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The Diaspora Times.

Saturday, Dec. 6th, 2025
Weekly newspaper. Vol. 403

News with roots, stories with impact — this is the Diaspora voice.

Australia Sets Global Tone With New Law Blocking Under-16s From Social Media.



“Social media raises a variety of concerns, including the amount of time adolescents spend on platforms, the type of content they consume or are exposed to, and the “degree to which it disrupts activities essential for health, such as sleep and physical activity.” It points out that social media can also affect young users in “different ways, depending on their individual strengths and vulnerabilities, and based on cultural, historical, and socio-economic factors.”

NEW YORK>>> By James Njiraini
The Diaspora Times- NY Correspondent

Australia is set to enforce one of the world’s toughest social-media age restrictions when the Online Safety Amendment (Social Media Minimum Age) Act comes into effect on December 10, 2025. The law requires major platforms—including Facebook, Instagram, Threads, TikTok, Snapchat, YouTube, X, Reddit, Twitch, Kick and others—to block users under

the age of 16 from holding or maintaining accounts. In anticipation of the rollout, several companies began removing or suspending under-age accounts earlier in December as part of sweeping compliance measures. Under the new legislation, technology firms that fail to comply face fines of up to AUD 50 million, reflecting the government’s determination to address mounting concerns around youth online safety. Officials argue that delaying social-media access will help curb exposure to harmful content and reduce

the mental-health pressures linked to early digital engagement. However, the policy has sparked debate, with critics warning that cutting teens off mainstream platforms may push younger users toward less regulated, more dangerous corners of the internet. The conversation continues to divide parents, educators, policymakers, and young people as the nation prepares for a significant shift in how its youth interact with the digital world.

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Stock trading has long been viewed as the domain of Wall Street professionals, hedge fund managers, and seasoned financial analysts. However, the digital age has transformed the landscape

entirely. Today, stock trading has evolved into a popular hobby for millions of ordinary individuals across the world. With easy-to-use mobile platforms, commission-free trades, online research tools, and abundant market information, anyone with a smartphone and an interest in finance can participate in the global market. For many, trading has become more than a financial activity—it is an intellectually stimulating pastime that offers excitement, education, and personal growth.

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The NYSE saw slow trading volume throughout much of the month, Page 2

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HIGHLIGHTS



No need to dwell on the past or the people who have wronged us. Never give them the power to hurt you twice—first in the moment, and again by allow-

ing their actions to determine how your life unfolds. Ignore their existence, silence their influence, and stay focused on your goals. Understand that not everyone comes into your life with good intentions; some arrive to teach us lessons we did not know we needed.

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There are moments when African politics drifts, and moments when it ruptures. In Mozambique in 2025,

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Maasai Mara Tours



KENYA
NEWS



Stock TradingAt New York Stock Exchange.

One advantage of treating stock trading as a hobby is the flexible level of commitment. A person may spend 20 minutes a week reviewing a portfolio, or two hours a day researching opportunities.

By The Diaspora Times
Editorial Desk.

By Dr. James Kangethe-New
York- Diaspora Times Financial
Reporter.

Stock trading has long been viewed as the domain of Wall Street professionals, hedge fund managers, and seasoned financial analysts. However, the digital age has transformed the landscape entirely. Today, stock trading has evolved into a popular hobby for millions of ordinary individuals across the world. With easy-to-use mobile platforms, commission-free trades, online research tools, and abundant market information, anyone with a smartphone and an interest in finance can participate in the global market. For many, trading has become more than a financial activity—it is an intellectually stimulating pastime that offers excitement, education, and personal growth.

Engaging in stock trading as a hobby allows individuals to learn practical lessons in economics, global trends, and strategic thinking. Unlike many hobbies that involve consumption or expenditure, stock trading offers the potential to earn profits and grow personal wealth over time. It encourages people to understand how companies operate, how industries evolve, and how political and economic events influence markets. A hobby trader who follows major companies—such as technology firms, pharmaceutical manufacturers, or energy producers—naturally learns about innovation, supply chains, global crises, and shifts in consumer preferences. This makes stock trading a hobby that not only entertains but educates.

Many hobby traders are attracted by the adrenaline that comes with market fluctuations.



Watching prices rise and fall in real time creates a sense of competition and urgency. It requires quick decision-making, risk assessment, and patience—all qualities that stimulate the mind. Some compare trading to a strategy game, where the objective is to anticipate market moves and position oneself ahead of the curve. This mental engagement makes the hobby appealing to analytically minded people, problem solvers, and those who enjoy challenges. The modern environment, where markets operate electronically and globally around the clock, gives hobby traders access to a thrilling and fast-paced experience.

However, the excitement surrounding trading must be balanced with caution. Like any hobby that contains risk—such as mountain climbing, motorsport, or gambling—stock trading requires discipline. The possibility of financial loss is real. While a professional trader may have years of training and access to research analysts, hobby traders often rely on personal judgment, online opinions,

or emotional decisions. Therefore, one of the most important aspects of engaging in trading as a hobby is risk management. Setting clear limits, avoiding money one cannot afford to lose, and sticking to long-term plans helps prevent emotional or impulsive decisions.

Some hobby traders adopt a style known as “long-term investing,” which involves buying shares of reputable companies and holding them for years. This approach aligns well with beginners and those who treat trading casually rather than full-time. Instead of reacting to daily price movements, long-term hobby traders focus on the fundamentals of a company—its revenue growth, innovation, leadership, and competitive advantage. This strategy has historically proven successful for many ordinary investors who benefit from market growth and compounding returns over the years. In contrast, day trading—buying and selling within the same day—requires more skill, focus, and risk tolerance, making it less suitable for someone whose involve-

ment is limited to hobby time.

One advantage of treating stock trading as a hobby is the flexible level of commitment. A person may spend 20 minutes a week reviewing a portfolio, or two hours a day researching opportunities. The choice is personal. The growth of online courses, financial podcasts, YouTube channels, and discussion platforms has also created a global learning community. Hobby traders can share success stories, strategies, and lessons, forming networks similar to those in photography, gardening, or sports. The difference here is that participants are not only learning—they are potentially earning.

However, trading should never replace professional financial advice, nor should hobby traders assume success is guaranteed. Markets are unpredictable. News, elections, natural disasters, and innovation can alter the direction of a stock within minutes. It is important that individuals remain emotionally neutral. Greed, fear, and impatience are the biggest enemies

of the hobby trader. Successful hobby trading therefore involves self-awareness and emotional intelligence—skills that are valuable in life beyond finance.

In conclusion, stock trading as a hobby can be rewarding, educational, and financially beneficial when approached with discipline and realistic expectations. It transforms market participation from a mysterious activity to an accessible pursuit. While the thrill of trading can be enticing, it is essential for hobbyists to balance excitement with knowledge, and risk with strategy. For many people today, trading is not just a way to potentially make money—it is a hobby that sharpens the mind, connects them to global events, and offers a sense of participation in what drives modern economies. With the right mindset, stock trading can be a fulfilling and responsible hobby in today’s digital financial world.

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This will be a monthly review of
the stock market at the NYSE

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LAUGHTER THE MEDICINE

BEST

1. Diaspora people be like: “I’ll call you back in 5 minutes.”
Five months later: “Hey, long time! Is everything okay at home?”
2. The way diaspora folks say “I’m coming home soon” — Even Jesus will return first.
3. Aunties at the airport: “Welcome back! You’ve become fat!”
Also Aunties: “You don’t look like you’re eating enough!”
4. Diaspora conversations about weather: “Yes, it’s cold... again.”
Every single day for 20 years.
5. The stress of phone calls home: “Send something small.”
“How small?”
“We are not choosy. Anything

- from KSh 50,000 going up.”
6. Diaspora accents are funny: At home: “Water!”
Abroad: “Woraaadaaa... botto waraaada.”
7. Visiting home after 10 years: “When did they build this road?”
Bro, yesterday.
8. Kenyan parents abroad: “You must speak English.”
Then punish you in Kiswahili, Kikuyu, Kamba, Dholuo...
9. Diaspora diet facts: You leave skinny.
You come back McDonaldized.
10. Diaspora WhatsApp groups: “Please I need 2 volunteers.”
500 people read it. Zero replies.
11. When a cousin asks for iP-

- hone:
“But I sent you money for school fees?”
“Yes, I am studying communication!”
12. Diaspora love stories: “We met online... but the network is stronger than the relationship.”
13. Somebody sneezes in America: “Bless you.”
Somebody sneezes in Kenya: “Are you okay? Take this ginger, lemon, prayer, and hot porridge.”
14. Diaspora kids visiting Kenya: “Why is the WiFi sleeping?”
15. Every diaspora person has that auntie: “You remember me?”
No. I was 2 months old!

16. Diaspora return gifts: Chocolate, perfume, and... toothbrushes.
Kenya: “We also brush teeth here!”
17. Diaspora Christmas: Zoom calls, long-distance hugs, and sending money last minute.
18. Diaspora packing struggles at JKIA: KRA officer: “This handbag is too heavy.”
“Yes, it is carrying homesickness.”
19. Diaspora accent when back home: After 3 days: “Ati sasa?”
Accent forgotten immediately.
20. Diaspora airport tears: Departures = Crying
Arrival back home = 30 relatives and 50 expectations.

Math Logic Puzzles

+

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GUESS THE MISSING NUMBER SERIES PUZZLE

ONLY HIGH IQ CAN SOLVE

Find value of Square?

+

=

10

+

=

6

+

=

5

Share if you could solve it!!!

GENZ KENYA PROTEST

June 25, 2024

“You may pave the streets with gold, but if you silence the people with bullets, history will remember only the blood.”

THE YOUTH DEMAND CHANGE

REMEMBER THE YOUTH ARE WATCHING

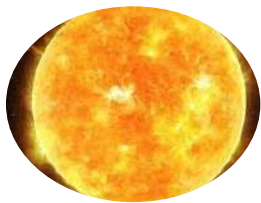
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Walking Away Without Bitterness: Lessons From Painful People”



As human beings, it is natural to feel hurt. Some may nurse thoughts of revenge, but such thoughts must be cast aside. Let bygones be bygones. Everything in life happens for a reason.



Abigirl Phiri | Zimbabwe
Senior Editor

No need to dwell on the past or the people who have wronged us. Never give them the power to hurt you twice—first in the moment, and again by allowing their actions to determine how your life unfolds. Ignore their existence, silence their influence, and stay focused on your goals. Understand that not everyone comes into your life with good intentions; some arrive to teach us lessons we did not know we needed. Take in both the good and the bad—because in an ideal world you would never face setbacks, but in real life they are inevitable. These experiences fuel your resilience. They push you to pick yourself up, try again, and wipe away the pain. Some individuals are like “Dennis the Menace”—roaming through life causing havoc wherever they go. If you are fortunate enough to identify red flags early, keep your distance. But if you are deceived and unable to see the truth in time, take that painful experience in stride. It does not change your worth, define who you are, or prove anything about your value.

As human beings, it is natural

Everything in life happens for a reason. Accept reality, move forward with renewed vigor, and commit to living your best life. When you focus on the positive, you attract positivity, progress, and constructive ideas.

to feel hurt. Some may nurse thoughts of revenge, but such thoughts must be cast aside. Let bygones be bygones. Everything in life happens for a reason. Accept reality, move forward with renewed vigor, and commit to living your best life. When you focus on the positive, you attract positivity, progress, and constructive ideas. Bitterness eats away the goodness in you and leaves behind only a shell. Hurt people often end up hurting innocent people—so learn to walk away from situations that bring nothing but pain. Experience teaches that when you focus on the good aspects of life, you eventually feel fulfilled and content, even with the difficult chapters. To the wrongdoers—there is no gain in causing pain to others. You simply strengthen the unshakable law of karma: what goes around, comes around. From a biblical perspective, judgment does not belong to us. Therefore, never wish ill on those who have wronged you; allow life to take its course. The world is surprisingly small—you may meet again one day, and circumstances may be reversed. That same person may eventually need your help. This is why we are urged to treat others with kindness—because no one knows when life will turn the tables. Let this be a clarion call to anyone who has caused harm: turn over a new leaf. Strive to do good, even though perfection is impossible. There is unmatched contentment in being kind; it brings a sense of peace knowing you tried your best. Life is ultimately about choices—you choose whether to be a wrongdoer or a good person. May we all choose wisely and be exemplary wherever life places us. Rugare, treasured readers.

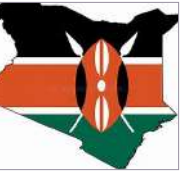


Take in both the good and the bad

You gain nothing by holding onto bitterness. When you focus on healing, purpose and growth — you reclaim your power. Not everyone who enters your life is meant to stay— Some come to teach, some to test, and others simply to show you what you never want to be. Walk away from pain with your dignity intact. Wish no one harm. Do good regardless. Because the world is small... And life has a way of returning every seed we plant. “What goes around, comes around — always.”

Abigirl Phiri
Corner





The Legacy Of Fadhili Williams: Kenya's Unsung Voice Of Sweet Sorrow And Immortal Melodies.

By Dr. Jean Kamau
Excerpts from Sms Diary
jean@gmail.com

When Kenyans speak of timeless music—songs that outlived political eras, survived changing rhythms, and became cultural scripture—the name Fadhili Williams Mdawida arises like a quiet but immovable shadow. Soft-spoken, impeccably gifted, and often underappreciated in his own lifetime, Fadhili Williams remains one of Kenya's greatest musical sons—a pioneer whose work marked the birth of recorded pop music in East Africa and whose masterpiece “Malaika” traveled beyond borders to become a continental classic. His legacy is not merely in the music he performed, but in the historic symbolism of what that music represented: love across barriers, longing across distance, and the universal sorrow of dreams beyond reach.

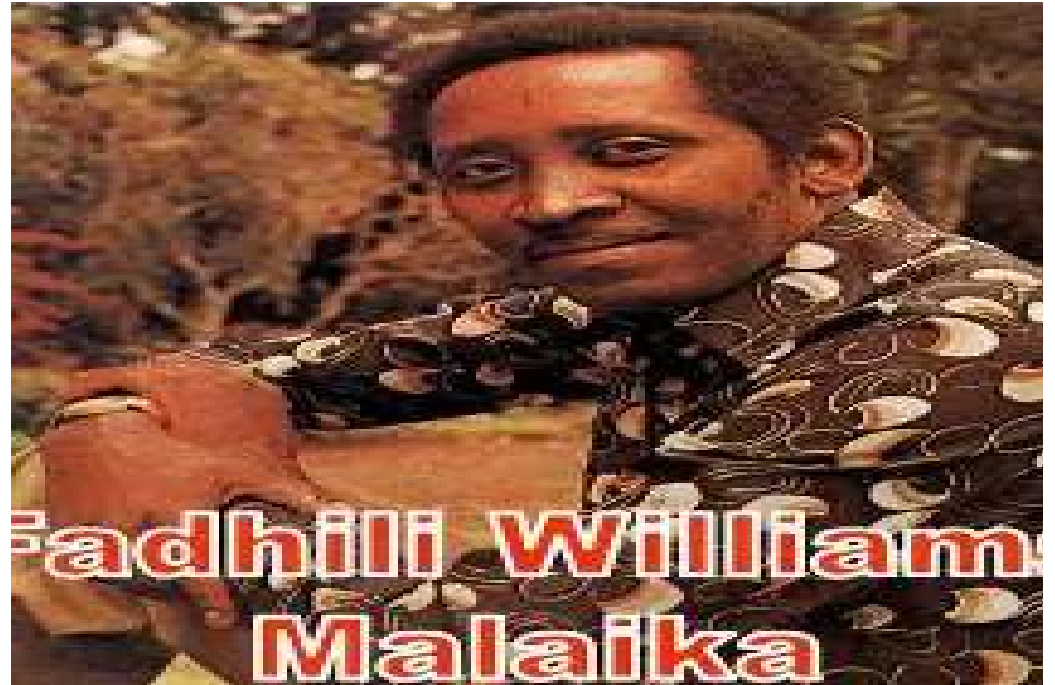
Born in Taita Taveta on November 11, 1938, Fadhili Williams emerged in a generation where Kenyan music was still wrestling with identity, caught between colonial cultural impositions and the rhythms of indigenous expression. Music was oral, informal, largely communal—rarely recorded, rarely credited, and rarely commercialized. Yet from this unpolished world came a young man whose voice carried a kind of nostalgia that felt older than himself, a tone that could make a celebration sound like mourning and make heartbreak sound almost sweet. His vocal delivery—mournful but romantic, unforced yet unforgettable—became his signature.

The defining apex of Fadhili's legacy arrived with the composition and recording of “Malaika.” Though contested for decades—with names like Grant Charo,

Adam Salim, Miriam Makeba, and even the legendary Harry Belafonte woven into the song's history—one indisputable truth is that the first professional recording of “Malaika” was performed by Fadhili Williams in the late 1950s with the Jambo Boys Band and later with East African Records. The song was not merely a hit; it became a phenomenon. It was translated, covered, modernized, and globalized. It was sung in township bars and international theaters, at weddings and protests, in moments of romantic triumph and quiet personal despair. “Malaika” became Africa's love anthem—simple in words but immeasurable in meaning. For many, the voice that gave it emotional life was Fadhili's.

Yet even with this monumental achievement, Fadhili Williams lived the complex and often painful story of African creatives of his era—genius without financial reward, recognition without ownership. As global artists reinterpreted the song and profits flowed across oceans, the man whose voice captured its soul remained largely sidelined. He fought for recognition, he spoke for credit, and at many stages in his life, he carried the silent burden shared by countless African creators—a legacy celebrated more in memory than in wallet. Still, what Fadhili embodied for Kenya was far greater than royalties. He represented the birth of modern recording culture in the country. His collaborations helped shape the early studio system in Nairobi; his style influenced coastal and highland sounds; his blending of Swahili lyricism with contemporary arrangement inspired generations. Before guitar bands exploded in the 1960s, before Congolese rumba took over dance floors, before Benga became a national identity—there was Fadhili Williams, carving a path where none yet existed.

Still, what Fadhili embodied for Kenya was far greater than royalties. He represented the birth of modern recording culture in the country. His collaborations helped shape the early studio system in Nairobi; his style influenced coastal and highland sounds; his blending of Swahili lyricism with contemporary arrangement inspired generations. Before guitar bands exploded in the 1960s, before Congolese rumba took over dance floors, before Benga became a national identity—there was Fadhili Williams, carving a path where none yet existed.



Beyond his music, Fadhili was also a cultural diplomat. His performances abroad in later years—especially during his time in the United States—introduced audiences to an East African aesthetic of simplicity and lyrical elegance. He carried Kenya's sound with dignity: not loud, not aggressive, but honest. In a world where commercial noise often buries emotional authenticity, Fadhili's work reminded listeners that music is a mirror—not of one nation, but of the human heart.

He died in 2001, leaving behind a legacy not measured in wealth or awards but in eternity—the eternity of a melody that refuses to fade. Today, when young musicians search for their place in an unforgiving industry, his story stands as both inspiration and caution. He reminds us to guard our art, but also to release it with pride—to sing not for applause but for truth.

His voice now lives in digitized archives, in YouTube uploads and vinyl collections, in the memories of those who danced to his music under lamplight and those who still hum “Malaika” under their breath when love hurts or hope

falters. His influence echoes in Swahili pop, acoustic love ballads, taarab adaptations, and even the stripped-down guitar-and-voice performances that dominate modern Kenyan stages.

Fadhili Williams' legacy is not just a song—it is the preservation of emotion in Swahili form, the proof that African stories belong on international stages, and the reminder that art, once released, may leave the artist behind but never leaves the world unchanged.

In the endless chorus of African history, some voices shout and fade. Fadhili Williams did neither. He sang softly—but the world is still listening.



We Remember the Dead

In silence and sorrow, The Diaspora Times remembers the **FALLEN HEROES**

Lost in struggle, fallen in flame.

They spoke the truth, they walked boldly,

Their dreams live on, unbought, unsold.

Though guns or poor health silenced their cries,

Their courage will never die.



Every week, The Diaspora Times features a story about a fallen Kenyan hero.

Those who died naturally, through assassinations or accidents.





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THE DIGITAL GENERATION AND THE NEW RHYTHM OF LIFE:

Technology promises closeness: instant messaging, video calls, real-time collaboration. Yet paradoxically, natural human interaction is diminishing.



By Yangiboyeva Iroda To'lqin Qizi
Republic of Uzbekistan Surkhandaryo Region
Termiz State University Faculty of Foreign Philology
Philology and Teaching Languages:
English Language Education Program

As the world rapidly evolves, the perception of life also shifts from one generation to the next. Today's youth are no longer shaped by the rhythms of yesterday — the era of printed books, morning radio programs, and purely face-to-face interactions. They belong to a new tempo: a fast-paced, hyper-connected digital age where information flows endlessly and communication occurs at the speed of a click. On the surface, this transformation seems to offer convenience and empowerment — learning, exploring, socializing, and creating can happen almost instantaneously. Yet the same speed and abundance introduce unique psychological and social complexities.

Information abundance is not the same as knowledge

In the past, gaining knowledge required patience — hours spent searching through libraries to uncover a single insight. Today, millions of search results appear within seconds. But information without discernment is not knowledge. While digital access has multiplied the quantity of information, the ability to filter, analyze, and identify trustworthy sources has become one of the greatest challenges facing young people. Many find themselves overwhelmed by contradictory narratives, leading to confusion or misguided perceptions. Thus, in the



digital era, the essential skill is no longer the search itself — but the ability to choose wisely. And every choice carries responsibility.

The illusion of perfection in virtual spaces
Self-evaluation plays a critical role in youth identity formation. However, many now base their worth not on lived experience, but on the carefully curated images of social media. In the virtual world,

tanding this difference is key to healthy self-perception.

Digital convenience — social distance?
Technology promises closeness: instant messaging, video calls, real-time collaboration. Yet paradoxically, natural human interaction is diminishing. Many young people prefer the safety of texting over face-to-face conversation. As a result, essential interpersonal skills — expressing



everyone appears joyful, successful, and flawless. This creates unrealistic standards and heightened self-criticism. A single photo of a luxurious trip or glamorous lifestyle can make a young person feel that their ordinary day-to-day existence is inadequate — as though real life is insufficient unless it is “Instagram-worthy.” It is vital to recognize that what is displayed online is not a genuine reflection of reality, but a staged and filtered performance. Unders-

ideas clearly, building empathy, resolving conflicts, and initiating teamwork — risk weakening. Modern life moves so fast that silence feels uncomfortable, and without pauses for reflection, youth often lose touch with their emotional needs. Finding one's path: technology as a tool, not a guide
Today's generation faces countless career options and global opportunities, but decision-making has become more difficult. Trends on the internet often overs-

In the past, gaining knowledge required patience — hours spent searching through libraries to uncover a single insight. Today, millions of search results appear within seconds. But information without discernment is not knowledge.

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shadow personal strengths and passions. Many youths chase what is popular rather than what is meaningful. Technology can help explore possibilities, but it cannot determine purpose. Self-discovery remains a deeply personal journey that requires awareness, patience, and introspection.

Emotional resilience: the defining skill of our time

Young people live under relentless pressure — constant comparison, fear of missing out, and the desire for rapid success. This environment can fuel anxiety, burnout, and emotional instability. Therefore, psychological literacy is no longer optional; it is essential. Youth must be taught to recognize their emotions, set boundaries, rest, and seek support when necessary. Mental well-being is not a luxury — it is the foundation of growth.

Conclusion

The challenges faced by the digital generation are not theirs alone to solve. Families, educators, policymakers, and society at large share in the responsibility. Today's youth will become tomorrow's innovators, leaders, teachers, and thinkers. The deeper their insight, the wiser their choices — the stronger the future of our communities.

Technology is a powerful instrument. Used wisely, it accelerates growth; misused, it drains time, mental health, and opportunity. Our task is to guide young people to navigate digital life consciously — to become informed, thoughtful, and responsible individuals. The digital generation is not a crisis to manage, but an opportunity to nurture. With proper support, they can transform the fast pace of technology into a future driven by knowledge, empathy, and purpose.

feruzaazamova915@gmail.com

Young people live under relentless pressure, constant comparison, fear of missing out, and the desire for rapid success.

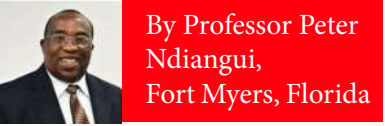
"Do not go where the path may lead, go instead where there is no path and leave a trail." -Ralph Waldo Emerson

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Many of life's failures are people who did not realize how close they were to success when they gave up. -Thomas A. Edison

ANAMALALA AFRICA: The Movement Power Tried To Crush And The Continent That Has Refused To Yield

Standing at the center of this political upheaval is Venâncio Mondlane, the opposition leader whose rise has shaken Mozambique’s balance of power. He may not be a biological descendant of Eduardo Mondlane, the revered father of Mozambican independence. But symbolism does not obey genealogy.



Mozambique-There are moments when African politics drifts, and moments when it ruptures. In Mozambique in 2025, the rupture has arrived in a single, uncompromising word: ANAMALALA — “enough is enough,” “it ends here.” What began as a raw chant in the northern city of Nampula exploded into a nationwide uprising. It leaped from street corners to mass rallies, from whispered frustrations to viral social media clips, until ANAMALALA became more than a slogan. It became a verdict. A warning. A collective declaration that a political order long dismissed as unresponsive had finally exhausted its legitimacy. But what unsettled Mozambique’s rulers — and captivated the African continent — was not simply the meaning of the word. It was how effortlessly it voiced a sentiment governments across Africa have spent years trying, and failing, to contain. A sense of suffocation. A sense of betrayal. A sense that the people are rising in defiance. A Movement Born Outside Power — and Beyond Its Control Political messaging is often engineered in boardrooms and war rooms. ANAMALALA was not. It erupted from public consciousness, forged from decades of frustration: widening inequality, entrenched corruption, political stagnation, and a government increasingly disconnected from its citizens. Its power lies in its bluntness. It does not negotiate. It does not disguise. It says plainly what many feared to say: the social contract has frayed; the people are done waiting. Mozambique’s political establishment reacted with speed — and fear. This was not opposition rhetoric crafted by elites. It was the public reaching its own unscripted conclusion. And nothing threatens aging political systems more than truths they did not author. That is why ANAMALALA did not stay within Mozambique’s borders. From Lusaka to Lagos, young Africans instantly recognized the emotion behind the word. They too live with long-standing promises unkept, institutions unresponsive, and economies unable to keep pace with the aspirations of their

youth. The word has since taken root among Africans in the diaspora — in the United States, Europe, and the United Kingdom. ANAMALALA has voiced in public what millions whispered in private: something in the old order must end so something new can begin. The Mondlane Disruption — A Political Reckoning Standing at the center of this political upheaval is Venâncio Mondlane, the opposition leader whose rise has shaken Mozambique’s balance of power. He may not be a biological descendant of Eduardo Mondlane, the revered father of Mozambican independence. But symbolism does not obey genealogy. Many see in him an echo — a leader emerging at a moment when the nation is suspended between its painful past and its unrealized future. To some, it feels as though Eduardo Mondlane’s unfinished struggle is being channeled through Venâncio. Almost a political reincarnation. Critics call him a populist. Supporters see him as the antidote to political stagnation. What is undeniable is that he says openly what the public already believes: democracy must be lived, not performed. When he declares, “Who runs this country? It is the people,” he is not creating a new doctrine. He is reminding Mozambicans of a principle their institutions have repeatedly failed to uphold. His resonance does not come from exceptional persuasion — it comes from a national mood that has shifted. The people are done pleading. They are demanding. The Attempt to Erase a Movement — And the Backfire Heard Across Africa The government’s unease became unmistakable when Mozambique’s Ministry of Justice refused to register ANAMALALA as an official party name, citing the potential for ethnic conflict. The forced renaming to the bureaucratic “ANAMOLA” was meant to neutralize the movement. But the attempt failed. A government can block a word on paper. It cannot block an idea already etched in the public conscience. ANAMALALA survived because it belongs to the people. In trying to bury it, the state confirmed precisely what the movement denounces: a political system fearful of free expression and terrified of a population that has finally found its voice.



Why Africa Is Watching: A Continent Outgrowing Its Politics ANAMALALA’s rise is not an isolated Mozambican moment. It mirrors Africa’s broader political reality: a young, impatient continent confronting aging leadership and hollow institutions. Across Africa: • Youth movements in Kenya, Tanzania, Zambia, and beyond are demanding accountability with unprecedented clarity. • Military coups in West Africa reflect collapsing trust in stagnant civilian governments. • Electoral upsets across Southern Africa show ruling parties can no longer rely on historical loyalty. ANAMALALA fits squarely into this continental pattern — the symptom of a political mismatch: a youthful population governed by systems designed for a bygone era. Mozambique is not the anomaly. It is the alarm bell. Beyond Outrage — The Move-

ment’s Greatest Test For all its emotional force, ANAMALALA will not survive on passion alone. Its future depends on whether it can achieve what many African reform movements could not: • build functioning institutions, • craft coherent policies, • cultivate leadership beyond a single figure, • and unite diverse ethnic and regional identities under one national vision. Movements that fail to institutionalize fade after the first blaze. The true test is not the ignition — it is the aftermath. That second chapter will determine whether ANAMALALA becomes a footnote or a foundational turning point. A Mirror for a Continent Searching for Its Next Horizon ANAMALALA forces Africa to confront its uncomfortable political questions: • What happens when citizens conclude their leaders cannot deliver?

• What remains of constitutional order when it functions only on paper? • How long can a youthful population sustain systems built decades before they existed? These questions can no longer be deferred. ANAMALALA drags them into the open. It signals that the end of an era is nearer than many governments care to admit — and that whatever comes next will be shaped not by decree, but by demand. The word will remain. And so will the truth it unleashed: no political system, no matter how entrenched, survives once the people decide it is over. Something is closing. Something is opening. A new dawn is stirring across the continent. Africa is edging — insistently — toward leadership grounded in dignity, accountability, and people-centered governance. ANAMALALA has simply given the transition its name. Aluta Continua!



You have brains in your head. You have feet in your shoes. You can steer yourself any direction you choose.

-Dr. Seuss

"If life were predictable it would cease to be life and be without flavor."

-Eleanor Roosevelt

Exaggerated Funeral Budgets Are No Longer Rare Whispers.

Distance and technology make it even easier to hide the real figures behind screenshots and emotional appeals. Digital crowdfunding has also opened the door to outright fraud.

Japheth Kipkalia Kones
Diaspora Correspondent UK

Across many diaspora communities, death has quietly become a fundraising industry. What begins as a genuine call to support a grieving family often turns into a lucrative opportunity for relatives, friends, and even strangers who know how to mobilise emotions online. WhatsApp groups, Facebook pages, and community forums quickly light up with posters, links, and paybill numbers “to assist with funeral expenses and support the children left behind.” Yet after the burial, uncomfortable questions remain: How much was collected? How much was actually spent? And where did the balance go?

Complaints about exaggerated funeral budgets are no longer rare whispers; they are a pattern. In Kenya and its diaspora, cases have been highlighted where communities raise far more for burials than was ever available to save the person while they were still alive, provoking public anger when it emerges that only a fraction of the money was needed or properly accounted for

In the diaspora, similar stories surface of committees budgeting for air tickets, hotel stays, and lavish receptions, while widows and children receive token support, if anything at all. The language speaks of “dignified send-offs”, but behind the scenes, the deceased becomes a convenient excuse to collect money that is quietly shared later.

This problem is not entirely new. Studies of burial societies and in-



formal funeral funds in African communities have long warned about “misuse of moneys”, administrative inefficiency and failure of reciprocity – members contribute generously when others are bereaved, only to find little or nothing when their own crisis comes. Modern diaspora fundraisers, often run by ad hoc committees with no legal status, reproduce the same risks: loose structures, no obligation to publish accounts, and no penalties for abuse. Distance and technology make it even easier to hide the real figures behind screenshots and emotional appeals.

Digital crowdfunding has also opened the door to outright fraud. Investigations in different countries show scammers setting up fake funeral fundraisers on platforms like GoFundMe or copying real obituaries to collect money from well-wishers; the grieving family either receives nothing or is unaware that a second campaign even exists. In more subtle versions within

diaspora networks, people in the extended family run parallel collections – one “official” and one private – sending home only a small portion and labelling the rest as “logistics” or “thank-you” money for organisers and travellers.

Unsurprisingly, these abuses are eroding the culture of giving. Kenyan commentators warn that repeated “sympathy scams” and inflated appeals are breaking the trust that underpins harambee traditions and mutual aid. Many now hesitate before contributing, wondering if they are helping a widow or padding someone’s travel budget. In response, some African diaspora communities are turning to more formal solutions such as funeral insurance and diaspora funeral cash plans, precisely because people are tired of endless emergency harambees where accountability is optional.

Yet it would be dishonest to claim that all funeral fundraisers are corrupt. In countless cases,

diaspora friends and relatives act with integrity, raising money overnight to repatriate bodies, pay medical bills, and set up education funds for orphans. The problem is that the same unregulated system that enables genuine solidarity also allows exploitation. Good people give in faith; bad actors quietly capitalise on grief.

The solution is not to kill the spirit of giving but to demand transparency. Every diaspora funeral fundraiser should be treated like a mini-public project. Organisers should present a simple written budget, keep clear records of all collections, and provide a complete statement afterwards showing how much was raised, how it was spent, and what remains. Any surplus should be channelled transparently – for example, into a trust for the widow and children or a registered benevolent fund with clear rules – not divided in private.

Religious leaders, welfare

groups, and diaspora associations have a role to play. They can insist on minimum standards: no collections without budgets, no unreceipted cash, no vague “logistics deductions” that are not pre-approved and documented. Community media and opinion leaders can highlight both success stories and abuses, making it socially unacceptable to enrich oneself on the dead.

Ultimately, this is about dignity and justice. When a person’s death becomes a profit opportunity, we betray the very values of ubuntu, harambee, and mutual care that funeral collections are meant to express. Diaspora communities must draw a clear line: grieving families deserve transparency, widows and orphans deserve protection, and the dead deserve more than to be turned into business projects for the living.

Diaspora funeral fundraisers, once rooted in community support, are increasingly being misused for personal gain. Families and organisers often exaggerate costs to raise more money than needed, with the surplus quietly shared or spent on travel and hospitality rather than supporting widows and children. Some campaigns send only a small portion of what was collected, while others are outright fraudulent, exploiting grief for profit. This growing mistrust undermines the harambee spirit and mutual aid traditions. To protect dignity and ensure accountability, diaspora communities must demand transparency, audited budgets, and clear post-fundraiser reporting so contributions genuinely help the bereaved.

Beyond News — The Diaspora’s Pulse, Purpose, And Power.



A Guide To Coastal Properties For Kenyan Diaspora.



Coastal land and homes offer a more affordable entry point compared to Nairobi's premium neighborhoods. With rapid urbanization, increased tourism investment, and expanding infrastructure, the coast provides stronger long-term appreciation potential. For diaspora investors, this supports effective portfolio diversification while minimizing risk exposure.

By Alvin Mwangi
PR at Optiven.

KENYA -

Kenya's coastline extends approximately 536 km along the Indian Ocean—from Diani through Vipingo to Malindi—making it one of the country's strongest investment frontiers. For the Kenyan diaspora seeking both lifestyle benefits and solid financial returns, the coastal real estate market offers opportunities that are increasingly outperforming other traditional property hubs. This guide, brought to you by Optiven, highlights the compelling reasons to invest, the best locations to consider, and how you can secure your place in this rapidly appreciating region.

Why Invest in Coastal Property?

1. A Tourism and Hospitality Powerhouse

Tourism is the backbone of the coastal economy. Mombasa remains Kenya's second-largest city and the primary gateway for global and domestic tourists. The Kenya Tourism Board projects 3 million tourists by 2025, fueling year-round demand for:

- Short-stay rentals
- Vacation homes and holiday villas
- Boutique hospitality ventures
- Airbnb-style accommodation

Coastal destinations like Diani, Watamu, Vipingo, and Malindi are recording significant growth in visitor numbers and development activity—creating a robust and reliable rental income market for investors.

2. Accelerated Infrastructure Growth

Massive public and private projects are transforming mobility, business accessibility, and quality of life along the coast, including:

- Mombasa–Malindi Highway expansion
 - Dongo Kundu Bypass
 - Upgraded airports such as Vipingo Airstrip and Malindi International Airport
- Improved infrastructure is historically tied to rapid land appreciation. Investors who enter the market during development phases stand to gain the most from rising property values.

3. Higher Capital Appreciation and Affordable Entry

Coastal land and homes offer a more affordable entry point compared to Nairobi's premium neighborhoods. With rapid urbanization, increased tourism investment, and expanding infrastructure, the coast provides stronger long-term appreciation potential. For diaspora investors, this supports effective portfolio diversification while minimizing risk exposure.

Where to Invest: Top Coastal Picks with Optiven

Vipingo — A Luxury and Lifestyle Hub

Ocean View Ridge
Strategically located 2.4 km from the Mombasa–Malindi Highway and 4.5 km from the beach, Ocean View Ridge offers spectacular ocean views and convenient access to top amenities such as Sultan Palace, Sun & Sand Beach Resort, and Mtwapa Town.

Key advantages include:

- Master-planned design
- Strong ROI outlook
- Solar street lighting, reliable utilities & quality internal road networks

Optiven...

KARIBU PWANI

OCEAN VIEW RIDGE VIPINGO

WHY INVEST HERE?

- ✓ Water tower
- ✓ Electricity
- ✓ Compacted murram road
- ✓ Beautiful entry gate

Coastal Dreams Secured

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Secure, serene, and eco-friendly environment

- Proximity to Vipingo Airstrip, schools & hospitals
- Vipingo Prime

Within the Ocean View Ridge community, Vipingo Prime offers premium living in a well-integrated, smart development. Investors enjoy:

- Planned commercial and recreational facilities
- Growing rental demand from tourists and executives
- A trusted developer with 26 years of excellence — Optiven Limited
- High appreciation potential due to its strategic coastal corridor

Early investment is key as Vipingo continues to rise as a high-value hotspot.

Malindi — Affordable Growth & Future Opportunity
Kibali Cha Watoto Wetu Gardens

Designed for young Kenyans and families, offering long-term growth over a 15–20 year horizon. Located just 39 minutes from Malindi CBD along a road set for tarmacking, and near Weru Technical College and Malindi Solar Plant. Water (MAWASCO) and electricity access ensure sustainable development. Optiven will enhance road grading and plot marking.

Joy Lovers Club

Only 1.7 km from the beach, this gated community is ideal for residential living or vacation rentals. Features include:

- Perimeter wall and main gate
- Cabro roads, trees & solar lighting
- On-site water supply and professional security

Its close proximity to Malindi International Airport and major amenities boosts both rental and resale value.

Malindi Phase 8

A top entry-level investment priced at Ksh 159,000, featuring:

- Freehold title deeds (no annual land rates)
 - Fertile red soil for development or agriculture
 - Access to water (MAWASCO) and nearby power supply
 - Graded roads and beacons for ease of development
- Ideal for first-time landowners entering a fast-growing market.

How to Secure Your Investment

Visit: Zamani Business Park

Call: 0790 300 300

Email: info@optiven.co.ke

Mombasa remains the most strategic and rewarding coastal investment hub for the Kenyan diaspora. As Kenya's second-largest city and the gateway to the Indian Ocean economy, it continues to attract millions of tourists, major logistics activity through the port, and expanding business opportunities. Infrastructure improvements such as the Dongo Kundu Bypass, upgraded highways, and enhanced airport connectivity are rapidly raising property values.

Rental demand from tourists, professionals, and expatriates guarantees steady income, while lifestyle benefits create added long-term appeal. For diaspora investors seeking strong returns and secure diversification, Mombasa stands as the best coastal investment destination.



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Global pick. |

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Connecting
and
Informing
the World”



“A ruler’s legacy dies the day justice is buried with the victims.”

“Progress built on graves is merely a monument to cruelty.”



THE DIASPORA TIMES REPORTS

Not merely media —a community, a platform, a global Kenyan identity.

The legacy of Matthew Alexander Henson.

The legacy of Matthew Alexander Henson is a powerful story of determination, resilience, global exploration, and the rewriting of American historical memory. Born on August 8, 1866, in Maryland to parents who had been enslaved, Henson rose from poverty and racial prejudice to become one of the greatest explorers of the 20th century. He is most widely remembered for his journey to the North Pole on April 6, 1909, a feat long celebrated as a landmark of human endurance and scientific ambition. Yet for decades, Henson’s role was sidelined, overshadowed by the fame of his expedition partner, Robert Edwin Peary. Today, historians recognize Henson not as a footnote to Peary but as the co-conqueror of the North Pole—the first African American polar explorer and a pioneering figure whose contributions reshaped the narrative of Arctic discovery.

Henson’s journey began at sea. Orphaned at the age of 11, he worked odd jobs until he was taken in by merchant ship captain Childs, who recognized the boy’s intelligence and potential. The captain mentored Henson, trained him as a cabin boy, and ultimately taught him to read and write. For six years, Henson traveled the world—sailing to Asia, Africa, and the Arctic. He learned navigation, mechanics, and survival. He returned to the United States a seasoned sailor, fluent in the complexities of life at sea and driven by a desire for more daring adventures.

That opportunity arrived in 1887 when Henson met Robert Peary, then a young naval engineer planning expeditions into the Arctic. Peary hired Henson on the spot, a decision that would shape both of their destinies. Henson quickly proved indispensable. He was not only physically strong and technically skilled—repairing sledges, building equipment, and managing logistics—but he also learned the language and customs of the Inuit people. The Inuit respected him deeply, calling him Mahri-Pahluk (“The Kind One”), and trusted him enough to teach him Arctic survival skills, hunting techniques, and how to handle dog teams with expert precision.

For more than 20 years, Henson accompanied Peary on multiple Arctic expeditions. At times, temperatures plun-

ged to –50 degrees Fahrenheit. Men lost fingers to frostbite. Sledges sank into ice. Supplies vanished in storms. Yet Henson persisted. He mastered the environment in ways few explorers ever did. His ability to build igloos, navigate through whiteout conditions, track polar bears, and strategize travel routes made him a cornerstone of the success of every mission.

Their final and most ambitious expedition began in 1908—the attempt to reach the North Pole. On April 6, 1909, with Henson, Peary, and four Inuit guides pushing through the final frozen stretch, history was made. Henson later wrote that he reached the Pole ahead of Peary and waited for him there—meaning Matthew Henson may have been the first person in recorded history to stand at the top of the world. In his words: “I was in the lead. I could not stop. He shouted at me to go on.” While controversy still surrounds the claim, what remains undeniable is that Henson was the backbone of the expedition, its lead navigator, master craftsman, and strategist.

Yet when they returned home, America was not prepared to celebrate a Black hero. Peary received medals, parades, and a place in the national memory. Henson received silence. He worked for years as a clerk in a federal office while his achievement went largely unacknowledged. But history has a way of seeking justice, even if painfully delayed. Henson wrote two books—A Negro Explorer at the North Pole (1912) and Dark Companion (1947)—which gradually forced the world to confront the truth of his role.

Recognition came slowly but steadily. In 1944, Henson received long-overdue honors from the U.S. government. In 1954, he was made an honorary member of the Explorers Club—decades after Peary had received the same. Schools, geographic features, and U.S. Navy ships were eventually named after him. And in 1988, more than 30 years after his death, his remains were reinterred with full honors at Arlington National Cemetery, where he lies today near the grave of Robert Peary—finally acknowledged as his equal.

The legacy of Matthew Hen-



son speaks not only to the spirit of exploration but also to the struggle for recognition faced by African Americans whose achievements were dismissed due to prejudice. Henson broke barriers with nothing but skill, humility, and unrelenting resolve. He proved that genius, courage, and leadership are not confined by race, status, or origin.

Today, he stands as a symbol of perseverance for explorers, historians, students, and dreamers. His legacy inspires a broader understanding of history—one that includes the forgotten, the overlooked, and the intentionally erased. Matthew Alexander Henson was more than an assistant, more than a participant—he was a pioneer,

a teacher to the Inuit, a master navigator, and quite possibly the first human being to touch the top of the world. His life remains a reminder that history is not always written by the first to achieve, but often by the first to be heard. Henson fought to be heard—and now, the world listens.



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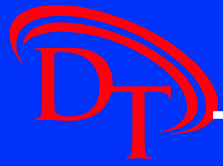
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The Diaspora Times: Bridging Continents, Amplifying Voices

Your Weekly Window into Diaspora Life, Kenyan Politics, and Global Success



THE DIASPORA TIMES



The Diaspora Times is a lifestyle and current affairs newspaper tailored for both the Kenyan Diaspora and readers within Kenya. It offers a vibrant platform for cross-continental dialogue, bridging the experiences, dreams, and challenges of Kenyans abroad with those on the ground at home.

Sourced from a wide network of global contributors, The Diaspora Times delivers high-impact stories on Kenyan politics, diaspora dilemmas, investment opportunities, cultural identity, and success narratives from Kenyans making a mark across the globe. Whether covering bold Gen Z protests in Nairobi, real estate prospects in Kajiado, immigration policies in the U.S., or inspiring tales of Kenyan nurses, truck drivers, and tech innovators in Europe and America, the newspaper remains committed to amplifying authentic voices.

More than just a news outlet, The Diaspora Times serves as a community mirror and a cultural compass. It offers opinion columns, lifestyle features, health advice, family and faith reflections, legal guidance, and even business ads, creating a holistic ecosystem that supports diaspora families in navigating both worlds.

Published weekly in both digital and print formats, The Diaspora Times is widely circulated through churches, community centers, Kenyan-owned businesses, social events, and online platforms, ensuring that the heartbeat of the diaspora is heard, felt, and acted upon.

Not just a newspaper — a lifeline of the Diaspora, a bridge home, a force for change.



Zimbabwe: The Best Country to Visit in 2025.



By Memory Phiri
Zimbabwe.
Senior editor
The Diaspora Times

Zimbabwe — The Best Country to Visit in 2025: A World of Wonders Waiting to Be Explored

From the east to the west, from the warm south to the lush north, Zimbabwe proudly stands as a World of Wonders—an unmatched tourism jewel on the African continent. In 2025, global travellers seeking peace, authenticity, adventure, and cultural richness find Zimbabwe irresistibly appealing. A stable and friendly environment, favourable weather patterns, and extraordinary geographic contrasts define the country's unique tourism package. The pride of the nation, Victoria Falls—locally known as Mosi-oa-Tunya, The Smoke That Thunders—continues to attract explorers, honeymooners, and adrenaline lovers alike. Classified as one of the Seven Natural Wonders of the World, Victoria Falls offers breathtaking misty spectacles that can be seen from miles away. This World Heritage Site boasts its own national park, complete with wildlife roaming in natural freedom. The iconic Victoria Falls Bridge—198 metres long—makes the world-renowned bungee jump

From Kariba, the journey continues to the Eastern Highlands—the country's enchanting backbone of deep valleys, mountain forests, and rolling mist-covered peaks. Often described as Zimbabwe's hidden Switzerland, the region showcases breathtaking scenery unlike anywhere else in the southern hemisphere. Here, the Mutarazi Falls Skywalk and Skyline introduce tourists to one of the highest and most dramatic ziplines in Africa.



experience possible, launching adventurers over roaring waters and connecting destination Zimbabwe with Zambia like conjoined twins at nature's edge.

However, Zimbabwe's marvels do not end with the Falls. Casting our nets further afield, Lake Kariba emerges as another colossal wonder—holding the title of the largest man-made lake by volume in the world at the time of completion. Its creation formed more than a hundred islands scattered across its vast waters, turning Kariba into an unmatched boating and fishing paradise. Popular islands such as Fothergill, Spurwing, Maaze, Antelope, and Snake Island offer safari camps, lodges, and boat-based wildlife encounters that remain deeply engraved in the memories of visitors. Tourists find themselves torn between panoramic views at Kariba Heights and the raw wilderness of Matusadonha National Park, positioned along the lake's rim. Home to elephants, hip-

pos, crocodiles, and large bird populations, Kariba gives travellers an unforgettable blend of relaxation and adventure.

From Kariba, the journey continues to the Eastern Highlands—the country's enchanting backbone of deep valleys, mountain forests, and rolling mist-covered peaks. Often described as Zimbabwe's hidden Switzerland, the region showcases breathtaking scenery unlike anywhere else in the southern hemisphere. Here, the Mutarazi Falls Skywalk and Skyline introduce tourists to one of the highest and most dramatic ziplines in Africa. Suspended confidently between two secure bridges, the skywalk makes adventurers feel as though they are floating above earth itself. With sweeping views of both Mutarazi and Nyanga National Parks, brave travellers are rewarded with a postcard-worthy panorama that no camera can fully capture. The Highlands are also home to tea estates, trout

fishing, waterfalls, and rich colonial heritage, making the region a complete destination for hikers, photographers, families, and romantic escapades.

Further inland, layered with history and cultural depth, stands the ancient capital of Great Zimbabwe—the largest stone fortress ever built in Africa outside of Egypt. Constructed without mortar and surrounded by mystery, the House of Stones has earned global respect and admiration. Declared a National Monument and World Heritage Site, this archaeological treasure proudly lent its name to the country itself. Sculptures of the sacred Zimbabwe Bird were discovered here and are now national emblems, representing pride and sovereignty. The famous Chevron Motif, inspired by the walls of the Great Enclosure, is artistically represented in Zimbabwe's pottery, architecture, airport design, and national fabric. The Great Enclosure and the Conical Tower tell silent

stories of commerce, royalty, and civilization dating back to the late Iron Age—a site truly fit for sore eyes and curious minds.

Zimbabwe is also home to the legendary Big Five—lion, cheetah, elephant, rhino, and buffalo—making it a dream destination for safari enthusiasts. National parks such as Gonarezhou, Hwange, Mana Pools, Zambezi, Chizarira, Matopos, and Chimanimani are sanctuaries of wildlife diversity and scenic beauty. Mana Pools, in particular, is renowned for walking safaris where travellers can encounter elephants and other wildlife on foot—an intimate experience unmatched in many parts of the world. Meanwhile, Hwange boasts one of Africa's largest elephant populations and offersFrom Kariba, a wide array ofthe journey con-

luxury lodgestinues to the blending com-Eastern High- fort with wil-lands—the coun- derness charm.try's enchanting backbone of deep valleys, moun- of its unmatchedtain forests, and variety of attrac-rolling mist-cov- tions, authenticered peaks. Often culture, and re- remarkable land- scapes, Forbes ranked Zimba- bwe as the number one country to visit in 2025. Yet what has been mentioned here is only the tip of the iceberg. Beyond the well-known icons are dozens of hidden gems scattered across the country's ten provinces— unspoiled, uncommercialised, and waiting to be discovered.

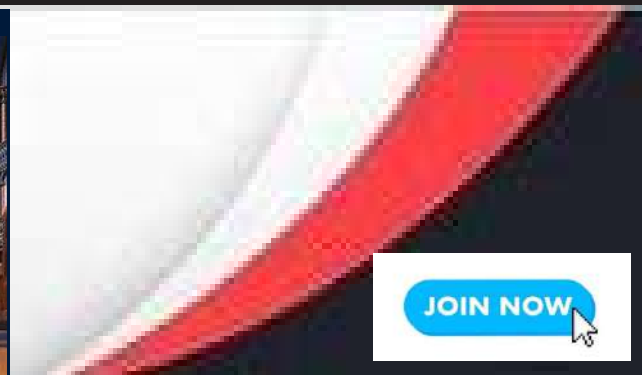
Zimbabwe is not merely a destination; it is a journey through time, nature, beauty, and wonder. In 2025, the world is invited

By Memory Phiri
Zimbabwe.
Senior editor



The future belongs to those who believe in the beauty of their dreams.
-Eleanor Roosevelt

DIASPORA SUNDAY



“The Lord will fight for you;
you need only to be still.”

– Exodus 14:14

For I know the plans I have for you,
declares the Lord... to give you a future
and a hope.”

– Jeremiah 29:11

I can do all things through him
who strengthens me.

Philippians 4:13

God is our refuge and strength,
a very present help in trouble.

Psalms 46:1

Fear not, for I am with you;
be not dismayed, for I am your God;
I will strengthen you, I will help you,
I will uphold you with my
righteous right hand.

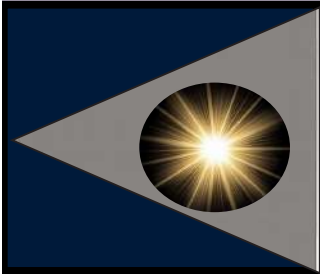
Isaiah 41:10

Have I not commanded
you? Be strong and
courageous. Do not be
frightened, and do not
be dismayed, for the
Lord your God is
with you wherever
you go.

Kennedy Mwangi



“Defend the cause of the weak and fatherless; maintain the rights of the poor and
oppressed.” - Psalm 82:3



The Green Card: The Emotional Journey And The Long Term Reward.

The American journey is not for the faint-hearted. The first years test your patience, your pride, and your endurance. You will miss home. You will certainly question your decision.

By Arch. Dr. D.K. Gitau |
Diaspora Times -Green Card
OPINION

ATLANTA- Someone asked me recently to give my views on the Green Card lottery, and I have tried here to explain, not as a blueprint, but as a glimpse into what life can truly be like when you finally land in America. The truth is, the Green Card dream is both beautiful and brutal. It is full of opportunity, but also full of lessons that humble even the strongest. What I share here comes from the lived experiences of thousands of African immigrants who took that bold step to start anew in the United States. Winning the U.S. Green Card lottery is one of life’s most exciting moments. It feels like God has opened a door that many only dream about. But that door leads into a world where survival depends not on luck but on preparation, physical, mental, emotional, and financial. The shock of relocation is real, and those who come without a plan often find themselves disoriented in a society that runs on structure, time, and relentless discipline.

Adjustment and Expectations

When you first arrive, everything looks perfect: smooth roads, skyscrapers, technology, and order. But soon reality sets in. Every service has a price tag: rent, insurance, transport, and even health. The idea of “free things” vanishes fast. America is a land that rewards hard work, but it also punishes carelessness. Time is money, and bills never stop. Culturally, the shift from community-based African living to the individualistic nature of American society can feel isolating. Loneliness is real, especially for those without relatives or friends nearby. You

realize quickly that everyone is busy; no one has time to visit or chat for hours. Emotional strength becomes vital, and joining community groups, churches, or African associations can make the difference between despair and stability. Those who had stable careers or businesses in Africa must also accept the painful reality of starting again. Your degree may be valid, but not recognized. Engineers, architects, lawyers, and doctors often find themselves doing odd jobs before getting recertified. Some go back to school; others change careers altogether. It takes humility and patience. Yet those who adapt fast, especially in practical fields like nursing, caregiving, or trucking, often find success sooner.

Financial Preparedness

Financial readiness determines how well you start your life abroad. Those who arrive with savings, even as little as \$10,000, manage better in the early months. Those who come with around \$100,000 can plan for serious ventures, such as investing in trucking or small businesses. But even then, one must first understand the system. In America, your credit score is your reputation, it controls everything from renting an apartment to buying a car or qualifying for a loan. Paying bills on time, building credit carefully, and avoiding unnecessary debt are key to financial survival. The trucking industry, for example, is one of the most promising for immigrants willing to work hard. However, it requires a Commercial Driver’s License (CDL) and months of training. Starting by working for an existing company before owning your own truck is always the smarter move. Success comes slowly but surely.



The Blessing of Raising Children in America

For families with school-age children, the U.S. offers one priceless gift, free quality education. From kindergarten to high school, children attend public schools at no cost. Compare that with Africa, where private schools drain parents’ pockets, and the value of this opportunity becomes clear. In America, children adapt fast. Within months, they speak fluent English, make friends, and learn the culture. They are exposed to technology, libraries, and extracurricular programs that open new worlds of possibility. While the adults may struggle with adjustment and homesickness, the children thrive and begin shaping bright futures. Many go on to college, access scholarships, and rise in professions their parents could only dream of. For most immigrant parents, this alone makes the sacrifice worthwhile.

Healthcare and Security

America’s healthcare system is among the best in the world. While expensive without insurance, it guarantees modern facilities, rapid response, and advanced treatment options. For those with employer-sponsored plans, Medicaid, or Me-

dicare, healthcare becomes a blessing that saves lives. In contrast to many African hospitals that lack medicine or equipment, American hospitals provide consistent, quality care, a major reassurance for families raising children or aging parents. Safety is another unspoken reward. You can walk freely at night, trust emergency systems, and live under the protection of the law. While racism and inequality still exist, basic human dignity and justice are generally upheld.

The Emotional Journey and Long-Term Reward

The American journey is not for the faint-hearted. The first years test your patience, your pride, and your endurance. You will miss home. You will question your decision. But as you adapt, earn, and rebuild, things begin to fall into place. Over time, many immigrants buy homes, invest, and become part of the system. Children grow, graduate, and lift their families into stability. The sacrifices, long hours, menial jobs, and sleepless nights eventually bear fruit. Slowly, the dream becomes real. Conclusion: The Green Card is a Gateway, Not a Guarantee

The Green Card is not a guarantee of success; it is a gateway to opportunity. What happens next depends entirely on your discipline, mindset, and ability to adapt. America rewards effort and honesty. Those who plan, work hard, and remain patient will eventually find peace, stability, and success. When you see your children excelling in school, your family healthy, and your future secure, you realize that all the struggle was worth it. The grown-ups may struggle at first, but their children thrive, and through them, the American dream lives on. Indeed, the Green Card is not just a visa. It is a second chance at life — one that, if well utilized, can transform generations.

Disclaimer:
This article is for awareness and guidance purposes. It reflects shared experiences of African immigrants and aims to help new winners of the U.S. Diversity Visa (DV) Lottery prepare realistically before relocating.


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Arch. Dr. D.K. Gitau

How Federal Solar Incentives Work



Homeowners in certain ZIP codes can qualify for thousands of dollars in rebates and incentives

No upfront costs – and big savings for homeowners



Eligible homeowner can have solar panels installed at no cost



Those paying more than \$99/month for power could reduce their bills substantially



Federal tax credits and other incentives help boost the savings



Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that. -Martin Luther King Jr.

Spread love everywhere you go. Let no one ever come to you without leaving happier. -Mother Teresa



When Memories Fade: Understanding The Complex Reality Of Memory Loss.

Memory loss can be temporary or permanent, mild or severe, and can arise from a wide spectrum of causes. It may result from aging, neurological disorders, traumatic injuries, infections, or even stress and mental health conditions. In older adults, the gradual decline of memory—often described as forgetfulness or “senior moments”—can be a normal part of aging.

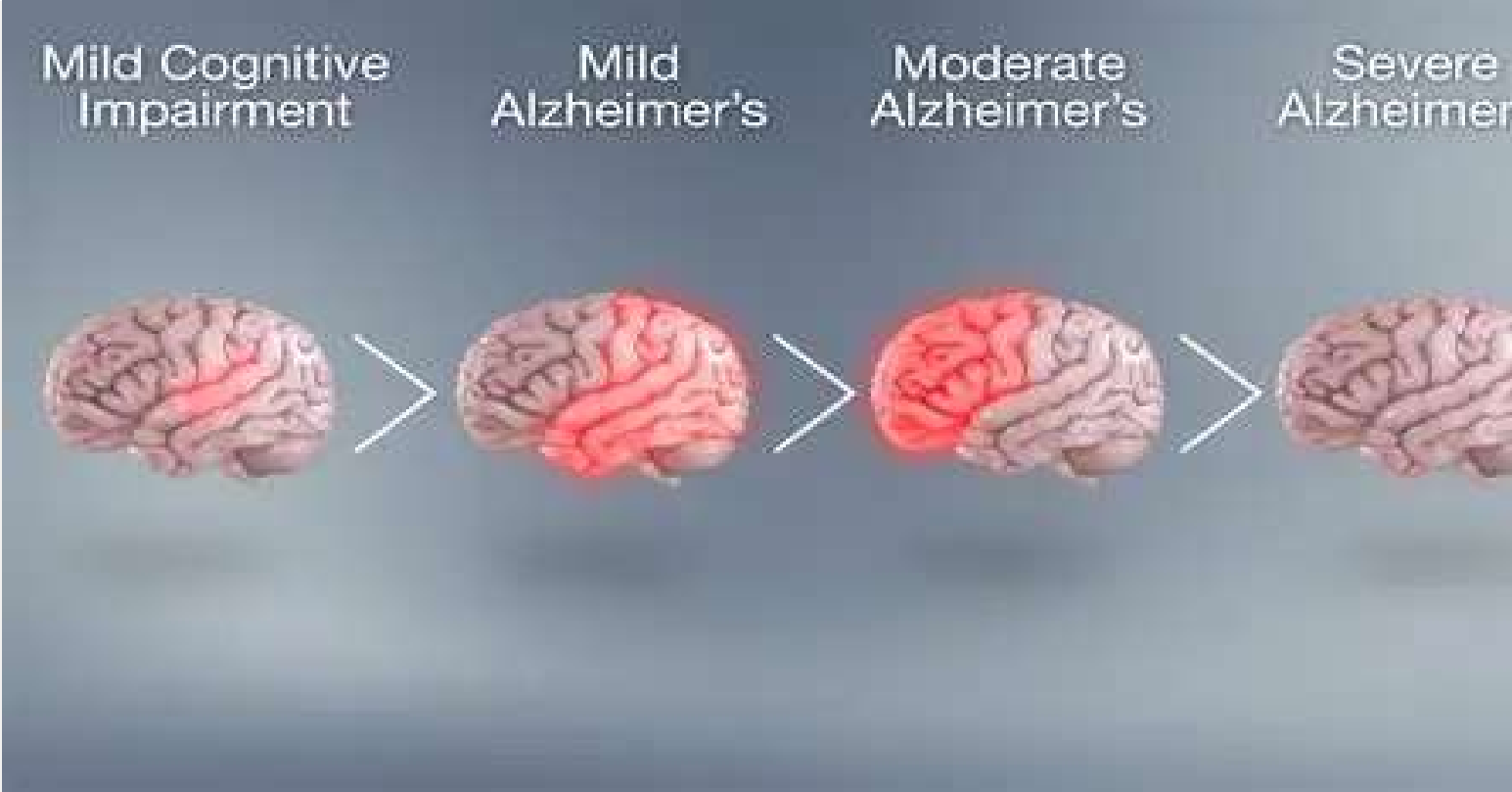
By Maggie Gonna
mngona@gmail.com
MC sources Share only

Memory is the invisible thread that stitches together the fabric of who we are—our identities, relationships, knowledge, and lived experiences. It anchors us to our past, shapes our present decisions, and illuminates our hopes for the future. When this thread weakens or begins to unravel, the effects are profound and devastating. Memory loss is not merely forgetting; it is a gradual separation from oneself and the world, often accompanied by fear, frustration, and emotional turbulence for both the affected individual and their loved ones.

Memory loss can be temporary or permanent, mild or severe, and can arise from a wide spectrum of causes. It may result from aging, neurological disorders, traumatic injuries, infections, or even stress and mental health conditions. In older adults, the gradual decline of memory—often described as forgetfulness or “senior moments”—can be a normal part of aging. However, when memory lapses increase in frequency and begin to interfere with daily functioning, they may signal a more concerning condition such as dementia or Alzheimer’s disease.

Alzheimer’s disease, the most common form of dementia, affects millions globally. It progressively destroys brain cells, beginning with short-term memory before advancing to long-term memory, language, recognition, and eventually essential bodily functions. Families often describe the heartbreaking feeling of mourning someone who is still physically present but mentally slipping away. A loved one may forget familiar faces, cherished routines, or even their own identity.

In such conditions, memory loss becomes more than a symptom; it becomes a deep personal tragedy that affects the whole family. Beyond aging-related concerns, memory loss can occur at any stage of life. Traumatic brain injuries from accidents or sports, strokes, brain tumors, substance abuse, and certain medications can impair memory formation or retention. Stress, anxiety, and depression can also play a major role. In an increasingly fast-paced world, mental overload can lead to what is known as “brain fog”—a temporary difficulty in recalling information or concentrating. While not a disease, this form of cognitive fatigue reminds us that mental wellness is as crucial as physical health. There are two primary types of memory loss: retrograde amnesia, where past memories are lost, and anterograde amnesia, where the ability to form new memories is impaired. Some people experience both. The complexities of the brain mean that every case is unique.



One individual may forget names but remember childhood events vividly, while another loses recent memories but retains skills such as playing an instrument or performing daily tasks. This selective preservation makes memory loss both mysterious and scientifically fascinating. Symptoms often begin subtly. A person might misplace objects, repeat questions, lose track of dates or appointments, or struggle to follow a conversation. Over time, these signs can intensify, leading to disorientation, behavioral changes, confusion about familiar places, difficulty in decision-making, and reduced ability to perform everyday tasks like cooking or personal hygiene. The emotional toll—frustration, embarrassment, or fear—can further worsen cognitive decline if left unsupported.

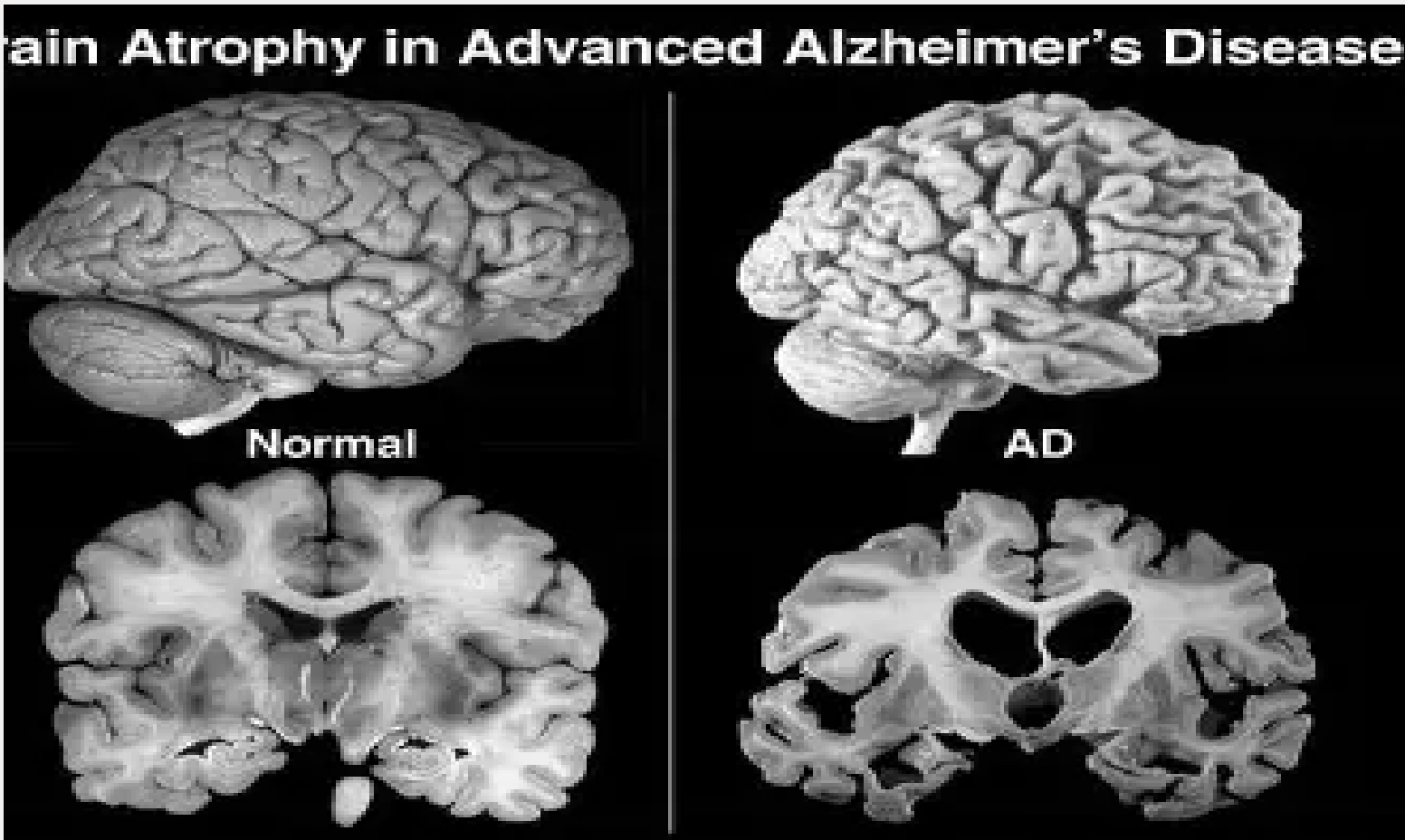
Early diagnosis and intervention are critical. Modern medical tools such as imaging scans, cognitive assessments, and laboratory tests can help identify the un-

derlying cause. While some conditions like Alzheimer’s currently have no cure, treatment can slow progression and help maintain quality of life. Rehab therapy, cognitive exercises, and structured routines can support memory retention. Additionally, a healthy lifestyle—balanced nutrition, regular physical activity, proper sleep, and social engagement—has been shown to reduce cognitive decline and strengthen brain function.

Caregiving for someone with memory loss requires patience, compassion, and resilience. Loved ones must learn how to communicate in new ways, provide emotional reassurance, and create safe environments that reduce confusion or accidents. Support groups and counseling can help families manage the emotional weight and prevent burnout. Caregiving is an act of love, but also a test of endurance as families adapt to a new reality where familiar roles are constantly shifting. At a societal level, rising cases of demen-

tia and cognitive decline among aging populations highlight an urgent need for stronger healthcare systems, awareness campaigns, and research funding. Stigma surrounding memory-related illnesses must be dismantled to encourage early intervention and support. People facing memory loss should not be marginalized or dismissed as simply “forgetful.” They deserve dignity, understanding, and comprehensive care. Memory loss reshapes relationships, identity, and independence.

Yet amidst the struggles, there is room for hope. Advances in neuroscience are unveiling new possibilities for prevention and treatment. Families learn to appreciate moments of clarity and connection, no matter how brief. Most importantly, memory loss reminds us to cherish the present—to embrace conversations, preserve stories, and value the people around us while we can still say, “I remember.”



Do not go where the path may lead, go instead where there is no path and leave a trail. -Ralph Waldo Emerson

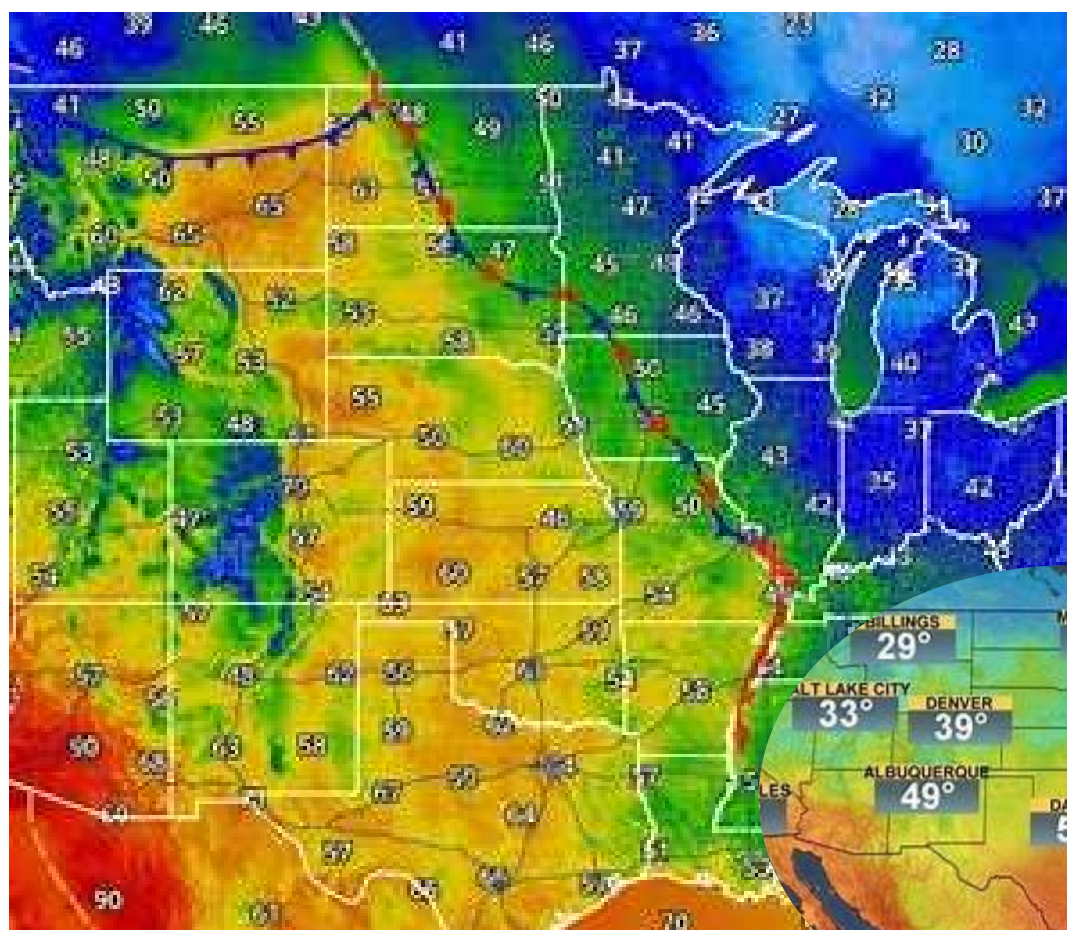
The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart. -Helen Keller



THE WEATHER IN USA IN BRIEF GEORGIA



For overnight travelers or outdoor folks: colder gear advised as temperatures approach freezing in places.



The Diaspora Times

IS NOT A NEWSPAPER
IT IS A VOICE,
A CONNECTOR,
AND A MOVEMENT

MAN LEAVES HIS
MOTHER'S WOMB
AT BIRTH, ONLY TO
ENTER THE GREATER
WOMB OF THE WORLD.
AT DEATH, HE DEPARTS
ONCE MORE — INTO THE
MYSTERY OF THE
INFINITE UNKNOWN.
PERHAPS AS A SPIRIT,
SHEDDING THE FLESH
LIKE OLD GARMENTS,
TO BEGIN ANEW —
A BIRTH WITHOUT A BODY.

— ARCH. DR. D. K. GITAU



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**“Silencing dissent is the first
step toward dictatorship.
Defending it
is the last stand for freedom.”**









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Electoral Team

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A Summary Of The Kenyan Constitution:

By Arch. Dr. D.K. Gitau |
The Diaspora Times | October 2025

Chapter Eleven: Devolved Government

Chapter Eleven of the Constitution of Kenya (2010) establishes a devolved system of government—a transformative shift from centralized rule to localized governance—designed to bring services closer to the people, promote equitable development, and enhance democratic accountability.

1. Objectives of Devolution

Devolution aims to:

- Promote democratic and accountable governance
- Foster national unity while respecting diversity
- Give powers of self-governance to the people
- Enhance public participation in decision-making
- Ensure equitable sharing of resources
- Promote social and economic development
- Protect and promote the interests of minorities and marginalized communities

2. Structure of Devolved Government

Kenya is divided into 47 counties, each with its own County Government, consisting of:

- A County Executive, led by a Governor and Deputy Governor
- A County Assembly, consisting of elected Members of County Assembly (MCAs) and nominated members representing special groups

Each county operates independently but in harmony with the national government, and both are bound by the Constitution and the rule of law.

3. Functions and Powers

Counties are responsible for functions such as:

- Health services
- Agriculture
- County roads
- Trade development
- Pre-primary education
- Cultural activities
- Local policing (through community policing structures)

The national government retains powers over national defense, foreign affairs, immigration, monetary policy, and national infrastructure.

4. Intergovernmental Relations

The Constitution requires cooperation and consultation between national and county governments. A framework for intergovernmental relations ensures dispute resolution, mutual respect, and coordinated development.

5. County Planning and Public Participation

Counties must prepare development plans and budgets that reflect local priorities. These must be developed

through inclusive public participation, ensuring community needs shape governance.

6. Accountability and Oversight

County governments are subject to:

- Oversight by the Senate
- Audit by the Auditor-General
- Investigation by ethics and anti-corruption agencies
- Judicial review in cases of violation of law or abuse of office

7. Suspension of a County Government

In cases of gross violation of the Constitution or a state of emergency, the President may suspend a county government, but only with the approval of the Senate and under strict legal safeguards.

In essence, Chapter Eleven embeds decentralization, inclusivity, and grassroots development into Kenya's governance model, ensuring power, resources, and decision-making are shared across the country.

Chapter Twelve: Public Finance

Chapter Twelve of the Constitution of Kenya (2010)

establishes the principles, institutions, and mechanisms that govern the management of public finances at both the national and county levels. Its primary aim is to ensure that public resources are raised and spent responsibly, equitably, and transparently to promote development and serve all Kenyans.

1. Principles of Public Finance

Public finance must:

- Promote equitable society, including equitable sharing of resources between national and county governments
 - Ensure public participation in financial matters
 - Promote transparency and accountability
 - Ensure expenditure is prudent and responsible
 - Support sustainable debt levels and fiscal discipline
- Both levels of government must operate within the legal framework and approved budgets.

2. Revenue Sharing

Revenue raised nationally shall be shared equitably between:

- National Government
- County Governments

An independent Commission on Revenue Allocation (CRA) is mandated to recommend how revenue should be divided, taking into account criteria such as population, poverty levels, infrastructure needs, and development disparities.

Each county also receives an equitable share, and additional conditional or equalization funds may be provided to address marginalization.

3. Budgeting and Planning

The national and county governments must prepare annual budgets, which are submitted for approval to the National Assembly or County Assemblies respectively.

Budget estimates must reflect policy priorities and are subject to public scrutiny.

The Cabinet Secretary for Finance (National Treasury) and County Executive Committee Members for Finance oversee budget processes, ensure compliance, and prepare financial statements.

4. Oversight Institutions

Key institutions include:

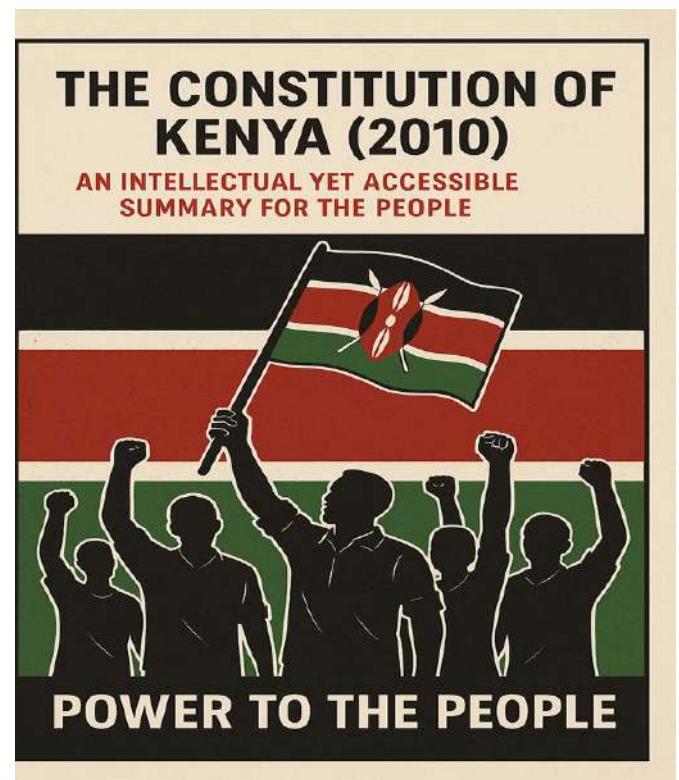
- Parliament – Approves the budget and monitors government spending
- Controller of Budget – Authorizes withdrawals from public funds and oversees budget implementation
- Auditor-General – Audits public accounts and reports on the use of public money
- Public Debt Management Office – Ensures debt is sustainable and within legal limits

5. Public Funds

The Constitution establishes key funds:

- Consolidated Fund – The main account from which government expenditures are paid
- Equalization Fund – Targets services in marginalized areas
- County Revenue Funds – Hold county government monies
- Contingencies Funds – For emergencies

In essence, Chapter Twelve ensures that public resources are managed with integrity, efficiency, and public oversight, empowering citizens to hold leaders accountable for how tax money is collected, shared, and spent.



“This Constitution is the supreme law of the Republic and binds all persons and all State organs at both levels of government.” – Article 2(1)



The ethnicization of key institutions in Kenya has often served as the fuel for electoral unrest, with past elections degenerating into violence, most notably in 2007–2008, when over 1,000 people lost their lives and hundreds of thousands were displaced.



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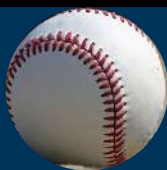


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WORLD OF SPORTS

Green Bay Packers.

Campbell called for an off-tackle play to Gibbs, but Micah Parsons and Isaiah McDuffie broke through the line and dragged Gibbs down for a 2-yard loss. Two plays later, Jordan Love threw a 51-yard touchdown pass to give the Packers a 24-14 lead.

Jordan Love had plenty of time to pass, and took full advantage.

Jared Goff did not and Micah Parsons had a lot to do with that.

Love converted a pair of fourth downs with scoring passes in the first half and finished with a career-high-matching four touchdown throws, leading the Green Bay Packers to a 31-24 win over the Detroit Lions on Thursday.

“Credit to our O-line for giving me plenty of time to make those throws,” he said. “It’s really the reason why we were able to win the game.”

Fourth downs were pivotal, too.

Green Bay went 3 of 3 on fourth down — scoring twice and to seal the win — and the Lions turned it over on downs two times when they went for it.

“I’d rather go down swinging,” Packers coach Matt LaFleur said. “It can bite you, absolutely.”

The Packers (8-3-1) swept the season series to earn a potential tiebreaker in the NFC North and are in second place in the division behind Chicago (8-3), which plays at Philadelphia on Friday. DETROIT (AP)

