. In Jamaica, he is recognized as a national hero, the first person to be recognized as such. His ideas exerted a considerable influence on such movements as Rastafari, the Nation of Islam and the Black Power Movement.

Marcus Mosiah Garvey was born on 17 August 1887 in Saint Ann's Bay, a town in the British colony of Jamaica. In the context of colonial Jamaican society, which had a colourist social hierarchy, Garvey was considered at the lowest end, being a black child who was of full African descent. However, later genetic research nevertheless revealed that he had ancestors from the Iberian Peninsula. Garvey's paternal great-grandfather had been born into slavery prior to its abolition in Jamaica. His surname, which was of Irish origin, had been inherited from his family's former enslavers.

His father, Malchus Garvey, was a stonemason; his mother, Sarah Richards, was a domestic servant and the daughter of peasant farmers. Malchus had had two previous wives before Sarah, having six children between them. Sarah bore him four additional children, of whom Marcus was the youngest, although two died in infancy. Because of his profession, Malchus' family were wealthier than many of their peasant neighbours; they were petite bourgeoisie. Malchus was however reckless with his money and over the



course of his life lost most of the land he owned to meet payments. Malchus had a book collection and was self-educated; he also served as a deacon at a local Wesleyan church. Malchus was an intolerant and punitive father and husband; he never had a close relationship with his son.

Up to the age of 14, Garvey attended a local church school; further education was unaffordable for the family. When not in school, Garvey worked on his maternal uncle's tenant farm. He had friends, with whom he once broke the windows of a church, resulting in his arrest. Some of his friends were white, although he found that as they grew older they distanced themselves from him; he later recalled that a close childhood friend was a white girl: "We were two innocent fools who never dreamed of a race feeling and problem." In 1901, Marcus was apprenticed to his godfather, a local printer. In 1904, the printer opened another branch at Port Maria, where Garvey began to work, travelling from Saint Ann's Bay each morning. In 1905 he moved to Kingston, where he boarded in Smith Village, a working-class neighbourhood. In the city,

he secured work with the printing division of the P.A. Benjamin Manufacturing Company. He rose quickly through the company ranks, becoming their first Afro-Jamaican foreman. His sister and mother, by this point estranged from his father, moved to join him in the city. In January 1907, Kingston was hit by an earthquake that reduced much of the city to rubble. He, his mother, and his sister were left to sleep in the open for several months. In March 1908, his mother died. While in Kingston, Garvey converted to Catholicism.

Garvey became a trade unionist, vice president of the compositors' section of the Printers' Union, and took a leading role in the November 1908 print workers' strike. The strike was broken several weeks later and Garvey was sacked. Henceforth branded a troublemaker, Garvey was unable to find work in the private sector. He then found temporary employment with a government printer. As a result of these experiences, Garvey became increasingly angry at the inequalities present in Jamaican society.





ACNE



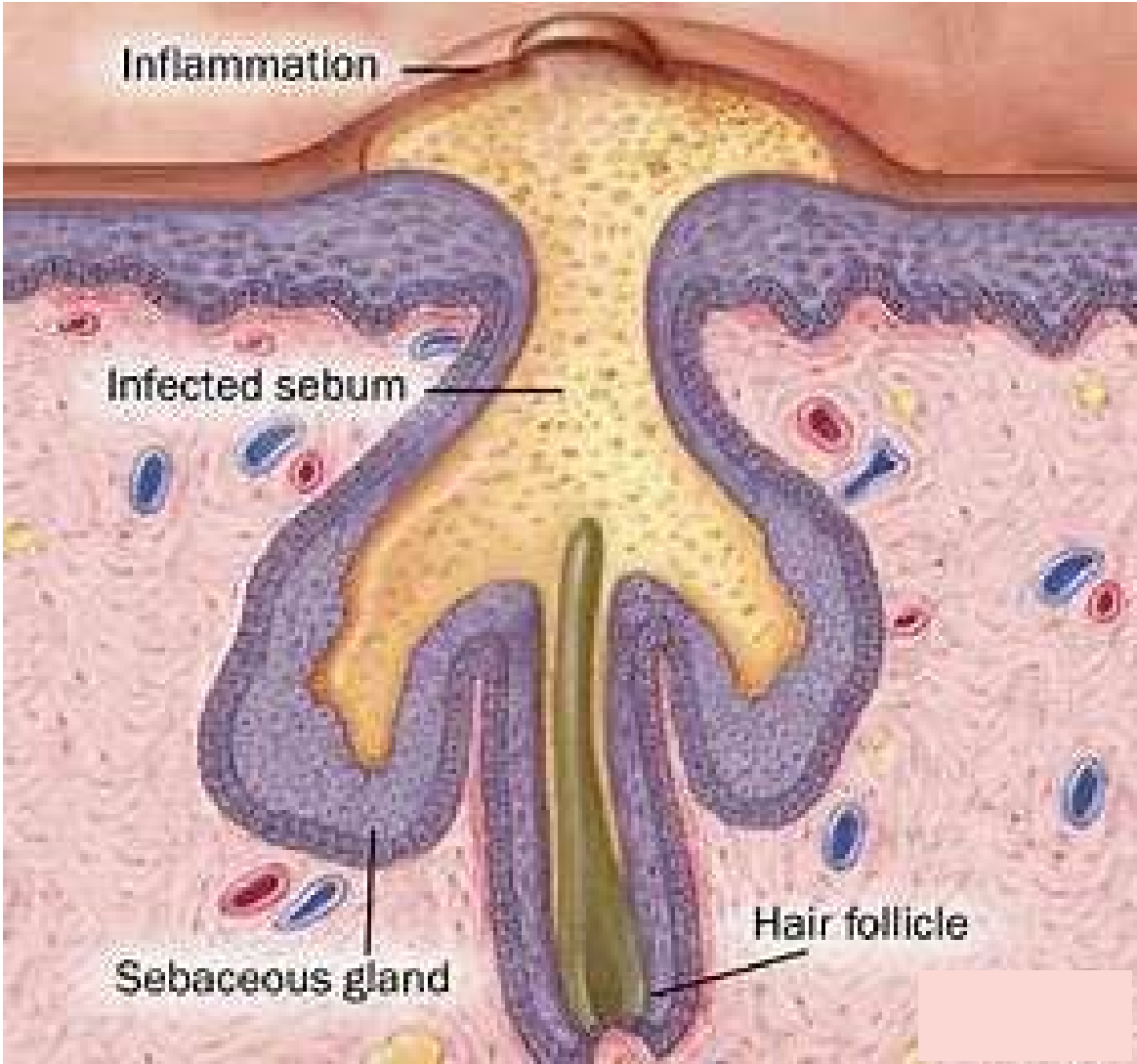
Hormonal changes. Androgens are hormones that increase in boys and girls during puberty and cause the sebaceous glands to enlarge and make more sebum. Hormone changes during midlife, particularly in women, can lead to breakouts too.

By Maggie Gonna
mngona@gmail.com
MC sources Share only

Acne is a skin condition that occurs when your hair follicles become plugged with oil and dead skin cells. It causes whiteheads, blackheads or pimples. Acne is most common among teenagers, though it affects people of all ages.

Effective acne treatments are available, but acne can be persistent. The pimples and bumps heal slowly, and when one begins to go away, others seem to crop up.

Depending on its severity, acne can cause emotional distress and scar the skin. The earlier you start treatment, the lower your risk of such problems. Acne signs vary depending on the severity of your condition: Whiteheads (closed plugged pores) Blackheads (open plugged pores) Small red, tender bumps (papules) Pimples (pustules), which are papules with pus at their tips Large, solid, painful lumps under the skin (nodules) Painful, pus-filled lumps under the skin (cystic lesions)



Acne usually appears on the face, forehead, chest, upper back and shoulders. If self-care remedies don't clear your acne, see your primary care doctor. He or she can prescribe stronger medications. If acne persists or is severe, you may want to seek medical treatment from a doctor who specializes in the skin (dermatologist or pediatric dermatologist). For many women, acne can persist for decades, with flares common a week before menstrua-

tion. This type of acne tends to clear up without treatment in women who use contraceptives. In older adults, a sudden onset of severe acne may signal an underlying disease requiring medical attention. The Food and Drug Administration (FDA) warns that some popular non-prescription acne lotions, cleansers and other skin products can cause a serious reaction. This type of reaction is quite rare, so don't confuse it with any redness, irritation or itchiness that occurs in

areas where you've applied medications or products.

Cosmetics. Cosmetics don't necessarily worsen acne, especially if you use oil-free makeup that doesn't clog pores (noncomedogenics) and remove makeup regularly. Non oily cosmetics don't interfere with the effectiveness of acne drugs.

TIPS ON HEALTH summary

Acne typically appears on your face, forehead, chest, upper back and shoulders because these areas of skin have the most oil (sebaceous) glands. Hair follicles are connected to oil glands.

The follicle wall may bulge and produce a whitehead. Or the plug may be open to the surface and darken, causing a blackhead. A blackhead may look like dirt stuck in pores. But actually the pore is congested with bacteria and oil, which turns brown when it's exposed to the air.

Pimples are raised red spots with a white center that develop when blocked hair follicles become inflamed or infected with bacteria. Blockages and inflammation deep inside hair follicles produce cystlike lumps beneath the surface of your skin. Other pores in your skin, which are the openings of the sweat glands, aren't usually involved in acne.

Diet. Studies indicate that consuming certain foods — including carbohydrate-rich foods, such as bread, bagels and chips — may worsen acne. Further study is needed to examine whether people with acne would benefit from following specific dietary restrictions.

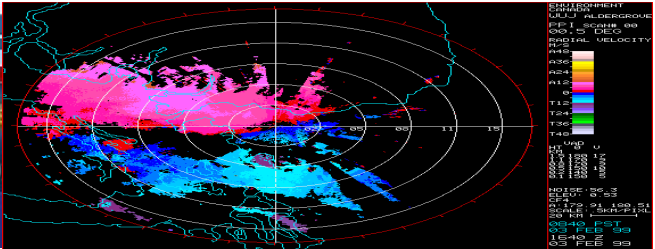


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May the dream be carried on by the generations to come

Do not go where the path may lead, go instead where there is no path and leave a trail. -Ralph Waldo Emerson

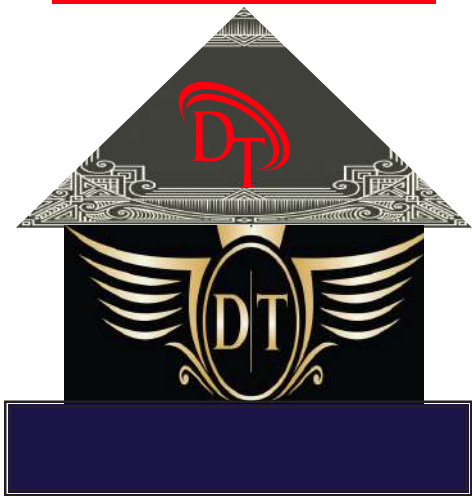
The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart. -Helen Keller



summary

Temperature, rain, snow, fog and wind are all part of weather. Severe weather events such as tornadoes, tropical storms, hurricanes, cyclones, floods, lightning strikes and extreme weather affect us all. In addition to weather forecasts are ozone levels, changing climate conditions and solar winds. Weather warnings are important forecasts because they are used to protect life and property. People use weather forecasts to determine what to wear on a given day or to plan travel or events. Since outdoor activities are severely curtailed by heavy rain, snow and the wind chill, forecasts can be used to plan activities around these events, and to plan ahead and survive them.

WEATHER



Tornado Hits Northeastern Oklahoma.



WEATHER-Tulsa-area television station Fox 23 says a radar-confirmed tornado touched down near Whirlpool at 76th Street North and Highway 75. The tornado reportedly continued northeast toward 86th and Memorial before crossing over Highway 169 and moving to Highway 20.

7:20 a.m. Wednesday Update: The OKC metro and central Oklahoma

are clear from severe storms after being dropped from the tornado watch. Storms, however continue to move past Seminole and into eastern Oklahoma. KOCO 5 Meteorologist Jonathan Conder says the storms are moving fast with 60 mph winds and 1-inch hail. He added that he does not see a lot of rotation with these storms. Crews are working to restore to power to an intersection in north-

west Oklahoma City. The outage is at the intersection of Northwest 23rd Street and Robinson Avenue. OG&E's System Watch reports that more than 3,600 customers are without power, with the hardest-hit areas being Midwest City (687 outages), Shady Point (557 outages), Oklahoma City (526 outages) and Moore (465 outages).

The National Weather Service has also removed several counties in the OKC metro from the tornado watch. The counties still in the watch include Coal, Garvin, Hughes, Murray, Pontotoc, Pottawatomie and Seminole counties.

6:34 a.m. Wednesday Update: A crash is causing a slowdown on westbound Interstate 240 after severe storms brought heavy rain to the Oklahoma City metro early Wednesday morning. Open the v

Wednesday Update: A severe thunderstorm warning has been issued for Craig, Creek, Nowata, Osage, Pawnee, Rogers, Tulsa and Washington counties until 6:30 a.m.

6:15 a.m. Wednesday Update: Damon says 50-55 mph wind gusts have been recorded in Shawnee as storms continue to move east.

"Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that." -Martin Luther King Jr.



"Spread love everywhere you go. Let no one ever come to you without leaving happier." -Mother Teresa



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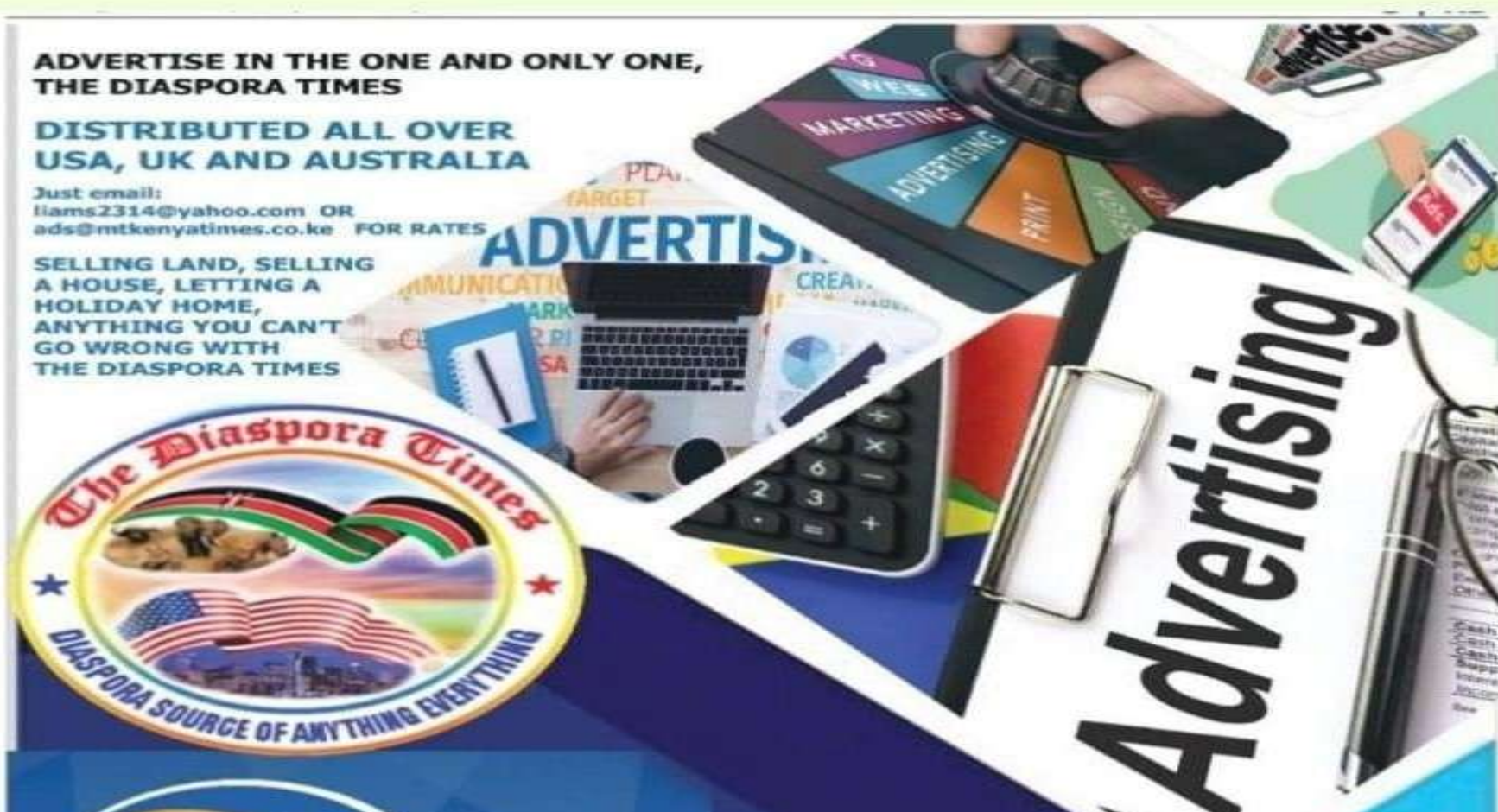
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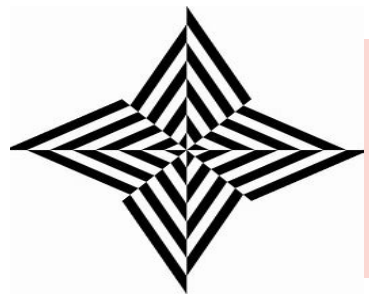
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Countee LeRoy Porter

Cullen was brought to Harlem at the age of nine by Amanda Porter, believed to be his paternal grandmother, who cared for him until her death in 1917.

USA- Countee LeRoy Porter was born on May 30, 1903, to Elizabeth Thomas Lucas. Due to a lack of records of his early childhood, historians have had difficulty identifying his birthplace. Baltimore, Maryland, New York City, and Louisville, Kentucky have been cited as possibilities. Although Cullen claimed to have been born in New York City, he also frequently referred to Louisville, Kentucky, as his birthplace on legal applications. Cullen was brought to Harlem at the age of nine by Amanda Porter, believed to be his paternal grandmother, who cared for him until her death in 1917.

Reverend Frederick A. Cullen, pastor of Salem Methodist Episcopal Church, Harlem's largest congregation, and his wife, the former Carolyn Belle Mitchell, adopted the 15-year-old Countee Porter, although the adoption may not have been official.

Frederick Cullen was a central figure in Countee's life, and acted as his father. The influential minister eventually became president of the Harlem chapter of the National Association for the Advancement of Colored People (NAACP).

DeWitt Clinton High School

Cullen entered the DeWitt Clinton High School, then located in Hell's Kitchen.[5] He excelled academically at the school and started writing poetry. He won a citywide poetry contest.

At DeWitt, he was elected into the honor society, was editor of the weekly newspaper, and was elected vice-president of his graduating class.[5] In January 1922, he graduated with honors in Latin, Greek, Mathematics, and French

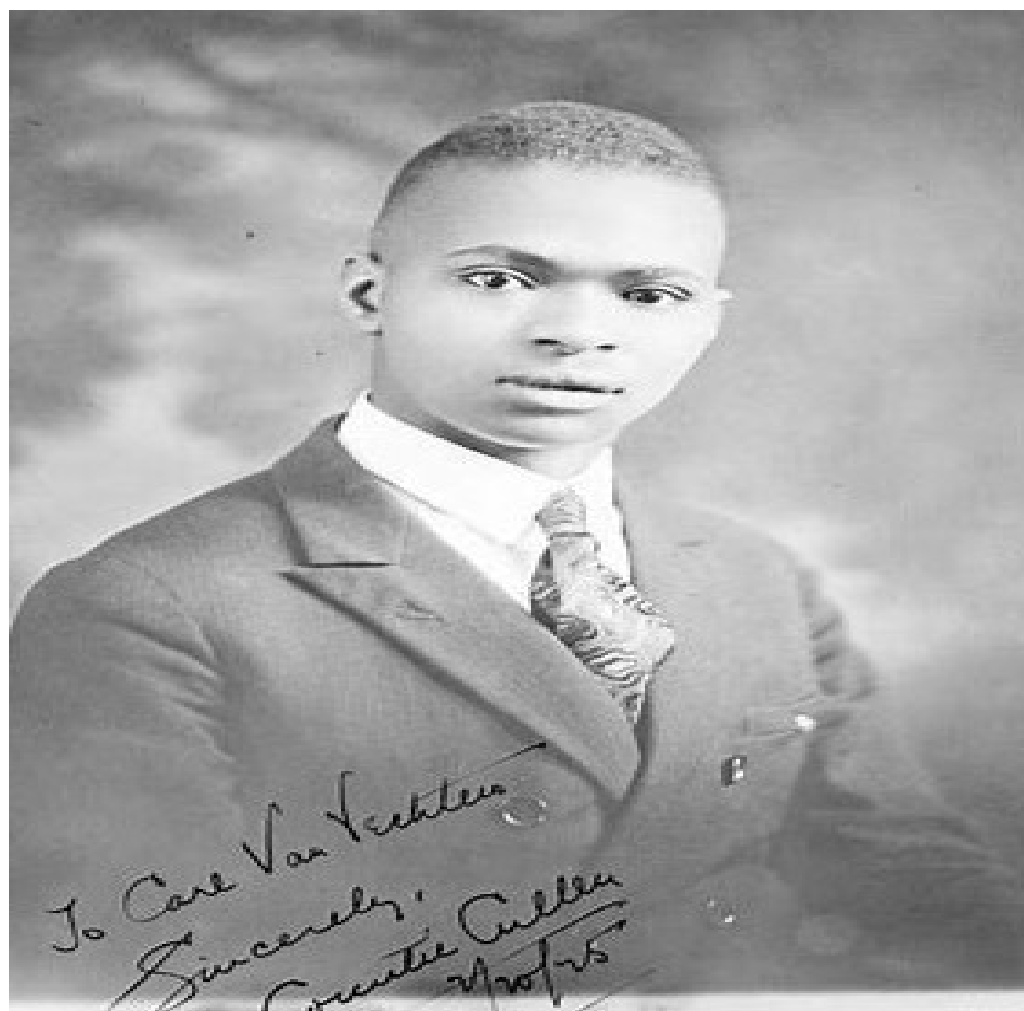
After graduating from high school, he attended New York University (NYU). In 1923, at the Town Hall in New York City, he gave a speech to the League of Youth in which he said, "For we must be one thing or the other, an asset or a liability, the sinew in your wing to help you soar, or the chain to bind you to earth." The speech was later printed in *The Crisis* (August 1923). Also in 1923, Cullen won second prize in the Witter Bynner National Competitions for Undergraduate Poetry, sponsored

by the Poetry Society of America, for his book of poems titled, "The Ballad of the Brown Girl". Soon after, he was publishing poetry in national periodicals such as *Harper's*, *The Crisis*, *Opportunity*, *The Bookman*, and *Poetry*, earning him a national reputation. The ensuing year, he again placed second in the contest, finally winning first prize in 1925. He competed in a poetry contest sponsored by *Opportunity* and came in second with "To One Who Say Me Nay", losing to Langston Hughes's "The Weary Blues". Cullen graduated from NYU in 1925 and was one of eleven students selected to Phi Beta Kappa.

That same year, Cullen entered Harvard to pursue a master's in English, and published *Color*, his first collection of poems that later became a landmark of the Harlem Renaissance. Written in a careful, traditional style, the work celebrated black beauty and deplored the effects of racism. The volume included "Heritage" and "Incident", probably his most famous poems. "Yet Do I Marvel", about racial identity and injustice, showed the literary influence of William Wordsworth and William Blake, but its subject was far from the world of their Romantic sonnets.

The poet accepts that there is God, and "God is good, well-meaning, kind", but he finds a contradiction in his own plight in a racist society: he is black and a poet. In 1926, Cullen graduated with a master's degree while also serving as the guest editor of a special "Negro Poets" issue of the poetry magazine, *Palms*. The appointment led to Harper's inviting him to edit an anthology of Black poetry in 1927.

American writer Alain Locke helped Cullen come to terms with his sexuality. Locke wanted to introduce a



new generation of African-American writers, such as Countee Cullen, to the reading public. Locke also sought to present the authentic natures of sex and sexuality through writing, creating a kind of relationship with those who felt the same.

Locke introduced Cullen to gay-affirming material, such as the work of Edward Carpenter, at a time when most gays were in the closet. In March 1923, Cullen wrote to Locke about Carpenter's work: "It opened up for me soul windows which had been closed; it threw a noble and evident light on what I had begun to believe, because of what the world believes, ignoble and unnatural".

Critics and historians have not

reached consensus as to Cullen's sexuality, partly because Cullen was unsure of this himself. Cullen's first marriage, to Yolande Du Bois, experienced difficulties before ending in divorce.

He subsequently had relationships with many different men, although each ended poorly. Each relationship had a sense of shame or secrecy, such as his relationship with Edward Atkinson. Cullen later married Ida Robertson while potentially in a relationship with Atkinson. Letters between Cullen and Atkinson suggest a romantic interest, although there is no concrete evidence that they were in a sexual relationship.

The poet accepts that there is God, and "God is good, well-meaning, kind", but he finds a contradiction in his own plight in a racist society: he is black and a poet.

American writer Alain Locke helped Cullen come to terms with his sexuality. Locke wanted to introduce a new generation of African-American writers, such as Countee Cullen, to the reading public.



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BACKPAGE

WORLD OF SPORTS

The Raiders need a tackle

One of the most valuable positions in football is the guys who protect the quarterback.

Tier 1 - Top 10 Pick

1. Armand Membou, Missouri - An absolute mauler in the run game and plenty good enough in pass protection. He might get beat around the edge a little more than you'd like, but can shut down everything else.

Tier 2 - Clear 1st Round

2. Josh Simmons, Ohio State - If his medicals are all clear, he has the highest ceiling in the class. His athleticism in the run game is outstanding, and he has a ton of explosiveness off the snap. He can struggle with pure power rushers.

Tier 3 - Priority 2nd Round

3. Kelvin Banks Jr, Texas - He has excellent feet and can mirror pass rushers with ease, but really struggles to sustain blocks. He might lose more often than you'd like, but he'll almost always lose slowly.

Tier 4 - 2nd/3rd Round

4. Will Campbell, LSU - He's just not a tackle in my eyes. Everyone talks about the arm length, and that's a problem, but it's far from the only one. He struggles massively on isolated pass protection reps. Exceptional football IQ and hand usage in the run game should make him a very good guard.

