



By Abigirl Phiri



TIMOTHY NJOYA-In 2022, when the revered and once-feared retired Presbyterian cleric Rev. Timothy Njoy Page 17

The Diaspora Times

Saturday, Aug. 2nd, 2025

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Life is about your inner thoughts.

"From Sobriety to Sabotage: Who Profits When Central Kenya Youth **Drinks Itself to Death?"**

Former Deputy President Rigathi Gachagua has accused President William Ruto's administration of enabling a silent war against Central Kenya through deliberate neglect and the unchecked spread of toxic alcohol. He further asserted that "toxic brews, toxic politics, and drug abuse have become Ruto's weapons against a region seen as rebellious."



"What is unfolding in Kenya today is not just a policy lapse. It is a dangerous game with people's lives and livelihoods. Young men in Central Kenya are dying silently from poisoned drinks. Families are being torn apart. Productivity is declining. And yet, those tasked with fixing the problem are more interested in media statements and finger-pointing than real, courageous action" Gachagua commented FULL STORY ON PAGE 7

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Day in, day out, education counselors meet diverse individuals united by a single ambition—to attain

globally accredited qualifications that can redefine the trajectory of their lives.

STORY Page 05

The resurgence of illicit brews and drugs in Central **Province**

STORY Page 07



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KENYA NEWS



"Misguided and Misused: How One Gen Z Voice Played into Kenya Kwanza's Divide-and-Conquer Game"

While Ruto routinely uses language, religion, and class to consolidate his base and alienate dissenters, it is Gachagua—who defended and served Ruto without compromise—who is now portrayed as the face of division. The hypocrisy is staggering.

Diaspora Times Editorial Desk

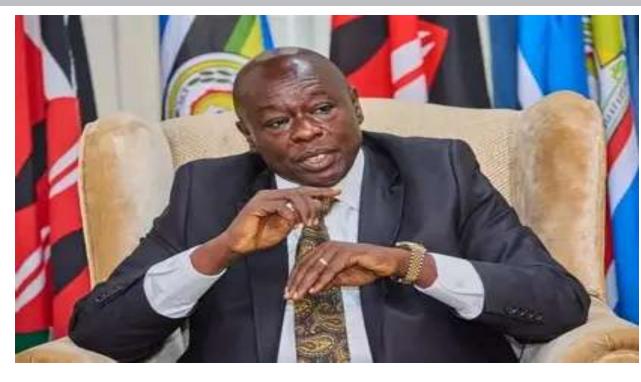
By Arch Dr. D.K. Gitau The Diaspora Times Evening News

"Speaking Kikuyu Isn't Tribal—But When Gen Z Naivety Turns Revolutionaries into Parrots, It Plays Right Into the Hands of Those Dividing Mt. Kenya"

In a packed Baltimore town hall, what was intended as a youthful reckoning with Kenya's political establishment turned into an unfortunate display of intellectual inconsistency and political amnesia. Valentine Wanjiru Githae, a representative of the youthled 625 Movement, boldly chastised former Deputy President Rigathi Gachagua for allegedly promoting tribal politics. Yet in doing so, she unwittingly parroted the very narrative crafted by President William Ruto's handlers—one designed not to build national cohesion but to fracture the Mt. Kenya political bloc ahead of 2027.

Let us be clear: Gen Zs must speak truth to power. But truth is not simply what feels righteous in the moment—it requires memory, logic, and a firm grasp of political context. On those fronts, Wanjiru's critique fell embarrassingly short.

She accused Gachagua of fanning tribalism by using the Kikuyu language to open the Maryland meeting, and for referencing the Kikuyu community's economic industriousness. But where was this indignation when Gachagua was the chief mobilizer of the Mt. Kenya vote in 2022, deliv-



ering an overwhelming bloc to William Ruto? At the time, no one—including Wanjiru—saw tribalism in his methods. His Kikuyu identity, cultural fluency, and regional networks were not only tolerated; they were instrumental. Ruto and his handlers exploited that loyalty, celebrated it, and reaped its electoral dividends.

Now, in 2025, the very man who helped carry Kenya Kwanza to power is being dismissed as a tribalist by the same system he helped establish. The sudden moral awakening from critics like Wanjiru is not born of national interest—it is political convenience.

Moreover, her interpretation of Gachagua's language choice at the Baltimore event was disingenuous. Yes, he opened with a brief greeting in Kikuyu, but he quickly switched to English and spoke in it to the end. This was a culturally sensitive gesture—not an act of tribal exclusion. The audience was predominantly Kikuyu. Just as one would expect a Luo leader to open

with "Amosi" in Kisumu, or a Swahili greeting in Mombasa, Gachagua's linguistic choice was situational, not sectarian. Language, in this context, was used to affirm identity—not to erase others.

On the issue of Gachagua's

remarks in Boston, where he acknowledged the Kikuyu as major drivers of the Kenyan economy, Wanjiru again misfires. That statement was not an invention; it was a factual observation. The Mt. Kenya region is a hub of entrepreneurial activity—dominated by small traders, farmers, real estate investors, and exporters. This economic muscle has been widely acknowledged by economists and political analysts alike. To recognize this is not to deny the contribution of other communities. Rather, it is to present a data-driven truth. Leadership requires the ability to affirm specific realities while embracing broader national unity. Dismissing facts as tribal arrogance is both intellectually lazy and politically dangerous.

What's more concerning is

how easily Wanjiru echoed the Kenya Kwanza propaganda script without scrutiny. The labeling of Mt. Kenya assertiveness as "tribal" has become a calculated tool of suppression. Any leader from the region who questions the government's direction is swiftly branded as an ethnic chauvinist. This tactic, perfected by Ruto's media surrogates and strategists, seeks to isolate Gachagua and neutralize his growing influence. Wanjiru's words, whether knowingly or not, served that strategy.

The irony is bitter. While Ruto routinely uses language, religion, and class to consolidate his base and alienate dissenters, it is Gachagua—who defended and served Ruto without compromise—who is now portrayed as the face of division. The hypocrisy is staggering.

Gen Z voices like Wanjiru must be nurtured, not silenced. But they must also be challenged. Activism without historical memory becomes noise. Critique without context becomes propaganda.

Leadership begins where emotion ends and strategic clarity begins.

Wanjiru's intervention was bold, but boldness is not enough. Kenya does not need another generation repeating the mistakes of the past—amplifying government scripts in the name of revolution. If she truly wants to hold leaders accountable, she must first understand who is scripting the lines she recites and who benefits when Mt. Kenya is divided.

You don't unite a country by dividing its regions. And you don't build a future by forgetting the past.

DISCLAIMER

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The Diaspora Times — Where Freedom Still Speaks.

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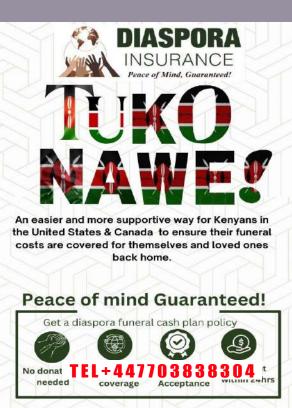
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LAUGHTER THE MEDICINE

BEST

THE DIASPORA TIMES

LAUGHTER IN DIASPORA

- 1. Kenyan arriving in America; "Na hil baridi ni ya nini? I thought they said it's developed country!"
- 2. At the airport, a airpyor fells immigrantion: "I'm just here for a conference." meannhile he's updated his CV to say, "Based in Aflanta."
- 3. Wazungu: "This is quinoa." Kenyans: "So you're just charging me KSh 1,000 for bird food."
- 4. Diaspora WhatsApp group motto: "We don't do small talk here—just funeral contributions and chama debt reminders.
- 5. Mom in Kenya: "Send something small?" Small like how?"

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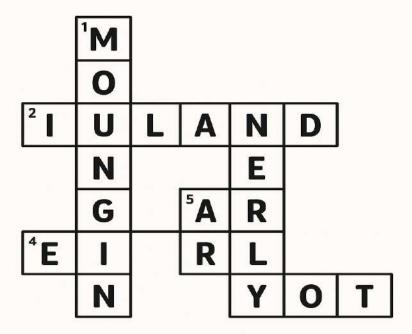
"Just enough to fix the gate, buy land, teed the cows, and educate your siblings."

- 7. Diaspora Guy: "I sent money for a 4-hedroom house," Returning home after 10 years: find a chicken coop. Uncle says: "You didn't specify the number of walls!"
- 8. In Kenya: 40. In America, they're called "Young man." Diaspora guy: "I'm going back home. These people are lying to me."
- 9. Phone call with Kenya "Mum on you wearing a jacket inside the house? Is it that cold?"

Son: "Mum, I can't afford heating. This is America."

10. Dating abroad
"I'm dating a Latina, a Nigerian
and a Jamaican."
Bro, are you dating or
surviving inflation."

CROSSWORD PUZZLE



Across

- 1. Large natural elevation
- 2. Land in the middle of the sea
- 4. Machine with a motor
- 7. Start

Down

- 1. Before the usual time
- 3. Type, sort
- 5. Considerate
- 6. Not tall

NUMBER PUZZLE

4	3		3	5
7	1	6		
5		1		
	7		3	
6	4	3	5	2

Across

 1.4×7

 2.3×2

4.1 + 1

Down

1.6×5

Down

 1.6×5

2.7 - 6

3.5 + 2

"You may pave the streets with gold, but if you silence the people with bullets, history will remember only the blood." THE YOUTH DEMAND CHANGE REMEMBER THE YOUTH ARE WATCHING

June 25, 2024

05

Global Dreams, Local Impact: The Unsung Role of Education Counselors in Shaping Futures.

The primary victims remain women and children, though men are trafficked as well—albeit in smaller numbers. Women and children are often seen as weaker and more vulnerable, making them easy prey for traffickers.



Abigirl Phiri Zimbabwe Senior Editor

ADVICE- Day in, day out, education counselors meet diverse individuals united by a single ambition—to attain globally accredited qualifications that can redefine the trajectory of their lives. As an education counselor, you are not merely a guide; you are the bridge between aspirations and reality. Families place immense trust in you to show them the way, and it is your responsibility to rise to the occasion—ensuring that, ultimately, an international student wears a wide smile as they receive their visa grant.

Success in this role demands more than just knowledge. You must have a deep understanding of the international education landscape—study destinations, cost of living, accommodation, and work opportunities. You need to know how to package and present this information in ways that resonate with your client's priorities.

This clientele comes with a wide array of expectations. Some are highly price-sensitive, carefully weighing costs and scholarship opportunities. Others are less constrained financially, seeking premium institutions that offer prestige and career pathways. Your success lies in your ability to match students with the perfect-fit institution, making your pitch compelling enough that students are eager to begin their applications.

A visa approval is more than a document—it's a gateway to a new life. And when one student succeeds, they become your advocate. Referrals, built on trust and reputation, form the backbone of this business. Never un-

Every student deserves a world of opportunities.



Envery interntional education

derestimate the power of word-of-mouth.

The job requires exceptional listening skills and clear, honest communication. You are always learning, evolving, and building lasting relationships. You must be patient—students rely heavily on your expertise and guidance. For this reason, having structured systems in place is crucial. When followed correctly, the process becomes seamless and rewarding.

International education is increasingly sought after for good reason. It offers the chance to experience the world, study in multicultural environments, and acquire skills that make graduates globally employable. The return on investment is significant. Education opens doors one never

thought possible, which explains the surge in student visa applications across top destinations like the UK, Canada, Australia, the

USA, and New Zealand.
Studying abroad exposes learners to different cultures, world-class infrastructure, advanced technologies, and industry-experienced tutors. It challenges their worldview and encourages them to think beyond borders. Many students eventually become change-makers, developing sustainable solutions that benefit even their home countries.

The opportunity to pursue education should never be taken for granted. Many lack the means to educate their children or further their own studies. Education empowers individuals to

make informed decisions based on first-hand experience, especially in a world where practical knowledge has surpassed rote learning. Thanks to advances in technology and AI, today's education is far more application-oriented than ever before. Many students pursue poststudy work opportunities with the hope of eventually applying for permanent residency. In this journey, the role of the education counselor is critical—not just as an advisor, but as a mentor shaping the future.

Indeed, in helping one student find the right path, an education counselor may quietly change the world.

By Abigirl Phiri- Zimbabwe Senior correspondent The Diaspora Times. 

Summary:

Studying abroad offers more than academic credentials—it's a transformative experience that fosters cultural exposure, personal growth, and access to world-class infrastructure and job markets. Counsellors act as trusted intermediaries, helping students navigate this important transition while building meaningful, long-lasting relationships. With education systems becoming more practical, tech-driven, and globally oriented, the value of studying abroad is immeasurable. For many, it opens doors to permanent residency, international careers, and sustainable solutions they can take back home. In essence, the role of the education counsellor is not just about placements, but about shaping global citizens and future changemakers.



06 HEROES WHO PASSED ON. Rest In Power





Grace Ogot: The Life and Legacy of a Kenyan Literary Heroine.

By Dr. Jean Kamau **Excerpts from Sms Diary** jean@gmail.com

Grace Emily Akinyi Ogot was born on May 15, 1930, in Butere, western Kenya, into a deeply Christian and educated Luo family. Her father, Joseph Nyang'oro, was one of the first African Anglicans in Nyanza and a teacherhis influence on young Grace was profound, instilling in her a love for books, discipline, and community. Growing up during the colonial period, she straddled two worlds: the traditional Luo customs of her people, and the Western education that came with missionary schools. From an early age, Grace showed signs of a precocious mind. She was among the first African girls in Kenya to receive a solid formal education, attending Ng'iya Girls School and later Butere Girls High School. She went on to study nursing in Uganda and later in the United Kingdom, where she also trained as a midwife. Her career as a nurse took her as far as London and Kisumu, but it was her deep curiosity and compassion for the human condition that would eventually lead her to storytelling. In the 1960s, Kenya was on the cusp of independence. Like her contemporaries Ngũgĩ wa Thiong'o and Okot p'Bitek, Grace saw the need for Africans to tell their own stories—not just the tales of colonial conquest, but the intimate narratives of their people, their women, their traditions, their struggles. Her voice was unique: a woman's voice, deeply embedded in Luo oral traditions, yet written in English and shaped by a global literary sensibility. Her debut collection of short stories, "Land Without Thunder" (1968), broke barriers. At a time when African literature was dominated by male



15 th May 1930–18th March 2015)

perspectives, her stories placed African women at the center—strong, conflicted, wise, sometimes defiant. She tackled taboo topics: infertility, witchcraft, colonial trauma, generational conflict, and the erosion of cultural values. Her prose was lyrical yet grounded, drawing heavily on proverbs and the rhythmic cadence of Luo folklore.

Grace Ogot also became the first Kenyan woman to be published by the prestigious East African Publishing House, and her entry into the literary canon marked a turning point for African women's literature. But Ogot was never confined to the page. She was a woman of many talents and convictions.

After independence in 1963, Grace worked as a broadcaster and scriptwriter for the BBC and Voice of Kenya (now KBC), becoming a leading figure in cultural production. Her eloquence and in-

tellect made her a natural communicator and an ambassador for Kenyan heritage and modernity. Her stories were often read aloud on national radio, making her voice—both literal and literary—

and the importance of arts, language,

and history in national development. She never abandoned her roots as a storyteller; for her, the nation itself was a narrative still being written.

Throughout her life, she remained deeply connected to the church and her community in western Kenya. She was married to Professor Bethwell Allan Ogot, one of Africa's most distinguished historians. Together, they were a formidable intellectual couple—he chronicling the political and historical evolution of East Africa, she breathing life into the moral, cultural, and emotional fabric of Kenyan society. Grace Ogot continued to write, lecture, and serve well into her later years, always emphasizing the power of story in healing a wounded nation. Her works, including "The Promised Land", "The Other Woman", and "Island of Tears", continue to be studied across African schools and universities, a testament to her enduring relevance. She passed away on March 18, 2015, at the age of 85. Her death marked the end of an era, but her legacy lives on—not only in the words she wrote but in the lives she touched, the doors she opened, and the dignity she brought to Kenyan literature and public life.

Grace Ogot was more than a writer or politician. She was a custodian of memory, a bearer of truth, and a symbol of the African woman's power to shape history—not in silence, but in story.



part of the national consciousness. In the 1980s, Ogot transitioned into public service and politics. In 1983, she made history once again when she was elected as the Member of Parliament for Gem constituency, becoming one of the first women to serve in Kenya's parliament. She later served as an Assistant Minister for Culture and Social Services under President Daniel arap Moi's regime. Although she operated within a male-dominated political environment, Grace maintained her dignity and commitment to cultural preservation. She championed the rights of women

We Remember the Dead

In silence and sorrow, The Diaspora Times remembers the FALLEN HEROES

Lost in struggle, fallen in flame. They spoke the truth, they walked boldly,

Their dreams live on, unbought, unsold.

Though guns or poor health silenced their cries,

Their courage will never die.

Every week, The Diaspora Times features a story about a fallen Kenyan hero.

Those who died naturally, through assassinations or accidents.



FREEDOM OF EXPRESSION, ASSEMBLY, AND WORSHIP ARCH. D. K. GITAU THE DIASPORA TIMES

A nation that suppresses freedom of expression, criminalizes peaceful assembly, or dictates religious worship is not sovereign—it is captive. These freedoms are not negotiable; they are the heartbeat of any legitimate republic.

History bears the blood of those who dared to speak, to gather, to believe

The right to speak one's truth, to gather in shared cause, and to worship according to one's conscience—these are not mere civil liberties. They are the essence of human dignity, and any nation that honors them becomes more than a state; it becomes a sanctuary of the human spirit.

Arch, Dr, D.K. Gitau

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"From Sobriety to Sabotage: Who Profits When Central Kenya Youth Drinks Itself to Death?"

The resurgence of illicit brews and drugs is especially devastating in the Central region, a place that has historically been one of Kenya's most industrious. It is now, sadly, among the hardest hit.

By Joe Ndirangu|Diaspora Times Muranga reporter

Former Deputy President Rigathi Gachagua has spoken out strongly against Interior Cabinet Secretary Kipchumba Murkomen's recent remarks blaming chiefs and police officers for the widespread sale of illicit alcohol and drugs across Kenya. According to Gachagua, these comments are misleading and fail to address the true source of the crisis, which he believes lies much higher in the leadership chain.

Murkomen, while speaking on July 30, claimed that no illicit alcohol or drugs can be sold in Kenya without the knowledge or protection of the area chief or police officers. He argued that the fight against substance abuse must begin at the grassroots, placing responsibility squarely on the shoulders of local administrators.

But Gachagua, in his response the next day, accused Murkomen of playing to the gallery and insulting the intelligence of the Kenyan people. He rejected the idea that blaming chiefs and police officers would lead to any meaningful change, describing the statement as a diversion from the real issue—policy failure and sabotage at the top levels of government. He pointed to his own record while in office, saying that through a year of hard, focused work, he led a successful campaign to eliminate illicit brews, especially in the Central region. That campaign, he said, brought hope and sobriety back to communities ravaged by toxic alcohol. But after his ouster from government, he claims, those gains were swiftly reversed.



The resurgence of illicit brews and drugs is especially devastating in the Central region, a place that has historically been one of Kenya's most industrious. It is now, sadly, among the hardest hit. Many residents believe that the region's political distance from the current administration has made it vulnerable to deliberate neglect. There is a growing belief that allowing alcohol to flow freely in Central is no longer just a public health issue—it is a quiet form of economic sabotage.

Gachagua questioned the sincerity of Murkomen's statements by asking how the government can expect to discipline small officers on the ground while ignoring alleged drug kingpins sitting comfortably within the Cabinet itself. He argued that until these senior figures are held accountable, the fight against drugs and alcohol will remain a stage-managed illusion meant to appease a frustrated public without solving the problem.

He also reminded the country that Kenya already has enough laws and regulations to control alcohol. What's missing is the political will to implement them. Chiefs and police officers are often used as scapegoats in a larger system that protects those with power and money. Gachagua insisted that without leadership from the top and a genuine commitment to enforcing the law equally, no amount of blame-shifting will help.

is unfolding in Kenya today is not just a policy lapse. It is a dangerous game with people's lives and livelihoods. Young men in Central Kenya are dying silently from poisoned drinks.

Families are being torn apart. Productivity is declining. And yet, those tasked with fixing the problem are more interested in media statements and finger-pointing than real, courageous action.

If this situation continues, the damage to Kenya's social fabric will be irreversible. The country cannot afford to treat such a crisis with public relations gimmicks. Real leadership means acknowledging the rot within, taking responsibility, and acting with urgency—not using small officers as cover while protecting the powerful.

Gachagua's message is clear: Kenyans are not fools. They can see through the blame games. What they want is accountability. What they deserve is ac-

abuse in any country are symptoms of eliminate this menace would dismantle deeper social, economic, and governance failures.

In a nation with a functioning and committed government, such vices can be controlled through strict enforcement of existing laws, regulation of production and distribution, public health campaigns, and community rehabilitation programs

However, when these issues persist or worsen, it often points to willful

EDITORIAL SUMMARY ineglect, corruption, or complicity within the state machinery.

Illicit alcohol consumption and drug A government that genuinely seeks to cartels, prosecute complicit officials no matter how high-ranking—and invest in youth empowerment, education, and addiction recovery.

> Where the state has the power but lacks the will, illicit substances become tools of economic suppression, political sabotage, or quiet demographic destruction. In such contexts, the crisis ceases to be accidental—it becomes institutional.

"Do not go where the path may lead, go instead where there is no path and leave a trail." -Ralph Waldo Emerson



Many of life's failures are people who did not realize how close they were to success when they gave up. -Thomas A. Edison

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"Broken Abroad: The Silent Crisis of Domestic Violence Among Kenyan Diaspora Families"

Caught between bitter divorces, legal battles, and relocations, the children of these unions pay the highest price. "My son once asked me, 'Is dad in jail because he loved us too much?' I had no words,"

By Dr. Jesinta Koimburi New Jersey

The Diaspora Times, Aug 2025 When Peter and Ruth boarded their flight from Nairobi to Boston in 2016, they were filled with hope. Their love story-simple, grounded, and full of dreams—was forged in the dusty estates of Kahawa Wendani. Like many Kenyan couples, they had sacrificed and prayed for an opportunity to seek greener pastures in America. But eight years later, they live on opposite coasts— Peter in California, Ruth in Georgia. Their marriage is over. Their children shuttle between states. The man who once walked barefoot to school now grapples with supervised

visitation rights. Peter and Ruth's story is not unique. Across the United States, a silent crisis brews within Kenyan immigrant households—an alarming rise in domestic violence, marital breakdown, and fractured families. What begins as a united front in Kenya often dissolves into conflict, accusations, and legal chaos once these couples settle in the diaspora. This report explores the anatomy of these breakdowns, using pseudonyms to protect the identities of those affected. In Kenya, traditional gender roles—however problematic—have long defined family dynamics. Men are often the financial providers and assumed heads of households. Many women, even when educated, defer to this structure, conditioned by religion, culture, and economic dependency. But when these families land in the U.S., a powerful transformation begins.

"In Kenya, I depended on James for everything. In Atlanta, I got a job, opened a credit line, and started sending money to my mother. That changed the equation," said Miriam, who left her husband after four years in Texas. Many women, now with access to income, credit, and legal protection, no longer tolerate toxic dynam-

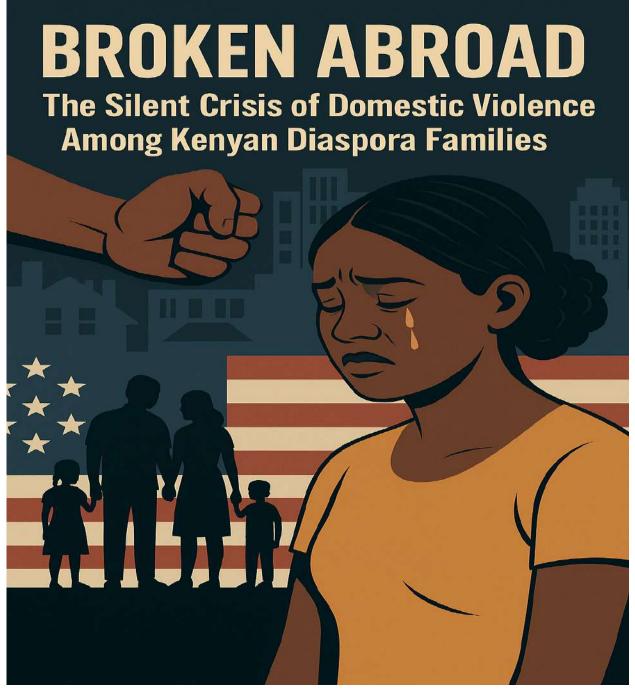
ics. But the transformation is rarely smooth. Some men, raised to equate masculinity with control, spiral when their partners gain autonomy.

"She started arguing back. Telling me what to do. That's not how we lived back home. Then she called the police during a small fight. My life was finished," confessed Julius, now facing restraining orders and pending deportation in Minnesota.

In Kenya, domestic abuse is often hushed, mediated by relatives or church elders. In America, one phone call can end a marriage—and a life's dream. "He slapped me once. I called 911. I didn't expect ICE to get involved. But I have no regrets. I was tired of living in fear," said Beatrice, a nurse in New Jersey whose ex-husband was later deported. The U.S. legal system does not recognize cultural justifications for violence, emotional abuse, or intimidation. Protective orders, child custody laws, and women's shelters empower many Kenyan women to speak up—something they couldn't imagine doing back home.

But some argue the system is weaponized. "I didn't even touch her. But she wanted to keep the kids and the house. She played the system. Now I'm couch-surfing, and she has my green card," said Kenneth, a former Uber driver in Dallas. The Kenyan male diaspora often uses a chilling metaphor: "Wanawake wanapanda ndege bila mapembe, wakifika Marekani, mapembe zinamea." ("Women board the plane without horns; once in America, the horns grow.")

But is this true? According to diaspora family counselor Dr. Agnes Mutua, it's not about horns—it's about awakening. "In Kenya, many women live under economic, social, and religious repression. America offers them dignity and legal footing. What men call rebellion is often just self-assertion." Still, not all cases are justified. Some women, emboldened by new freedoms, adopt combative or dismissive attitudes.



Social media "empowerment cliques" can feed toxicity, with slogans like "We move different in America" or "Ameolewa si amefungwa" (being married is not being imprisoned).

Caught between bitter divorces, legal battles, and relocations, the children of these unions pay the highest price. "My son once asked me, 'Is dad in jail because he loved us too much?' I had no words," whispered Janet, whose partner was jailed after a domestic dispute in Arizona. In some families, the trauma ripples into generational cycles of bitterness, depression, and identity crises.

While it's tempting to blame America's legal system or "feminism," the truth is far more complex. These breakdowns expose long-ignored cultural cracks: patriarchy unchecked breeds entitlement. Submission misread as peace

becomes resentment. Migration without mental transition leads to implosion.

As Rev. Joseph Mwangi of a Dallas-based Kenyan church puts it: "We export our bodies to America but forget to upgrade our minds. God's covenant for families is not geographical—it's spiritual. When men and women come here, they must re-learn partnership, not power games."

The diaspora is not a curse—but it is a crucible. Some Ken-yan marriages emerge stronger, built on mutual respect and evolved gender roles. Others collapse under the weight of cultural confusion, economic shifts, and legal unfamiliarity.

To reverse the trend, community leaders must encourage pre- and post-migration counseling, cultural adaptation seminars, diaspora-based marital mentorship, and legal literacy sessions on domestic relations in America.

Let us not allow the dream of prosperity abroad to become a nightmare at home. Domestic violence must be named, shamed, and addressed—with honesty, compassion, and collective responsibility.

If you or someone you know is facing domestic violence in the diaspora, contact your local shelter or hotline immediately. Silence kills.

This report is part of the "Diaspora Lives" series by The Diaspora Times. Names have been changed to protect privacy. For follow-up stories or to share your experience, email editor@diasporatimes.news.

You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose.
-Dr. Seuss



"If life were predictable it would cease to be life and be without flavor." -Eleanor Roosevelt

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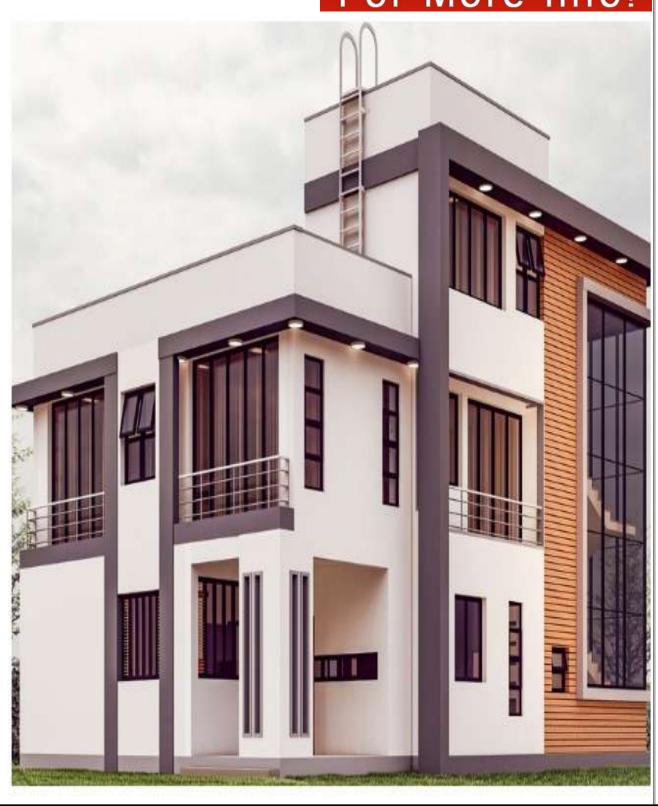


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"Unseen Hands: Immigrants, Factories, and the Fallout of Trump's Crackdown"

The American dream remains a powerful myth, but for millions of undocumented workers, it is a dream constantly deferred by raids, rhetoric, and rejection. These are not invaders—they are the unseen scaffolding of an economy that demands their labor while denying their legitimacy.

By Frankling Aketch Diaspora Times Immigration Desk Help Washington, D.C. — August 2, 2025

When federal agents stormed the meat-packing facility in Mississippi where Carlos Mejía had worked for six years, he had just clocked in for his night shift. Within minutes, dozens of workers-most of them Latino immigrants, many undocumented—were handcuffed, processed, and detained by ICE.

Carlos, a soft-spoken father of three who had fled cartel violence in Honduras, was deported two weeks later.

"I never sold drugs. I never stole anything. I just worked, paid taxes with a fake Social Security number, and sent money home," Carlos said via WhatsApp from San Pedro Sula. "But to them, I was a criminal just for surviving."

His story is a snapshot of a broader reality that unfolded during the Trump administration's hardline immigration era, where undocumented laborers who propped up entire sectors of the U.S. economy were treated as expendable threats.

From agriculture fields in California to chicken processing plants in Georgia, the economy has long relied on undocumented immigrant labor. Yet instead of implementing nuanced policy solutions, the Trump administration opted for sweeping crackdowns—raiding fac-' tories, separating families, and creating a climate of fear that blurred the line between law enforcement and moral injury.

The Myth of the "Illegal Invader"

While campaign rhetoric often painted undocumented immigrants as gang members and criminals, the reality was—and remains—far more complicated.

Lilian Ouma, a Kenyan immigrant who overstayed her visa and now cleans offices in Newark, lives in constant fear. "I take care of American children during the day and mop American floors at





away from losing everything."

According to Pew Research Center, nearly 7.6 million undocumented immigrants participate in the labor force—many working in industries that are essential yet unattractive to citizens due to low pay and tough conditions. These include food processing, elder care, construction, landscaping, and janitorial services.

"They are not hiding in the shadows they are cleaning your hospitals and picking your strawberries," says Dr. James Kamau, a Kenyan-American economist and immigration advocate based in Houston. "The term 'illegal alien' is both dehumanizing and economically dishonest."

A Regulatory Vacuum That Betrayed the Working Class

Critics argue that the Trump administration missed an opportunity to create a regulatory pathway for undocumented workers already embedded in the economic fabric. Instead of formalizing their labor or offering temporary legal status for those without criminal records, it pursued high-profile raids and indiscriminate detentions.

"Some of those people had worked for

night. But still, I feel like I'm one knock ten years in the same factory. Their employers knew. Local sheriffs knew. But suddenly ICE arrived with rifles and dogs," said Terrell Johnson, a factory supervisor in Arkansas who witnessed one such raid in 2019.

> Workers like Maria Guadalupe, who had paid taxes through an Individual Taxpayer Identification Number (ITIN) for years, were swept up in enforcement operations as though they posed a national security threat.

> "No one ever asked about our taxes or our kids in school. We were just numbers on a deportation list," Maria recalled after being released under an ankle monitor. Her American-born daughter now lives with an aunt in Alabama.

> Crack Down on Crime—Not Survival No one disputes that a country must protect its borders or that criminal cartels should be prosecuted aggressively. But the conflation of criminality with undocumented status has resulted in ethical and legal overreach.

> "America has always been built by immigrants. We need to honor that history instead of weaponizing it."

> Conclusion: Who Gets to Dream? The American dream remains a pow-

erful myth, but for millions of undocumented workers, it is a dream constantly deferred by raids, rhetoric, and rejection. These are not invaders—they are the unseen scaffolding of an economy that demands their labor while denying their legitimacy.

Fair immigration policy is not charity. It is justice. It is logic. It is the recognition that survival is not a crime—and that human worth cannot be reduced to a visa status.

This report is part of the Invisible Workforce series by The Diaspora Times. Names have been changed to protect the identities of sources. To share your story or contribute, contact editor@diasporatimes.news.

Disclaimer:

The Diaspora Times stands for freedom of the press, rule of law, and protection of democratic institutions. We publish facts and informed commentary, not propaganda. The views expressed herein are part of a broader effort to stimulate informed dialogue and accountability.



No one disputes that a country must protect its borders or that criminal cartels should be prosecuted aggressively. But the conflation of criminality with undocumented status has resulted in ethical and legal overreach.

"America has always been built by immigrants. We need to honor that history instead of weaponizing it."

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"Progress built on graves is merely a monument to cruelty."



THE DIASPORA TIMES REPORTS



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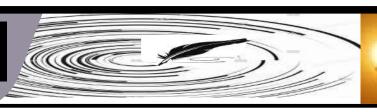
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Those who steer thedream

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Arch Dr. D.K Gitau
Vision founder.
He ensures every story
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connects Kenyans in
the Diaspora and at
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The Diaspora Times: Bridging Continents, Amplifying Voices

Your Weekly Window into Diaspora Life, Kenyan Politics, and Global Success

THE DIASPORA TIMES

The Diaspora Times is a lifestyle and current affairs newspaper tailored for both the Kenyan Diaspora and readers within Kenya. It offers a vibrant platform for cross-continental dialogue, bridging the experiences, dreams, and challenges of Kenyans abroad with those on the ground at home.

Sourced from a wide network of global contributors, The Diaspora Times delivers high-impact stories on Kenyan politics, diaspora dilemmas, investment opportunities, cultural identity, and success narratives from Kenyans making a mark across the globe. Whether covering bold Gen Z protests in Nairobi, real estate prospects in Kajiado, immigration policies in the U.S., or inspiring tales of Kenyan nurses, truck drivers, and tech innovators in Europe and America, the newspaper remains committed to amplifying authentic voices.

More than just a news outlet, The Diaspora Times serves as a community mirror and a cultural compass. It offers opinion columns, lifestyle features, health advice, family and faith reflections, legal guidance, and even business ads, creating a holistic ecosystem that supports diaspora families in navigating both worlds.

Published weekly in both digital and print formats, The Diaspora Times is widely circulated through churches, community centers, Kenyan-owned businesses, social events, and online platforms, ensuring that the heartbeat of the diaspora is heard, felt, and acted upon.

It is not just a newspaper—it is a voice, a connector, and a movement.

By Memory Phiri Corner

TET'S CO

"Masawara Urban Retreat: A Luxurious Wellness Escape for the Modern Traveler"

Tourism with Memory Phiri Zimbabwe. Masawara always has something special planned—particularly for the ladies—during major holidays like Valentine's Day and Mother's Day.



By Memory Phiri
Zimbabwe.
Senior edidor
The Diaspora Times

If you're not an outdoors enthusiast but still want to enjoy the best of tourism, then Masawara Urban Retreat is your ideal destination. This exclusive sanctuary caters to those who prioritize skincare, beauty, fitness, and selfcare in a luxurious setting.

Masawara always has something special planned—particularly for the ladies—during major holidays like Valentine's Day and Mother's Day. Tailored packages such as "Me Time," "Pamper Me," "Refresh Me Please," and "Glow Up" are often up for grabs, each promising a delightful blend of indulgence and rejuvenation.

Indeed, the line between skincare and self-care is a fine one, and Masawara blurs it beautifully. The Masawara Retreat Group features the award-winning Skin Spa (a Luxury Spa Award winner for three consecutive years), the Rejuvenate wellness center, and the stylish Hair Bar. With a glass of freshly squeezed juice in hand, guests can enjoy signature treatments, facials, finishing touches, and hair removal in a serene, high-end atmosphere.

Tourism and hospitality have



Masawara Urban Retreat

evolved to include wellness and beauty as core offerings—you can even get an eyebrow tattoo within the confines of this esteemed five-star hotel. Located in the prestigious suburb of Borrowdale, Harare, the Royal Oasis Masawara Retreat Hotel is adorned with gold finishes, matching the elegance of its services.

Visitors are encouraged to take their time and embrace the therapeutic nature of this wellness destination. Whether it's detoxing through steam pod sessions, enjoying a hot stone or deep tissue massage by professional therapists, or simply finding peace of mind in a luxurious environment—Masawara is designed to restore balance to the mind, body, and spirit. In today's fast-paced world, peace of mind is a luxury, and mental health matters more than ever.

Spa experts are on hand to offer skin care advice while guests enjoy their staycation or vacation. At Masawara, you truly can have your cake and eat it too—satisfaction is guaranteed.

Guests can round off their treatments with a night's stay in the elegant Executive Standard Deluxe, the Masawara Deluxe Suite, or the opulent King's Suite. A hearty breakfast for two awaits in the morning, courtesy of Organikks, a restaurant renowned for its delicious fusion cuisine served at breakfast, lunch, or dinner.

Beyond wellness, Masawara

Urban Retreat also offers conferencing and event planning services, all while maintaining the utmost privacy.

To sum it up, indulge your body this winter season with Masawara's curated wellness experiences. In a world that demands so much, this urban retreat reminds us that self-care is not a luxury—it's a necessity.

By Memory Phiri Zimbabwe.

WELCOME TO MASAWARA

Escape the noise. Embrace indulgence.

Located in the heart of Borrowdale, Harare's most prestigious suburb, Masawara Urban Retreat is your sanctuary for modern wellness. Whether you're on a vacation, staycation, or a business trip, we redefine tourism by putting you first—your skin, your body, your peace of mind.

Award-winning wellness, world-class beauty services, luxury accommodation, and fine dining—all under one serene roof.



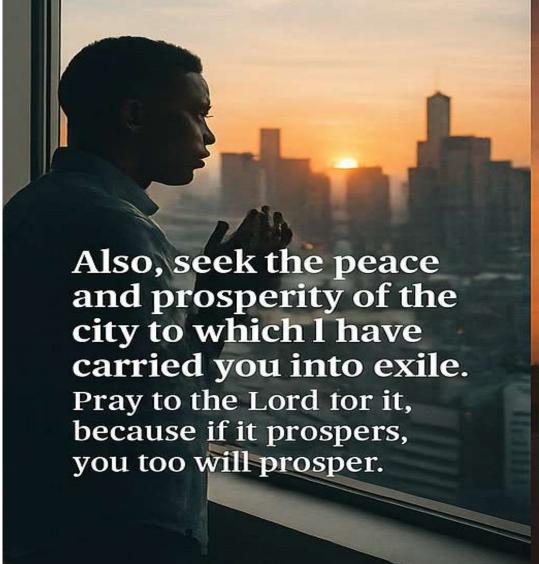
The future belongs to those who believe in the beauty of their dreams.
-Eleanor Roosevelt

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DIASPORA SUNDAY

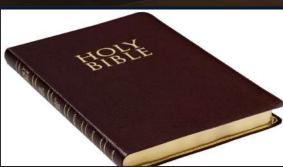


Worship the Lord your God, and his blessing will be on your food and water. Exodus 23:25 I will take away sickness from among you. Romans 15:13



Beuteronomy 31.6 "Be strong and courage

"Be strong and courageous.
Do not be afraid or terrified because of them,
for the Lord your God
goes with you, he will never
leave you nor
forsake yo."



Psalm 121.8

The Lord will keep your going out and your coming in from this time forth and forevermore.

When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you.

For this world is not our permanent home; we are looking forward to a home yet to come.

Hebrews 13:14 NLT

I WILL SING TO THE LORD, FOR HE HAS DEALT BOUNTIFULLY Psalm 13:6

Psalm 13:6

Psalm 13:6

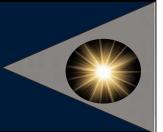
Psalm 13:6

IN THE LORD
ALWAYS

THIS IS THE

THE LORD

"Defend the cause of the weak and fatherless; maintain the rights of the poor and oppressed." - Psalm 82:3



FROM PULPIT TO PASSIVITY: WHERE DID REV. TIMOTHY NJOYA'S REVOLUTIONARY FIRE GO?

Today's clergy, by contrast, are largely captured. Not by fear, as during Moi's days, but by greed and political patronage. They bless corruption in exchange for donations. They endorse power in exchange for seats on State boards. They baptize sin in holy water and call it breakthrough.

By Arch. Dr. D.K. Gitau | Diaspora Times Opinion Desk

NAIROBI KENYA-

In 2022, when the revered and once-feared retired Presbyterian cleric Rev. Timothy Njoya appeared on the JKL Live show, viewers anticipated fireworks. The man who once stood defiantly before police batons, military tanks, and an authoritarian regime now sat calmly, almost detached, offering one-liners like "hang them high" in reference to Kenya's corrupt leaders—only to quip, almost flippantly, that he would not attend the hanging. It was vintage Njoya, but with the bite noticeably dulled.

He said he no longer concerns himself with who governs Kenya. "I govern myself," he stated. A proclamation of self-sovereignty perhaps, but to many, it sounded like resignation—the abdication of prophetic duty. In an era where corruption has metastasized into the very soul of our republic, many ask: Where is the fiery Njoya who once dared Moi's police state with his collar and conscience alone?

The Prophet Who Walked Away?

Rev. Njoya was a titan of the Second Liberation—a cleric who carried his Bible into battle not with a sword but with a searing voice that unsettled tyrants and emboldened the oppressed. He, along with the late Anglican Bishop David Gitari, became a moral compass at a time when both Church and State had blurred into tools of oppression.

But as Njoya now puts it, his war was won. Moi is gone. Multipartyism is here. Democracy, at least procedurally, was achieved. And so he retreated—not into silence, but into a philosophical withdrawal. He now views Kenya through a wide-angle lens, speaking as a retired general who won the war, even if the peace that followed turned rotten.

Yet, even from that contemplative perch, he does not mince words. The educated elite, he argues, have become more efficient thieves. They no longer loot in darkness—they do it under the fluorescent lights of Ha-



rambee fundraisers, with stolen communion wine and consecrated bread. "The Church," he said, "has sold its soul." Harambees, gambling, false prophecies—these, he declares, are modern-day sins packaged as miracles.

He lamented that in today's Kenya, the thieves are not just politicians. They are robed. They are anointed. They preach prosperity while robbing the desperate.

Of Legacies and Lost Battles
On President Uhuru Kenyatta's legacy, Njoya delivered an uncomfortable truth: You do not search for a legacy. The legacy is what history hands you—uninvited, uncompromising, and final. It is not what a leader claims, but what his tenure delivers.

Asked whether he forgave those who beat him during the Moi era, Njoya's answer was emphatic: No. "They did not defeat me. I defeated them." It was a triumphant assertion of moral victory, but also a revealing one. It suggests that for Njoya, forgiveness is not owed to those who

lost. They, not he, must now kneel and reckon with the truth. The Revolution That Fizzled? In one of the show's most striking moments, a viewer tweeted that "a revolution is necessary because people have been turned into mules for the rich." Njoya agreed. Yet, the question that lingers is this: If a revolution is necessary—and Njoya sees it—why has the prophet not picked up his staff?

Is this the same Njoya who once challenged State House with psalms? Who preached while bleeding from police wounds? Who stood for gay rights not necessarily because he endorsed them, but because he asked uncomfortable questions: If your child were gay, would you disown him? If he were a thief, would you love him less? For that, he was misunderstood, vilified, even heralded—but never ignored.

And now, in an age when corruption thrives in Wi-Fi-enabled offices, where churches have become theatres of extortion, and where suicide rates among men rise as societal roles collapse—where is the voice of the man who once thundered from the pulpit and pulsed through protest lines?

What Happened to Kenya's Prophetic Clergy?

Bishop Gitari is gone. Alexander Muge died mysteriously. Njoya is alive, but many wonder if his spirit has aged more than his body. His critiques remain sharp, but his stamina, his engagement, has waned. Some argue it is age. Others whisper it is disillusionment. Still others insist it is the curse of a battle won too early, only to discover the enemy had merely changed robes.

Today's clergy, by contrast, are largely captured. Not by fear, as during Moi's days, but by greed and political patronage. They bless corruption in exchange for donations. They endorse power in exchange for seats on State boards. They baptize sin in holy water and call it breakthrough.

And so, as the nation wails under the weight of failed leadership, there is an eerie silence from the pulpit. Njoya may no longer lead the march, but we ask: Is there another prophet in waiting? Will there rise a new moral voice to disturb the comfortable and comfort the disturbed?

Until then, we are left with memories of Njoya the warrior—and the hollow echoes of a Church that once roared but now whispers.

Disclaimer: This article is a reflective opinion and not an indictment of any individual's faith or personal choice.

It is meant to stir national discourse on the role of the Church in Kenya's democratic journey

© The Diaspora Times | Arch. Dr. D.K. Gitau



Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that. -Martin Luther King Jr.

Spread love everywhere you go. Let no one ever come to you without leaving happier. -Mother Teresa

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HEALTH CORNER



"Strong Body, Strong Mind: A Holistic Guide to Keeping a Healthy Body"

The most common form, accounting for over 90% of cases worldwide, where the body becomes resistant to insulin or doesn't produce enough of it. It is closely linked to obesity, sedentary lifestyles, and poor diets.

By Maggie Gonna mngona@gmail.com MC sources Share only

>>>>>>>>>>

Introduction:

Health Is the True Wealth In a world where the pace of life continues to accelerate and the demands of modern work and urban living grow heavier, the need to maintain a healthy body is more urgent than ever. Whether in the dusty streets of Nairobi or the quiet suburbs of Atlanta, the foundation of a fulfilling life lies in good health. It is not just about avoiding illness — it's about thriving, building resilience, and creating the energy to pursue our dreams.

This report presents a practical, science-backed, and culturally relevant guide to maintaining a healthy body for the 21st-century individual — especially for members of the global African diaspora whose health habits are often caught between two continents.

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1. Food as Medicine: Eat to Live, Don't Live to Eat Balance is key: A healthy plate should be rich in vegetables (especially leafy greens like sukuma wiki and spinach), fruits, whole grains (like



brown ugali or quinoa), and lean proteins (fish, beans, lentils, chicken).

Watch the portions: Avoid the temptation to overeat. Traditional African servings can be heavy on carbs and fats — balance them with vegetables and protein.

Limit processed foods: Reduce intake of fried snacks, sugary drinks, and fast food. Replace soda with water, coconut water, or herbal teas.

Eat mindfully: Avoid eating late at night or while watching screens. Enjoy meals with others when possible — it improves digestion and mental well-being.

2. Move Your Body Daily: Motion Is Medicine Exercise regularly: At least 30 minutes of moderate activity 5 times a week. This could be brisk walking, jogging, cycling, or dancing (yes, even Mugithi counts!).

Don't sit too long: If your job involves sitting, stand up and stretch every 30 minutes. Use stairs instead of elevators. Park farther away to walk more.

Strength matters: Incorporate bodyweight exercises like push-ups, squats, and planks to build muscle and bone strength — especially important after age 40.

Make it fun: Join a soccer league, take dance classes, or walk with friends. The best exercise is the one you enjoy and stick with.

3. Rest and Reboot: Sleep Is Sacred 7–8 hours of sleep: Adults need quality sleep for tissue repair, memory consolidation, and hormonal balance. Poor sleep can lead to weight gain, depression, and weak immunity.

Set a sleep routine: Go to bed and wake up at the same time daily. Avoid caffeine, alcohol, and screens before bedtime.

Create a sleep-friendly environment: Keep the bedroom dark, cool, and quiet. Invest in a good mattress and pillow.

4. Mental Health Is Physical Health stress: Chro-Manage nic stress elevates cortisol, leading to belly fat, high blood pressure, and a weak immune system. Practice deep breathing, meditation, or prayer.

Talk it out: Speak to friends, elders, or therapists. Bottled emotions harm the body. In African culture, community is healing — use it.

For more stories like this, follow The Diaspora Times.

TIPS ON HEALTH



Community and Culture: The African Wellness Advantage

Use your roots: Traditional African diets, herbal remedies (under guidance), and communal living all promote health. Embrace the wisdom of elders.

Join community groups: Churches, mosques, and local associations can support wellness through group activities, prayer, and shared meals.

Give back: Volunteering and helping others improves emotional health, reduces depression, and strengthens resilience.

Conclusion: Own Your Health Journey

Health is not a luxury — it is a right and a responsibility. Whether you are a student in Chicago, a matatu driver in Nairobi, a nurse in Minnesota, or a farmer in Kitui, your body is your temple. Treat it with care. Feed it with respect. Move it with joy. Rest it with intention. And above all, love it as a vessel through which purpose is fulfilled.

Regular Checkups:

Prevention Over Cure
Annual physicals: Get your blood
pressure, cholesterol, blood sugar,
and weight checked yearly — especially after age 35.

Cancer screenings: Men should check their prostates; women should get mammograms and pap smears.

Early detection saves lives.

Dental health: Oral infections

Dental health: Oral infections affect the heart and immune system. Brush, floss, and see a dentist twice

a year.

Say No to Harmful Habits
Quit smoking: It damages lungs,
heart, skin, and nearly every organ.
Get help if you need it.
Limit alcohol: Drink in moderation
— and never as a way to cope with
stress or sadness.

Avoid drug misuse: Prescription drugs must be used responsibly. Say no to recreational narcotics, which can destroy the body and mind.



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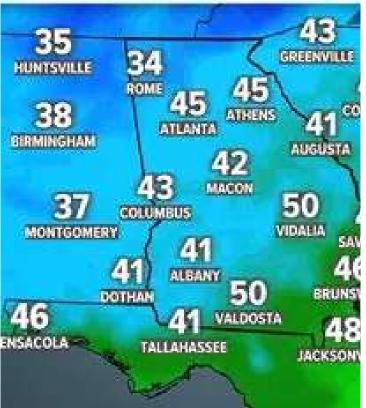


THE WEATHER IN USA IN BRIEF GEORGIA



Mostly sunny and humid with spotty thunderstorms possible this afternoon.

CURRENT TEMPERATURES



Weekly Highlights:

- Today, August 2: Mostly sunny and humid with spotty thunderstorms possible this afternoon. High near 92 °F (33 °C). Stay hydrated and limit strenuous activity during peak heat.
- Sat-Mon (July 26–28): Intensifying heat with highs ranging 94–96 °F (34–36 °C). Nights barely cool off, bottoming out in the low to mid 70s °F (23–24 °C). Expect sizzling afternoon humidity.
- Mid week (July 29–30): More of the same scorching conditions—highs up to 97 °F (36 °C) on Wednesday. The forecast indicates a possibility of approaching a record high of 37 °C (99 °F), a mark not seen since 1986. Afternoon thunderstorms likely.
- Thursday, July 31: Slight relief with temperatures around 90 °F (32 °C), though still humid, and a couple of thunderstorms expected.

Hydrate: Drink plenty of water throughout the day.

Shade & timing: Avoid direct sun between midday and early afternoon.

Dress smart: Light, breathable clothing helps—think cotton, moisture-wicking fabrics. Watch for storms: Afternoon thunderstorms could roll in—stay updated through local alerts.

Times Cimes

IS NOT A NEWSPAPER

IT IS A VOICE,

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AND A MOVEMENT

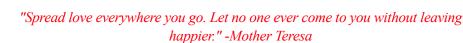
MAN LEAVES HIS MOTHER'S WOMB AT BIRTH, ONLY TO ENTER THE GREATER WOMB OF THE WORLD. AT DEATH, HE DEPARTS ONCE MORE—INTO THE MYSTERY OF THE INFINITE UNKNOWN. PERHAPS AS A SPIRIT, SHEDDING THE FLESH LIKE OLD GARMENTS, TO BEGIN ANEW—A BIRTH WITHOUT A BODY.



- ARCH. DR. D. K. GITAU

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Success Gardens Phase 1 by Optiven that is sold out and customers are now building their palatial dream homes.

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- Trees on ground
- Perimeter Wall

- Water tower
- Caretaker on site
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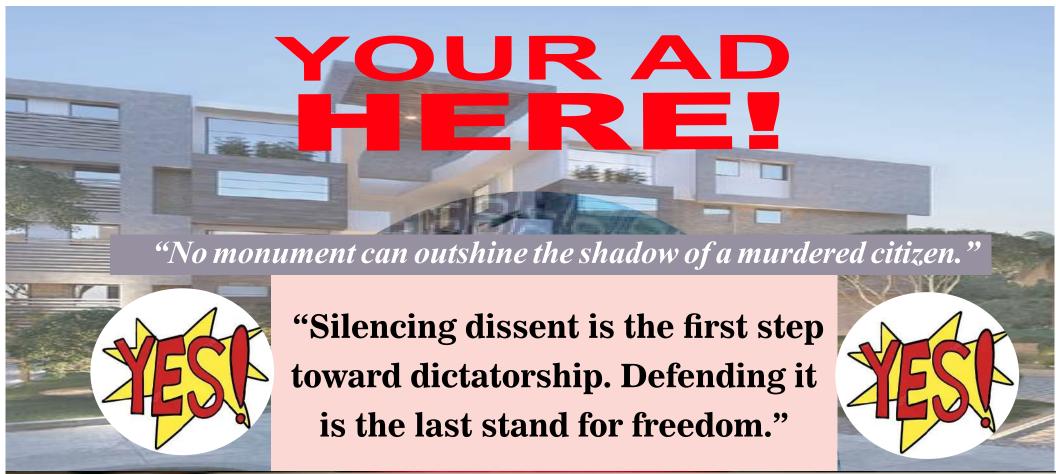
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Africa Resources epaper is published in USA, Kenya, Pakistan, & UK. Issue 368

AFRICA RESOURCES CENTER







Global Renewable Energy Sector Experiencing Unprecedented Momentum

By Dr. Jane Chelangat | Special Report – The Diaspora Times

As of mid-2025, the global renewable energy sector is experiencing unprecedented momentum, reshaping how the world generates and consumes power. In 2024, renewable electricity generation grew by almost 6%, driven primarily by solar photovoltaic (PV) and wind energy, while nuclear output also climbed by around 4%. Together, low-carbon sources—renewables and nuclear—now account for over 40% of the world's electricity production. Solar PV alone generated approximately 2,129 terawatt-hours of electricity, contributing about 8% to the global total. This expansion has been accelerated by technological innovation, declining production costs, and massive deployment in countries like China.

Investment in clean energy reached record levels in 2024, totaling \$2.1 trillion globally an 11% increase from the previous year. For the first time in history, more money is being funneled into renewable and clean technologies than into oil and gas exploration. Solar PV technologies received the lion's share, accounting for nearly half of all clean energy investments and two-thirds of all new generation capacity installed. In tandem, battery energy storage is booming, with global installations now poised to surpass traditional pumped hydro capacity. This marks a vital shift toward flexible, decentralized storage that can stabilize intermittent sources like wind and solar.

In the United States, the first half of 2025 saw clean energy contribute 45.2% of all electricity generated. Solar power surged by 32% while wind output also hit



new highs. The country added 2.1 gigawatts of new wind capacity in the first quarter of 2025 alone, although new turbine orders declined by 50%, raising concerns about future project pipelines. Solar capacity continues to soar, with a record 38.4 gigawatts installed in 2024, bringing the national total to 128.2 gigawatts. At the same time, battery storage capacity reached 30.9 gigawatts by year's end, with 14.9 gigawatts added in 2024 alone. Community solar is another bright spot, now accounting for over 6.5 gigawatts and projected to double by 2028, offering a lifeline to households unable to install rooftop panels.

New technologies are rapidly redefining the landscape of renewable energy. Artificial intelligence and machine learning are being integrated across the sector to optimize forecasting, grid management, and asset performance. These innovations help address the challenges of variability and ensure grid reliability as more clean sources come online. Smart grid advancements are proving essential to support this transition, particularly given the added demand from electric vehicles, data centers, and industrial electrification. Meanwhile, offshore wind projects are gradually gaining traction in the U.S., with several commercial-scale installations underway despite a modest starting capacity of 174 megawatts.

Beyond the United States, other nations are stepping up. China continues to dominate the global market, installing over 373 gigawatts of new renewable capacity in 2024 and raising its total to approximately 1,878 gigawatts. Renewables now contribute about 36% of

China's electricity mix, and the government remains committed to further expansion. In Australia, new policies aim to increase renewable generation to 82% by 2030. The country is expanding its capacity investment scheme by 25%, injecting new funds into solar, wind, and energy storage projects. However, rising costs and policy friction have caused a slowdown in wind farm construction, casting doubts on whether national targets will be met on time.

Across the board, falling costs continue to enhance the competitiveness of solar and wind energy. These technologies are now economically viable even without heavy subsidies. Moreover, energy security concerns and the need for climate resilience are pushing governments and corporations alike to prioritize clean energy projects.

Yet, the journey is not without its obstacles. Regulatory bottlenecks, fluctuating policy environments, and infrastructure inadequacies remain persistent threats to sustained growth.

In sum, the global energy transition is no longer a distant ambition but an unfolding reality. Solar and wind power are scaling at historic rates, storage technologies are becoming mainstream, and smart systems are helping to manage the complexity of modern grids. Record-breaking investment levels reflect growing confidence in the sector's longterm viability. As technology evolves and global cooperation deepens, the world moves steadily toward a cleaner, more secure, and more sustainable energy future.











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WORLD OF SPORTS

The Celtics are known for their tradition of tough defense.

Jack Simone, in a recent pod he put together with cohost Sam LaFrance taking a look at ways Boston could make their team both better balanced in the frontcourt, as well as cheaper.

Boston Celtics: Legacy of Champions Founded: 1946

City: Boston, Massachusetts Arena: TD Garden

Highlights: 17 NBA Championships – tied with the Los Angeles Lakers for most in league

Bill Russell Era (1956-1969): Russell led the Celtics to 11 championships, including 8 straight (1959–1966)—the greatest dynasty in NBA history.

Larry Bird Era (1980s): With Larry Bird, Kevin McHale, and Robert Parish, the Celtics won 3 more titles (1981, 1984,

2008 "Big Three" Revival: Paul Pierce, Kevin Garnett, and Ray Allen brought Boston back to glory with a title in 2008, defeating the Lakers.

The Celtics are known for their tradition of tough defense, teamwork, and storied rivalries—especially with the Lakers. Chicago Bulls: The Jordan Dynasty Founded: 1966

City: Chicago, Illinois Arena: United Center Highlights:

6 NBA Championships – all won in the 1990s, led by Michael Jordan and Scottie Pippen.

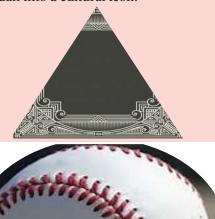
Michael Jordan Era (1984–1998): Jordan, widely considered the greatest basketball player of all time, led the Bulls to two three-peats:

1991–1993

1996-1998

Coach Phil Jackson developed the "Triangle Offense," turning the Bulls into a global

The Bulls became synonymous with dominance and commercial success, turning Jordan into a cultural icon.





Boston Celtics steps to the basket against Nikola Vucevic #9 of the Chicago Bulls

